

主題名稱		主題二 跳繩		
教學對象		二年級	教學者	簡雯敏
		第三節（總共十節）		
核心素養	總綱	A1 身心素養與自我精進 B1 符號運用與溝通表達 C2 人際關係與團隊合作		
	領綱	健體-E-A1 具備良好身體活動習慣，以促進身心健全發展，發展運動與保健的潛能。 健體-E-C2 具備同理他人感受，在體育活動和健康生活中樂於與人互動、公平競爭，並與團隊成員合作，促進身心健康。 英-E-B1 具備入門的聽、說英語文能力。能運用所學字詞及句型進行日常溝通。		
學習重點	學習表現	1c-I-1 認識身體活動的基本動作。 2d-I-1 專注觀賞他人的動作表現。 3c-I-1 表現基本動作與模仿的能力。 1-II-8 能聽懂簡易的教室用語。 2-II-4 能使用簡易的教室用語。		
	學習內容	Bc-I-1 各項暖身伸展動作。 Cb-I-1 運動安全常識。 Ib-I-1 唱、跳與模仿性律動遊戲。 Ac-II-1 簡易的教室用語。 B-II-1 第二學習階段所學字詞及句型的溝通。		
學習目標	領域學習目標	(一)在遊戲中表達出對肢體各部位的認識，並能靈活操作身體依口令表現動作。 (二)能主動參與各種身體活動。 (三)能專注欣賞他人優良動作表現。 (四)能表現認真參與活動的積極態度。 (五)能在引導下自信的表現身體活動。		
	語言學習目標	一、能聽懂： (一)、目標字詞 1. 身體部位:head, neck, wrists, ankles, knees, shoulders, arms, hands, waist 2. 動作: exercise, rotate, run, jump, jump rope, march, hold up, assemble, spread 3. 其他：jumping jacks, forward, backward, traffic cone, rope, handle (二)、目標句型 1. Hang the jump rope around your neck. 2. Jump ____ times. 3. Rotate your _____. 二、課室用語 1. Good morning. 2. Look at me. Listen to me. 3. Who's not here? 4. Check your clothes and shoes. 5. Do you have a jump rope now? 6. Sit down. /Stand up.		

	<p>7. Are you ready? 8. Put your water bottles and jump ropes on these/those tables. * 學生需要會說</p> <ol style="list-style-type: none"> 1. "Yes!" 2. "No!" 3. "Good morning." 4. "Listen to you." 5. "Look at you." 6. "Thank you." 7. "I sit down." 8. "I stand up." 9. count from 1~25 10. "Goodbye!" 		
教材來源	翰林書局、自編		
先備知識	<p>學生已在第一、二節練習過</p> <p>(1)頭上迴旋 (2)側迴旋(左右換手) (3)交叉迴旋(慣用手) (4)掛肩迴旋 (5)水平迴旋跳-向地上甩繩(個人跳) (6)水平迴旋跳-頭上用繩(兩人一組)</p>		
教學活動及步驟		教具	評量
<p>第三節 跑步跳 (三) (40 分鐘)</p> <p>一、準備活動：暖身操</p> <p>T: It's class time. Good morning, Class _____. -> Ss: Good morning, 簡老師.</p> <p>T: Put your water bottles and jump ropes on the table and assemble on the basketball court.</p> <p>T: Who's not here? -> Ss: Everyone is here./ No. ____ is not here.</p> <p>T: Check your clothes and shoes (wear sneakers).</p> <p>T: Do you have a jump rope now? Ss: Yes./ No.</p> <p>T: It's warm-up time. Line up. -> Ss: I line up.</p> <p>T:成做操隊形散開, Spread out! -> Ss: 散!</p> <p>T: Who are the warm-up teachers today? Come to the front, please.</p> <p>做操開始~</p> <p>T: Exercise your head and neck.</p> <p>T: Rotate your head and neck.</p> <p>T: Rotate your wrists and ankles.</p> <p>T: What's next?/ Next one is?</p> <p>T: Rotate your knees.</p> <p>T: Squat and up.</p>		跳繩	能聽懂指令並適時做出回應

<p>T: Listen to me. ->Ss: Listen to you.</p> <p>T: Now let's play a game. Let's see who finishes first? The winner can get one point.</p> <p>T: Ready? Go!</p> <p>T: Assemble! Please sit down.-> Ss: I sit down.</p> <p>T: Look at me. ->Ss: Look at you.</p> <p>T: Let's check the points.</p> <p>T: Team ___ gets ___ points. Team ___ gets ___points.</p> <p>T: So the winner is Team __!-> Ss(Team __) : Yeah! Hurray!</p> <p>T : Class dismissed!</p> <p>T: Please get your water bottles and jackets, and then gather outside (at the corridor).</p> <p>T: Everybody did a great job today. See you next time! -> Ss: Good bye, 簡老師!</p>		<p>能依指令做出正確動作及回應，並於體育活動中與團隊成員合作。</p>
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