

食品安全我最行



設計者:楊枝青、范瑋庭、張曉蘭
教學者:楊枝青(Maymay Yang)

What do we need today?



Q1: 食物的重要性?

Not hungry



Grow stronger
and healthy



Energy for playing
and working



Food makes you healthy.

Q2:吃錯食物會發生哪些狀況?

It makes you sick.



Q3:想一想，食物這麼重要，要吃到安全的食物，注意哪些步驟?(從食物怎麼到你家，怎麼到你肚子裡)

A.Buying

B.Delivering
& Storing

C.Eating



3 to learn food safety

1st  Food safely-buying

2nd  Food safety-
Delivery and storage

3rd  Eat safely

1st 

Food Safety-Buying

Let's go shopping !




What food do you buy?



1st  -1

Is it Packaged Food(包裝食品)?



1st  -1

Is it Packaged Food(包裝食品)?



Which one is better?

A



B



Five Senses to check Food Safety.

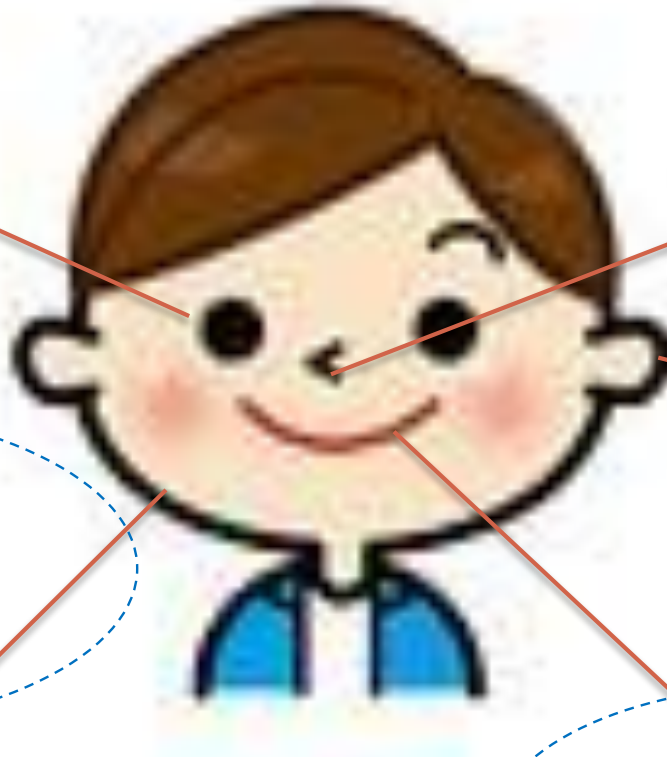
顏色(color)、形狀(shape)、異物
(例:蒼蠅fly)

食物的香味(smell)

觸覺
(例:壓、扭)
(feel、touch)

聲音
sound
(例:開罐頭)

酸甜苦辣(taste)



How to check Packaged Food ?

1.It's not opened.(密封)

2.It's in good shape. (包裝完整)

3.It's before the expiry day. (期限內)

Is it OK?

A



It's not opened.
(密封)



B



Is it OK?

A



B



It's in good shape.
(包裝完整)
It's before the expiry day. 期限内

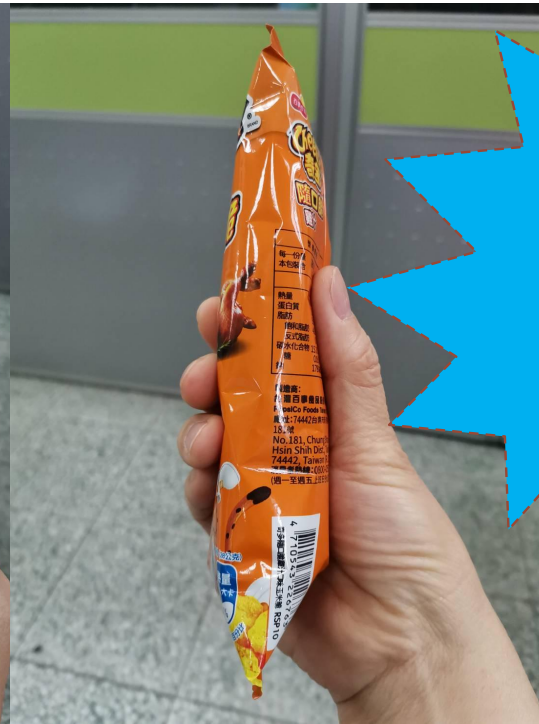
How to check Packaged Food ?

It's not opened.(密封)

It's in good shape. (包裝完整)

It's before the expiry day. (期限內)

Check ! Is it OK ?



輕壓包裝
鼓鼓的

It is OK .



It's not open. (密封)

It's in good shape (包裝完整)

It's not expiry day. (期限內)

How to check Packaged Food ?

It's not open.(密封)

It's in good shape. (包裝完整)

It's before the expiry day. (期限內)

Check ! Is it OK ?





It's opened.

It's Can food. (罐頭)

Soft packaged



Can



Glass jars



1st  -2



How to check can food(罐頭)?

買罐頭時可以一
摸一摸看外瓶。



1 外觀有凹陷、生鏽或膨脹



凹陷



生鏽



膨脹

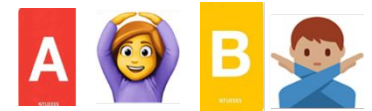


挑選罐頭



品質之產品

Is it OK?



1st



-2



How to check Glass jars (玻璃罐頭)?

2

玻璃罐頭瓶蓋的安全鈕膨脹



Check !



瓶蓋上真空紐沒有凸起，按壓的時候沒有聲音



真空鈕未凸起

已經被打開過的，真空紐凸起，按下去會有撲、撲的聲音



真空鈕已凸起

Try it!

Tiny Book P1,P2

How many /of Food Safety do you have? (你有多少個食物安全?)

	1
	2
	3

What do you do before you eat? (你食飯前會做乜?)

The first hand? 

The second hand? 

The third hand? 

Put in the fridge (放入雪櫃)

Put in the fridge (放入雪櫃)

Put in the fridge (放入雪櫃)

Put in the fridge (放入雪櫃)

Is it OK? (OK 嗎?)

Is it OK? (OK 嗎?)

Is it OK? (OK 嗎?)

Is it OK? (OK 嗎?)

Congratulation

Dear _____

You have learned 3 keys of food safety.

The keys food safety:

- 1. Wash hands
- 2. Wear face mask
- 3. Wear cap

We are so proud of you.

Sincerely _____

Food Safety

FOOD SAFETY

Class: _____

Number: _____

Name: _____

Check Packaged Food (檢查包裝食物)

Check! Is this safe? (檢查! 咁安全嗎?)

Check! Is this safe? (檢查! 咁安全嗎?)

Check! Is this safe? (檢查! 咁安全嗎?)

Check Can Food? Is it OK? (檢查罐頭食物 OK 嗎?)

Check Can Food? Is it OK? (檢查罐頭食物 OK 嗎?)

Check Can Food? Is it OK? (檢查罐頭食物 OK 嗎?)

Food Safety.



Class:

Number:

Name:

Is it Ok?



1st -1 Check Packaged Food Is this safe?

Check ! Is this safe?

A  B 



The image shows three items related to Pringles: a hand holding a red Pringles can, a red Pringles jar, and a red Pringles lid. The can and lid feature the Pringles logo (a man with a mustache) and the word "PRINGLES". The jar has a label with the text "PRODUCT NAME: Pringles® ORIGINAL" and "FLAVOUR POTATO CRISPS".

1st  **-2Check Can Food ?
Is it OK?**

Please use your **hands** 、 **eyes** and **ears**
to check can food.





| shutterstock.com • 773726719

2nd Class

食品安全我最行



設計者:

教學者:楊枝青(Maymay Yang)

What do we need today?





Q1:猜一猜,這是什麼商品?
你看到那些資訊?



KIRKLAND Signature

CHEESE FRUIT AND NUT PACKS

NATURAL CHEDDAR • 180 CALORIES PER SERVING • rBST FREE*

8g PROTEIN Per Serving

See Nutrition Information for Saturated Fat Content

NATURAL SHARP CHEDDAR CHEESE
with SEA-SALTED ROASTED CASHEWS and DRIED CRANBERRIES

NATURAL WHITE CHEDDAR CHEESE
with SEA-SALTED ROASTED ALMONDS and DRIED CRANBERRIES

Individual packages labeled for resale.

KEEP REFRIGERATED

16 - 43 g (1.5 OZ) Packs
NET WT 680 g (1.5 LB)

16 SINGLE SERVE PACKS

COST1222508 09:02:27
BEST BY 2022.07.01
22032FC3210



Q2: 猜一猜，這是什麼商品？ 你看到那些資訊？



Concentratie⁽¹⁾, Geheugen⁽²⁾ en Vitaliteit⁽³⁾ Met bachbloesems

GEBRUIKSADVIES



Giet heet water in een kopje en laat het theezakje gedurende 5 à 10 minuten trekken opdat de planten hun weldoende stoffen kunnen vrijgeven.



Om optimaal te genieten van de BIOFLORAL INFUSIE CONCENTRATIE⁽¹⁾, kunt u tot 3 kopjes per dag drinken.

Te gebruiken gedurende de dag volgens noodzaak of als kuur van 28 dagen, meerdere keren per dag.

Conçues en harmonie et selon le rythme de la nature, à partir de plantes, fruits et racines soigneusement sélectionnés pour leurs bienfaits ciblés, LES INFUSIONS BIEN-ETRE BIOFLORAL vous aident à prendre naturellement soin de vous, au gré des saisons et de vos besoins !

Grâce à des compositions en plantes identiques à celles de nos Grands Elixirs aux Fleurs de Bach, bénéficiez de toutes les propriétés de ceux-ci... en infusion pour une consommation facile, au bureau ou à la maison, sans alcool et pour toute la famille !

Sans arôme artificiel, nos infusions respectent toute la pureté et les principes actifs que les plantes nous offrent.

BIOFLORAL, TOUTE UNE GAMME D'INFUSIONS BIEN-ETRE

Elimination, Concentration, Détente, Défenses naturelles, Circulation, Suédois (Digestion et Transit), Curcuma et Nuit Paisible pour des bienfaits ciblés.

Préparation de plantes pour infusion.

Poids net: 24 g, 20 sachets de 1,2 g.

EMB : 43 089A

Réf. 103INF

N° lot / DDM :

23 03 2023
NF 057979
506590881



Veuillez non contractuels.



Q3: What date is today?



What date is today?

2022年5月

星期一	星期二	星期三	星期四	星期五	星期六	星期天
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

©Michel Zbinden / 日历46MS ©MichelZbinden.com

中華民國111年（西元2022年）政府行政機關辦公日曆表

日	一	二	三	四	五	六
2 三十一 初七 十六 十四 廿一 三十 廿八	3 十二 初八 十七 十五 廿二 三十一 廿九	4 初二 初九 十八 十六 廿三 三十一 廿九	5 初三 初十 十九 十七 廿四 三十一 廿九	6 初四 十一 二十 十八 廿五 三十一 廿九	7 初五 十二 廿一 十九 廿六 三十一 廿九	8 初六 十三 廿二 二十 廿七 三十一 廿九
3 初三 初十 十七 十七 廿四 廿四	4 兒童節 十一 十八 十八 廿五 廿五	5 清明 十二 十九 十九 廿六 廿六				

月曆表顯示日期 13 被圈出。右側小曆表顯示日期 13 被圈出。

TODAY IS



111.5.13

2022.5.13

13.5.2022

1st 

-3 Check Expiry Date(有效期限)



二、年()班 第()組



有效期限/保存期限/BEST BY END/EXP

日 月 年

你的座號

EX	23 03 2023 DF 057979 506590881	3	有效日期: 2023 02 19
1	12 09 2017	4	BEST BY END 01 2023
2	保存日期: 11 04 01	5	EXP: 2023 12 15

你的座號

你的座號

你的座號

你的座號

Is it OK?



2022. 5. 13



Expiry Date
2025.07.31

Is it OK?



2022. 5. 13



20201028

A. Buying

**B. Delivering
& Storing**

C. Eating



2nd 

Food Safety- Delivery & Storage

2nd 

Keep Cold ?

Fridge
冰箱

A

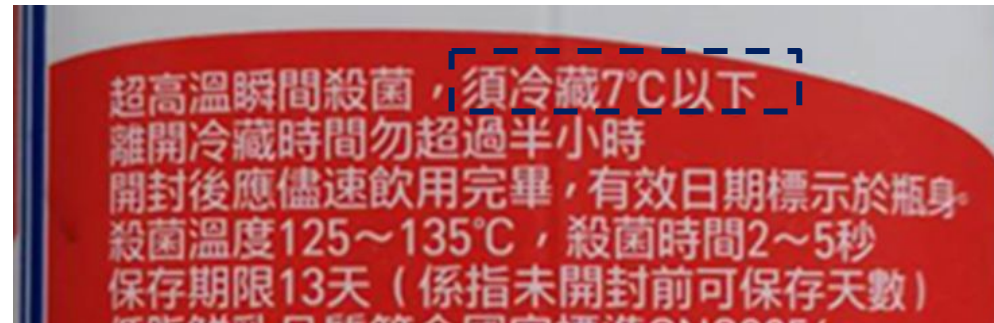


B



Keep cold

冷藏標示



- 一、須冷藏7度C以下
- 二、離開冷藏時間勿超過半小時
- 三、開封後應盡速飲用完畢
- 四、保存期限13天

須冷藏7°C以下

Keep Cold



Recycle Shopping Bags

Keep Cold ?



Keep
cold

Recycle Shopping Bags

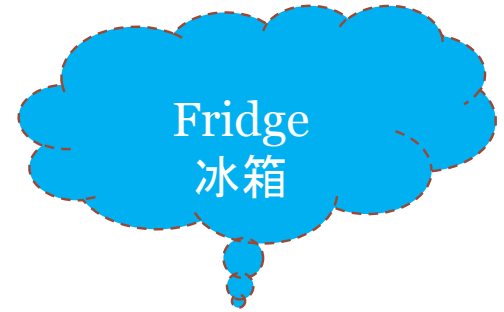
A OR **B**



Keep dry ! Put it on the shelf.



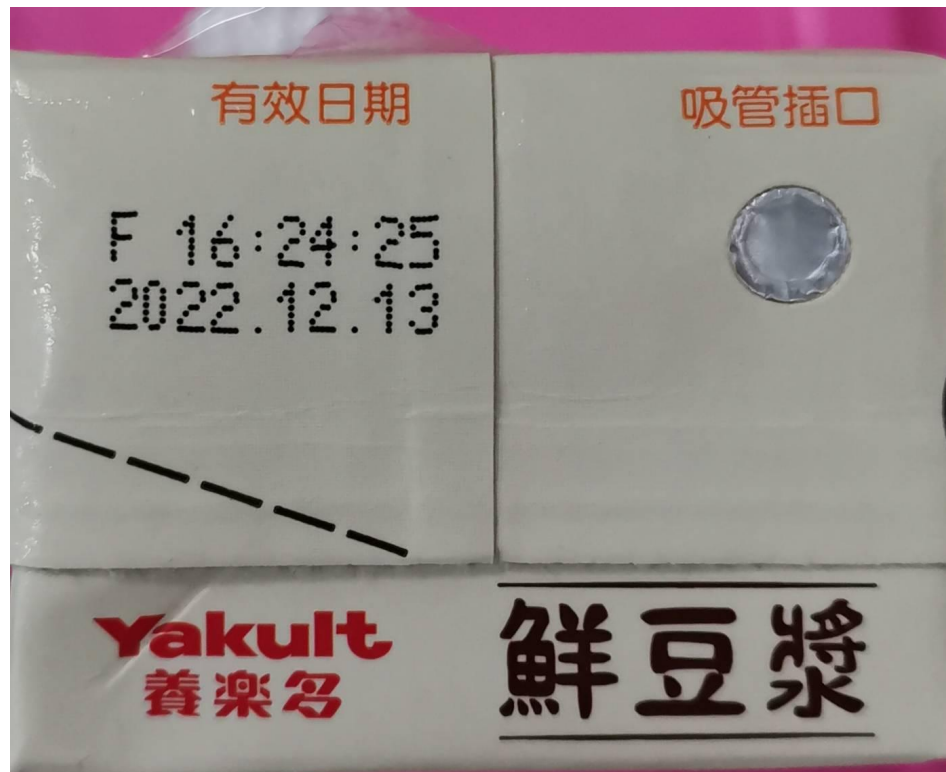
Keep cold ! Put it **in the fridge**.



Tiny Book P3, P4

<p>1st / -Check Can Food? Is this safe? There are two kinds - open and new. To check our food, we should see: 1. The date 2. The label</p>	<p>1st / -Check Packaged Food Is this safe? Check to see what: 1. The date 2. The label 3. The ingredients</p>	<p>Name: _____ Number: _____ Class: _____</p> <p>Food safety</p>							
<p>1st / -Check the Date Is this safe? Date: _____ 1. The date 2. The label</p>	<p>2nd / -Check the Date Is this safe? Date: _____ 1. The date 2. The label</p>	<p>What do you do before you eat? Do you wash your hands? Do you check food?</p>	<p>When and how do we check our food?</p> <table border="1"> <tr> <td>1st</td> <td></td> </tr> <tr> <td>2nd</td> <td></td> </tr> <tr> <td>3rd</td> <td></td> </tr> </table>	1st		2nd		3rd	
1st									
2nd									
3rd									

Is it OK?



Where to put food in/on? 連連看



on the shelf



in the fridge

1st  -3 Check the Date

2022.05.13

Is it OK?

A



B



2nd  Where to put food in/on?
連連看



on
the
shelf



in the fridge



THE
GOOD JOB

3rd Class

食品安全我最行



設計者:楊枝青、范瑋庭、張曉蘭
教學者:楊枝青(Maymay Yang)

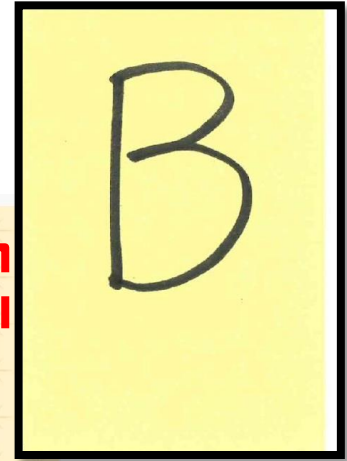
What do we need today?

A

B

Q1:每10個人就有()人因為吃了不對的食物而生病?

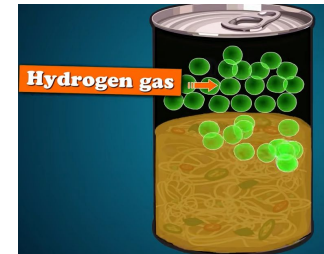
- A. 10個人有9人生病;
- B. 10個人有1人生病



**Q2:食品儲存放錯地方或食物超過使用期限
代表食物有可能會變成怎樣?**

A Yes

B No



1.營養價值會變低?

A

2. 會滋生細菌?

A

3.食物會變質?

A

3rd Eat safely



Q:仔細看答案都在影片中。



<https://www.youtube.com/watch?v=gHPzR-5qmKI>

Is it safe?

A

Safe

B

Not safe



Is it safe?

A

Safe



B

Not safe



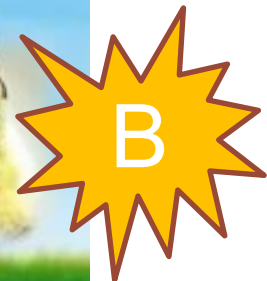
Is it safe?

A

Safe

B

Not safe



Hygiene (衛生習慣)



What do you do before eating?

Wash Hands



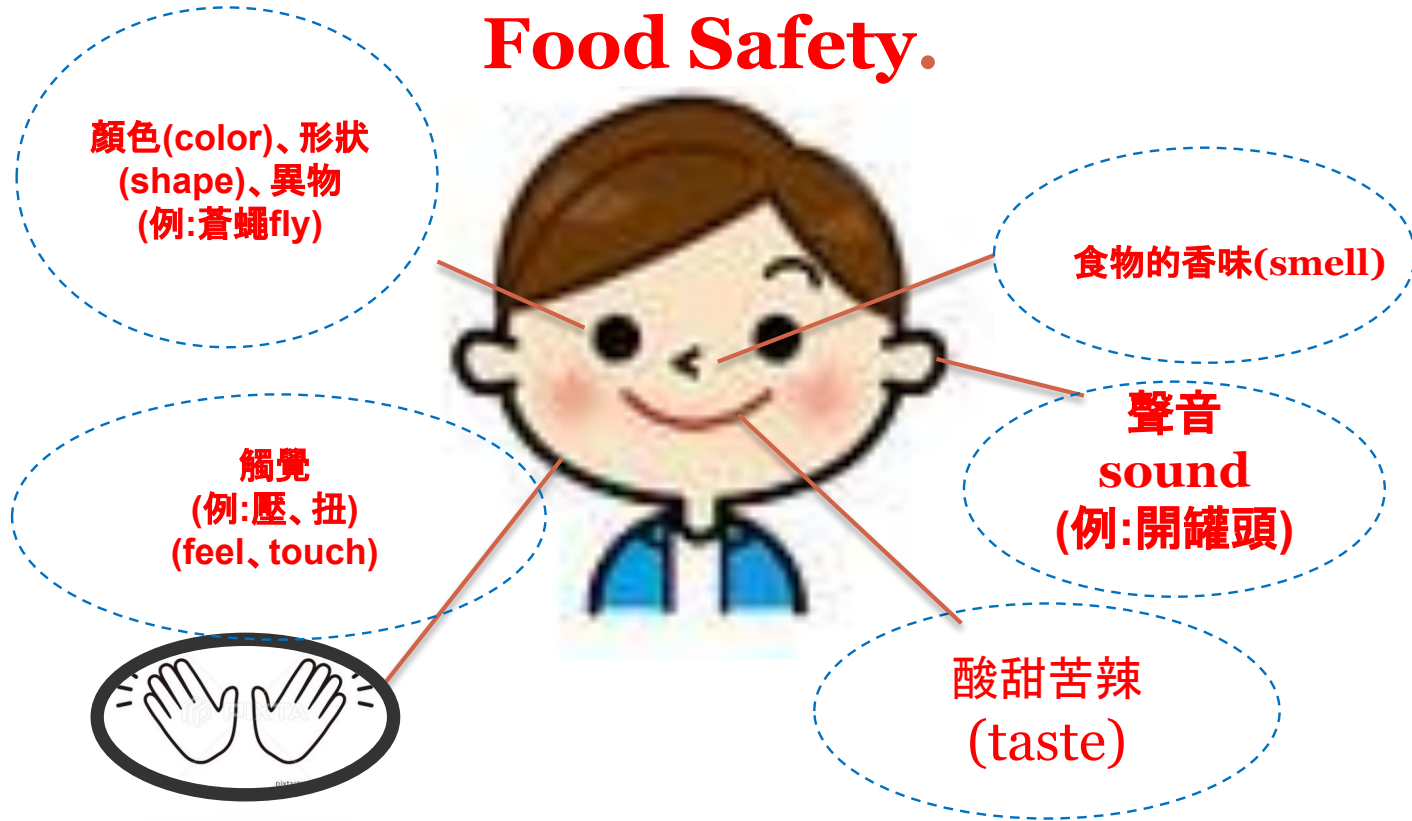
Wash Foods



I need your help.



Five Senses to check Food Safety.



What do *I* do before eating?



Is it OK?

A



B



2022.5.20

瑞穗鮮乳土司

MILK TOAST

2000 / 1998

精選全台灣優質牧場乳膏

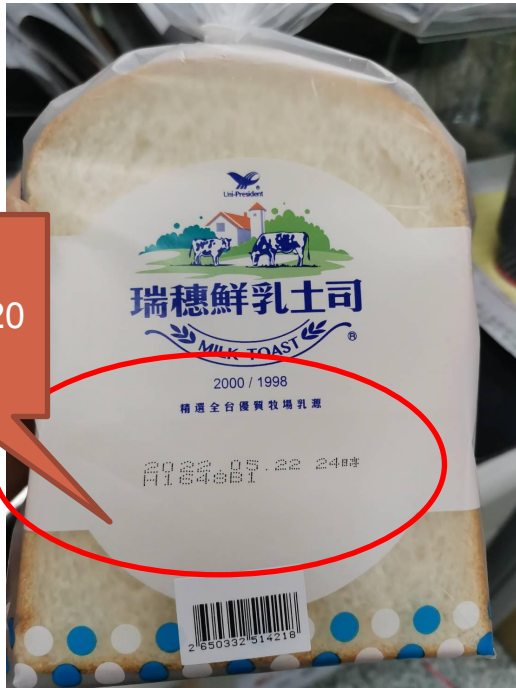
1000g (4.23oz) 24時



2 650332 514218

Not be opened

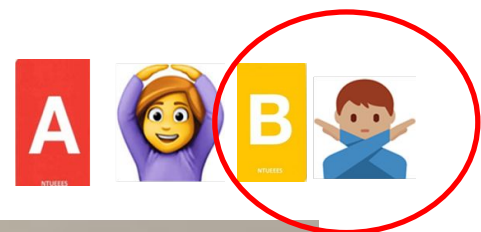
Good shape





new one

Is it OK?

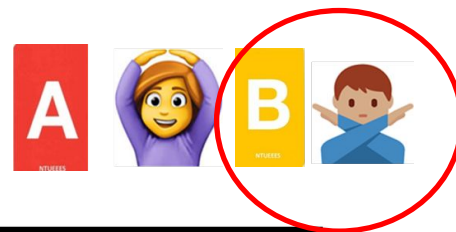


今天..上面有
黑黑白白的黴



new one

Is it OK?



今天..上面也有
黑黑白白的黴

Is it OK?



look good

Smell good.



Keep cold



Expir
y
Date

B



B



A



Thank you



3rd 🗝️ **What do you do before
you eating?**

吃東西前, 你做哪些事? 請打V

Do you wash hand?



Do you check food?



How many  of Food Safety do you have? (你學會了嗎?學會的打V)

	1st 	 <p>A. Buying</p>
	2nd 	 <p>B. Delivering & Storing</p>
	3rd 	 <p>D. Eating</p>

Tiny Book P5,P6

<p>1st / Check Our Food?</p> <p>Think our food is safe and new? Is this right?</p> <p>Check the food's expiry date!</p>	<p>1st / Check Packaged Food</p> <p>Check the food's expiry date!</p>	<p>Class: Number: Name:</p> <p>Food safety</p>	
<p>1st / Check the Date</p>	<p>1st / Put in the Food in the Right Place</p>	<p>1st / What do you do before eating?</p> <p>Do you check food?</p>	<p>1st /</p> <p>2nd /</p> <p>3rd /</p>

Congratulation

Dear :
You have learned 3
keys of food safety.



We are so proud of you.

Sincerely

END