







I had a toothache

Let's review

1. What will happen if you don't brush your teeth?

2. How often should we brush our teeth?

3. How often should we go to the dentist?

And let's think

How do we brush teeth?



Why do We Brush Our Teeth?

https://www.youtube.com/watch?v=aOebfGGcjVw&t=56s





Quiz Time

- 1. When do we brush our teeth in a day?
- 2. How long do we brush our teeth? 10 secs.? 2 mins? 1 hour?
- 3. If we don't brush. The germ will make little holes. And we call it____?

- 1. Take out your toothbrush and a mirror
- 2. Do the actions with the song

https://www.youtube.com/watch?v=wCio_xVlgQ0







Brush your teeth up and down.

Brush your teeth round and round.

Brush your teeth from left to right.

Brush your teeth in the morning and night.

Brush brush brush. X2

Brush your teeth in the morning and night.





Brush your teeth to keep them white.
Brush your teeth so your smile is bright.
Brush your teeth. It's so much fun.
Brush your teeth when the day's begun.
Brush brush brush. X2
Brush your teeth when the day's begun.





Brush your teeth, just open wide.
Brush your teeth from side to side.
Brush your teeth you sleepy head.
Brush your teeth before you go to bed.
Brush brush brush. X2
Brush your teeth before you go to bed.

教師歸納:

- 1. 蛀牙發生之後,如果不及時治療,除了 會造成牙痛之外,可能還會嚴重到不能 正常進食而影響全身的健康,所以做好 牙齒清潔與保健是很重要的。
- 2. 如果沒有做到口腔保健,要立即改進。