

How many time up / Let's go student!

unhealthy / healthy eating drinks. sugar cubes more/less

宜蘭 CLIL 教案設計練習

課程名稱	飲食大觀園	融入學科領域	健康
教材來源	南一版健康與體育三下	教案設計者	新生國小 吳春樺
實施年級	三年級	授課時間	40 分鐘 · 四節中的第三節
學生先備知識	<p>1. 能覺察珍惜食物的重要性，接納並嘗試不同的早餐食物。</p> <p>2. 能認識食物對身體健康的重要性</p> <p>3. 能養成良好的飲食習慣和衛生行為，以維護健康。</p> <p>4. 已具備基本的飲食習慣，能知道體重過重或過輕在飲食上的調整方法。</p> <p>5. 能覺察自己的飲食與生活習慣不適宜處，並提出改善的方法</p> <p>6. 能明白養成良好的飲食與生活習慣能促進身體健康。</p>		
學科內容學習目標	<p>Ea-II-2 飲食搭配、攝取量與家庭飲食型態。</p> <p>Ea-II-3 飲食選擇的影響因素。</p> <p>1. 能夠覺察自己的飲食習慣，並了解西式速食、飲料和零食對人體的危害。</p> <p>2. 能夠了解均衡飲食的重要性，並知道如何健康飲食。</p> <p>3. 能檢視自身飲食習慣優缺點，並願意調整自己飲食的選擇習慣。</p>		
語言學習目標	<p>本次語言學習的目標 Language of Learning</p> <p>healthy, unhealthy food & drink</p> <p>sugar cubes, healthy eating, eating habits</p>		
	<p>幫助學習所需的語言 Language for Learning</p> <p>sugar, fast food, snacks, salt, oil, fiber</p> <p>How much sugar in Coke? There are 10 cubes in Coke.</p> <p>Is sugar bad for you? / Is your eating habits healthy?</p>		
	<p>在學習過程中可能習得的語言 Language through Learning</p>		

Is sugar good for you?

Cola

in one bottle of water

salt, sugar, oil, fiber

Tips of healthy

What do you want to eat/drink?

When would you eat for your lunch/dinner?

rice, water

How often do you eat?

purple milk tea

2 顆

(1) 水糖

(2) game cubes

(3)

those are drinks

not delicious

not food + eat

多油炸, 仔細 I can...

best drink -> water, no sugar in it

> 好合宜

Content & language: words healthy/unhealthy, drinks,
sentence 含糖 - 糖. sugar, salt,
cubes, oil, fibers

classroom language: How many, time up. more/less

reflection & conclusion

6 杯 drinks → 10 杯

零食 / snacks

How often do you drink?

喝 饮料 的频率

Is sugar good for you?

是否 好, 不好

甜, paper 糖

< 甜片 太好 佳 → 病, >

< not delicious → not good to eat >

allow S. 允许 吃 甜片

What do you want?

like to eat?

If ^{we} you eat too much sugar, what happens to you?

- check list

T. here talk, S more activities, exploration,
sharing