Your name:Aaron Title:Hula Hut knockdown		Date::12/23
Level: Third grader	Duration:40 mins	
Te Whare Focus: spiritual a	and physical well-being Curriculum area(s)	
Learning intention:	 Learning how to use hula hoops to build a house. Learning how to use soft ball to knockdown the hula hut. Throwing skills Cooperation Concentration 	
Resources used:	https://www.youtube.com/watch?v=LrUQZPFGE-k&t=102s	
	Teaching and learning sequence	Notes
 Is anyone sick or feel of Do the warm-up. Divide students into fou The leader helps place After the warm-up,put the Crunch down and ask Where are you now? (K Is gym like a building? (Mark What is building? (Mark Why do we live there? (Body Today we are going to Is it easy to build a hor Teach students how to 4 hoops hut. (if possible 6 hoops hut. (if possible 	the hurdles on the floor. he hurdles back. questions: evin: In the gym) Jean: Yes, it is.) : a factory, Tim: an apartment, Hank: a house) Mandy: Live with families, Mike: get protected) we all need a shelter. build a house. (Students are confued.) use?(Everyone shakes their head.) o use hula hoops to build a hut. e, get students inside without falling down. If it falls down, start again.) e, get students inside without falling down. If it falls down, start again.) a townhouse) The condo goes up. Do the same thing when you build the	
 Conclusion (Plenary) Ask questions: 		

1. What is the most difficult part when you build the hut? (keep it steady, stabilize,)	
2. What kinds of skills do you need?(cooperation, concentration, focus)	
Success criteria	Achieved Y/N
1	
2	
3	
4	
Reflection	

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Launch			
	assembly. I am going to do the		
•	I uncomfortable now? We are	e good to go.	
Do the warm-up.1. Divide students into for	our toome		
	e the hurdles on the floor.		
3. After the warm-up, pu			
• Crunch down and as	k questions:		
	build up our hula hoop house	e? 4 tips	
1. Put hula hut on the gro	• •	•	
2. Hold two hula hoops to			
3. Hook and leaning again			
4. Put on the roof. Rest or			
1. Body Divide into four	teams		
2. Distribute the differen			
 Throwers group(of 	e ball.		
0 1 (ence): protect your house.		
U 1 1	portant!!!): build up the house	2	
3. Game rules:			
	t. When times up, all the stud		
		r team's hula hoops. You may tl	nrow or roll the
balls.(reminder: r			
 Prevent the other 	group from knocking down yo	ur group's nuia noop.	

 when builders build up the house, you cannot throw the ball. Cannot cross the line and throw the ball. 	
 Cannot cross the line and throw the ball. Throwers need to retrieve the ball. 	
4. Decide the jobs in your team.(two people, one job)	
5. Get the ball and the hula hoop, start playing	
6. Count, how many times you knock down the hula hoop?	
Please remember how many times you knock down the house. 7. Throwers shift to the next team.	
Conclusion (Plenary)	
1. Gather around.	
2. Discuss what you've learned from this activity?	
- Cooperation is very important!	
- Get to the target by observing	
- One person throw the ball and another one pick up the ball to save time. You can get more	
chances to play.	
Success criteria	Achieved Y/N
1	
2	
3	
4	
Reflection	•