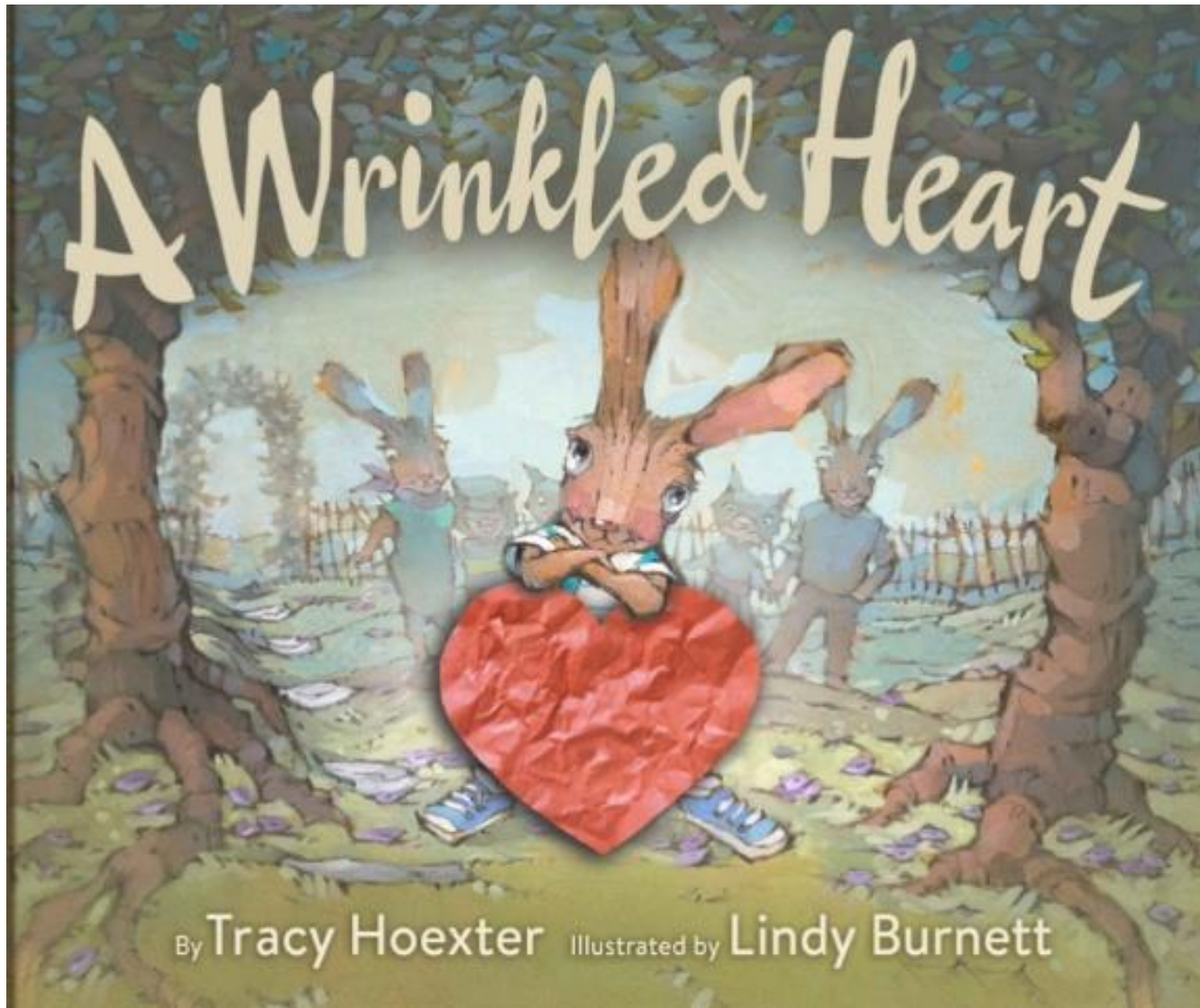


目標：演練同理心與人際溝通技巧

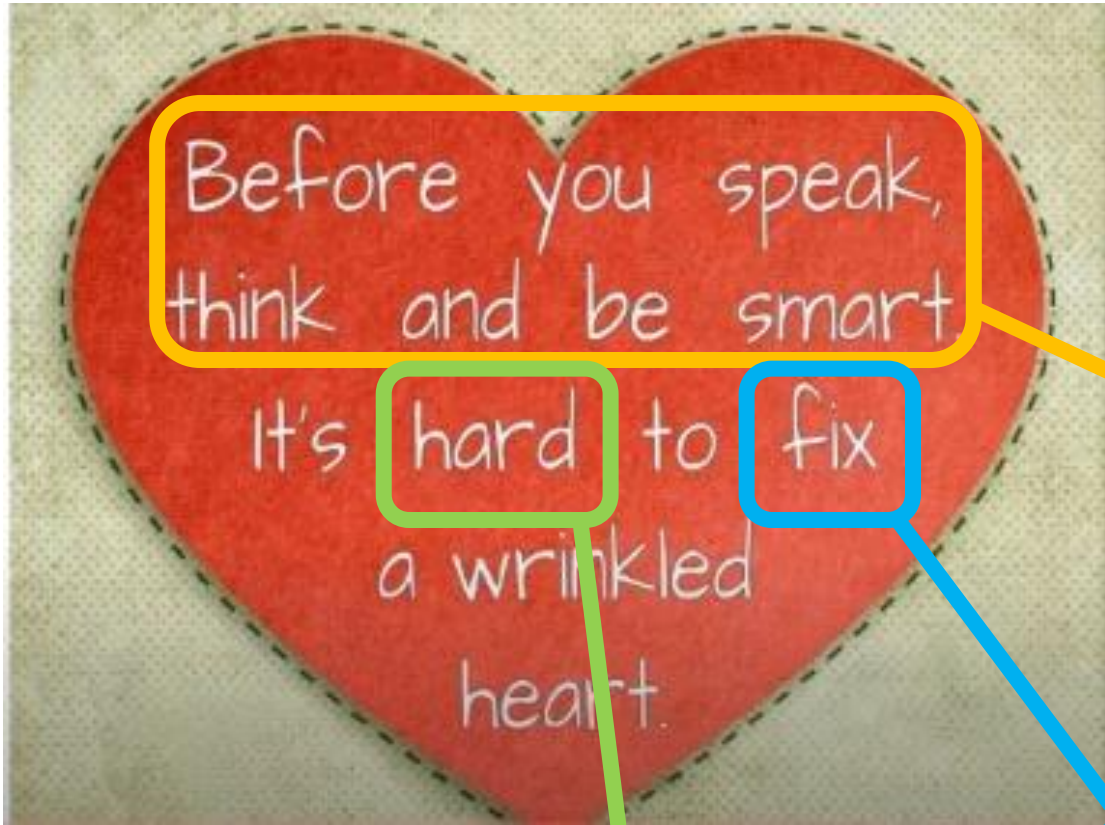
EMPATHY



A Wrinkled Heart



STOP





Just look at the big mess
you have made! Why can't
you be more careful?



Elliott's mother said, "Just look at the big mess you have made!
Why can't you be more careful?"



When Elliott got off the bus,
his mother was waiting there for him with a big smile.



I'm sorry I hurt
your feelings this
morning. You're a
good boy to do so
many things by
yourself.


She hugged him and said, "Elliott, **I love you!**
I'm sorry I hurt your feelings this morning.
You're a good boy to do so many things by yourself,
and I'm proud of you. Please forgive me."

As he looked for a seat, he saw Leon, and asked, "May I sit with you?"
Leon grumbled **"No Way!"** and wouldn't move over for Elliott to sit.

May I sit with you?

No Way!





Thanks buddy. **I feel bad**
about this morning. Can
we be friends?

You can sit
with me...
if you want to.

Elliott slid over and said, "You can sit with me... if you want to."
Leon did, and said, "Thanks buddy. I feel bad about
this morning. Can we be friends?"

Elliott's heart unwrinkled a bit more.





3

Later that morning, it was time for art! "Hooray, I love art!" he said. He was having fun making a colorful finger painting. His classmate, Marcie, looked over and said, "Your painting is so ugly."

Your painting is so ugly.

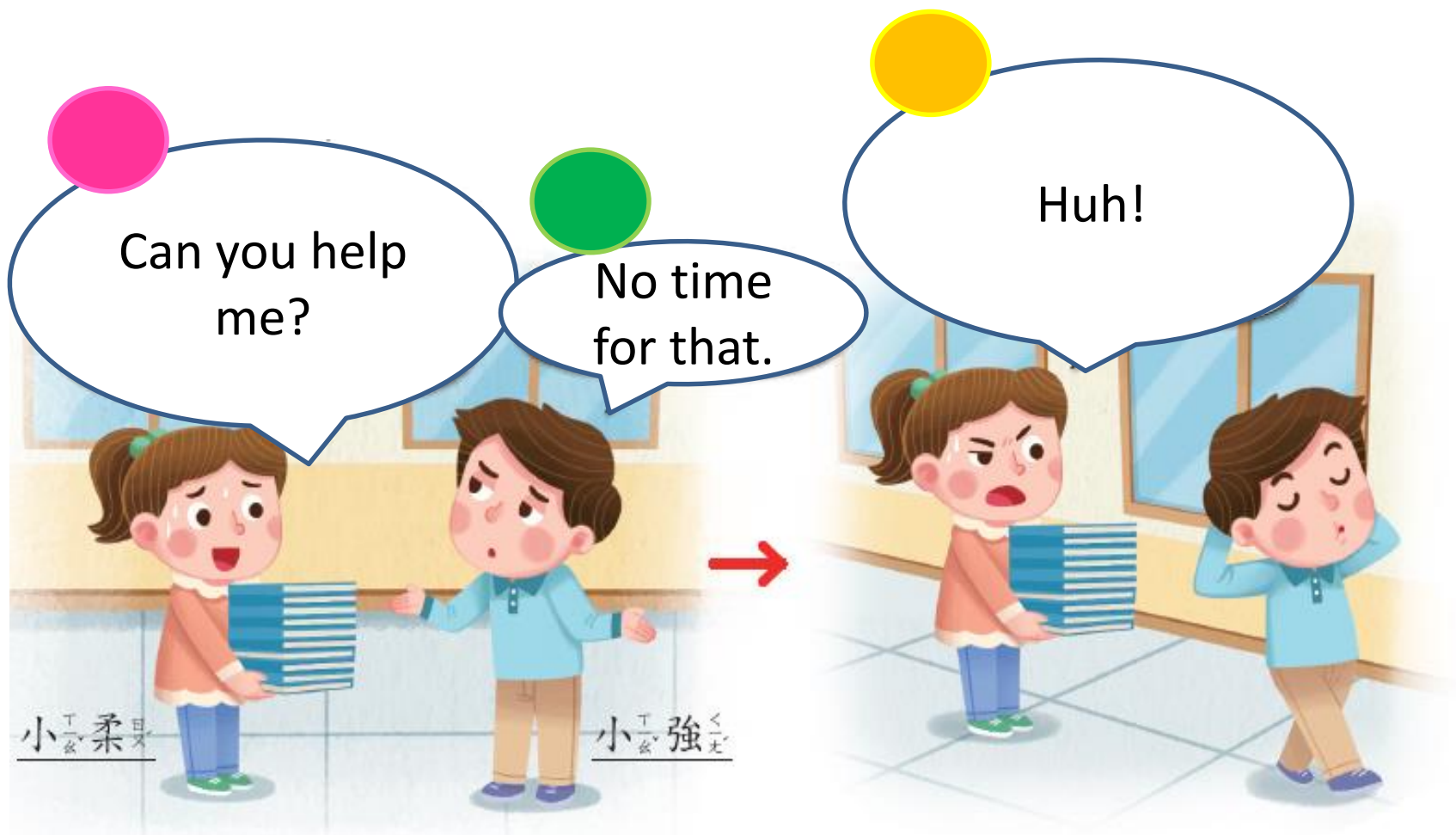




I'm sorry I was
mean. Your
painting was
really nice.

Just then, Marcie came over and said,
"I'm sorry I was mean. Your painting was really nice. I was just mad
because it was better than mine. Hey, would you like my apple?"

Scenario 1: 小柔 asks 小強 to help her with the workbooks, but 小強 says no....



Discuss 2 minutes



What can she say?

What can he say?

<https://www.online-stopwatch.com/bomb-countdown/>

Scenario 2:小惠had a car accident so her leg got hurt,
but 小青laughed at her...



Ha, ha, ha!
The way you
walk is so funny.

GO AWAY!
Go!

I mean it.
Ha, ha, ha!

小_こ惠_{めぐみ}

小_こ青_{あお}



Discuss 2 minutes

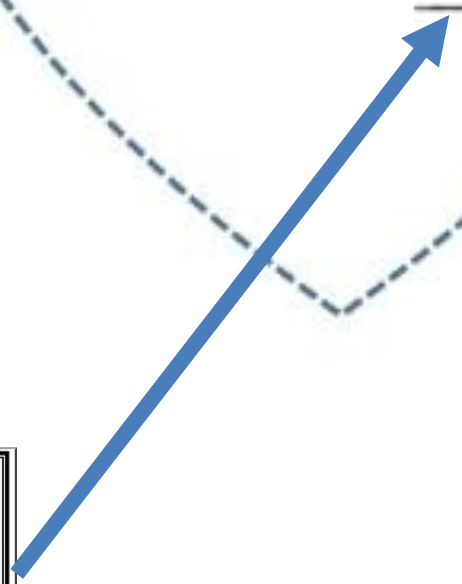
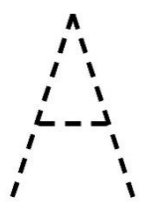
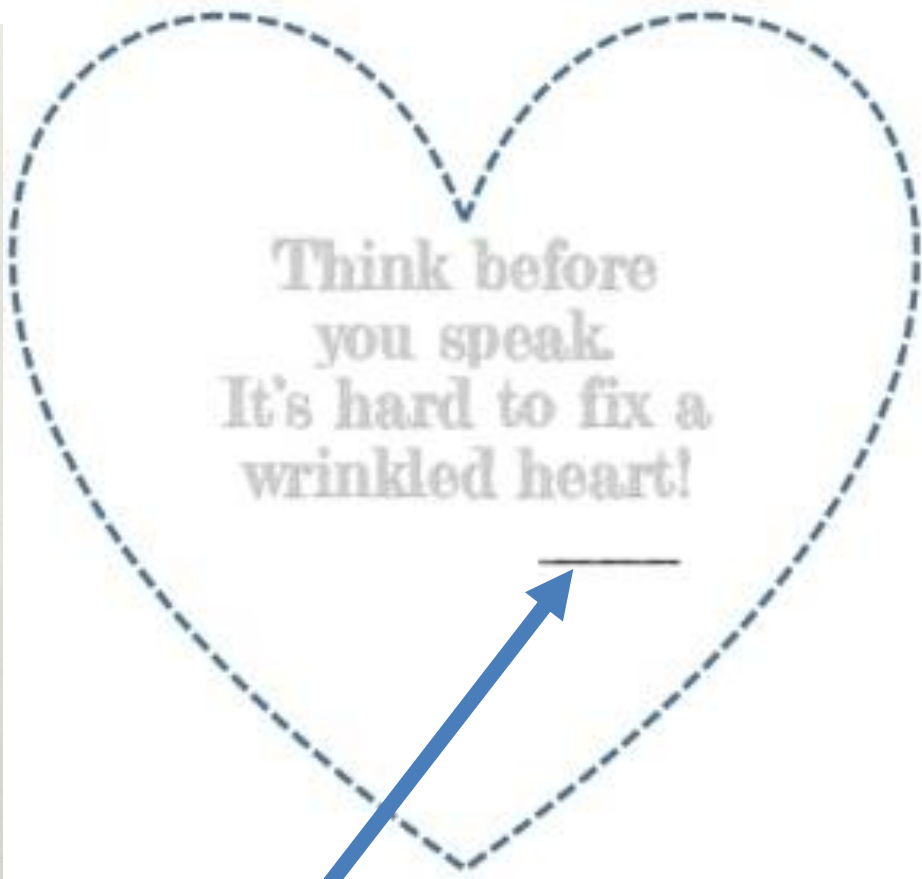
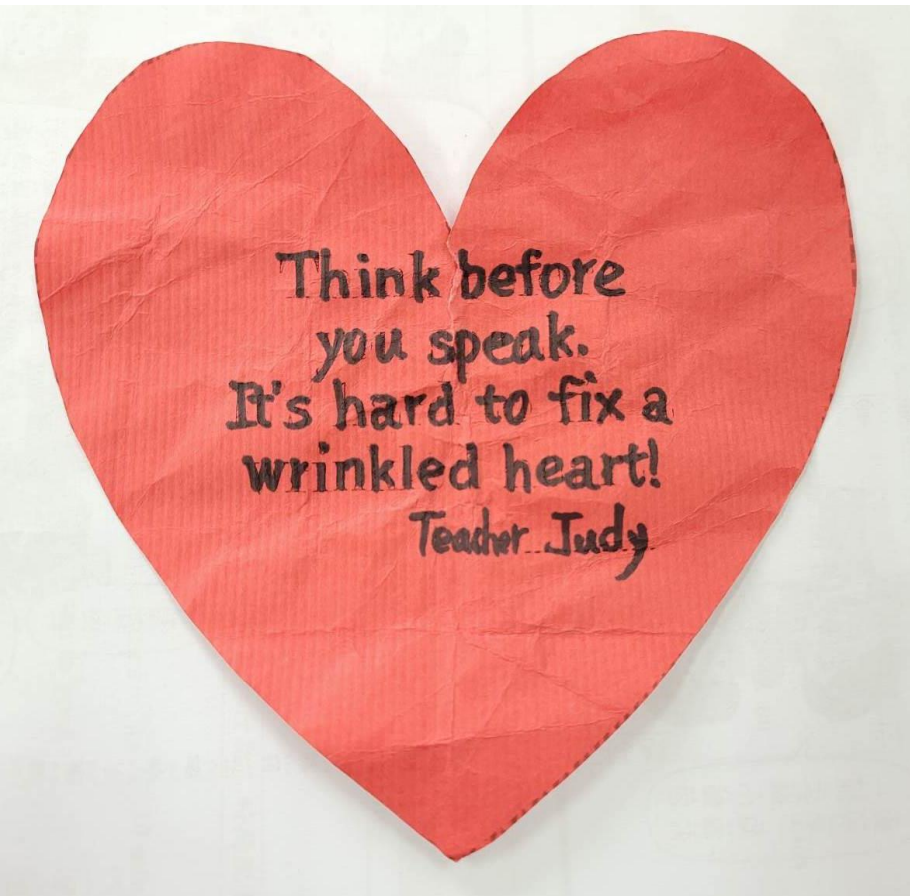


What can she say?



What can he say?

<https://www.online-stopwatch.com/bomb-countdown/>



This is how much I know.

