

健康智多星學習單

by Lois

Class: 三年六班 18 號

Name: 楊明蓁 Jennifer

What a healthy body means to you? Please circle it or write it down.

對你而言「健康的身體」是什麼？請從下面的單字中圈選出來或寫下來。

strong 強壯的	tall 高的	Exercise more 多運動	Eat slowly 慢慢吃
chubby 肉肉的	short 矮的	Go jogging 慢跑	Eat nothing 不吃
slim 瘦的	Healthy food 健康食物	Junk food 垃圾食物	Go on a diet 節食

How to keep our body healthy and strong? List some tips or information you have in below. 怎麼樣才能使你的身體健康？請將你知道的健康小常識寫出來。

- (1) Eat Healthy food.
- (2) Do more exercise.
- (3) Have enough sleep.

Where did you find those tips or information? 你是如何取得這些健康小常識的？請把它寫下來與大家分享。

- (1) I heard that from my dad.
- (2) I learned from the books.
- (3) I search that from the Internet.

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Class: 三年六班 8 號

Name: Mario 方金宇翰

What a healthy body means to you? Please circle it or write it down.

對你而言「健康的身體」是什麼？請從下面的單字中圈選出來或寫下來。

strong 強	tall	Exercise more 多運動	Eat slowly
chubby 肉肉的	short	Go jogging 小量跑步	Eat nothing 什麼都不吃
slim 苗條	Healthy food 健康食物	Junk food 垃圾食物	Go on a diet 減肥

How to keep our body healthy and strong? List some tips or information you have in below. 怎麼樣才能使你的身體健康？請將你知道的健康小常識寫出來。

- (1) go jogging.
- (2) Exercise more.
- (3) tall

Where did you find those tips or information? 你是如何取得這些健康小常識的？請把它寫下來與大家分享。

- (1) from Dad said = Exercise more.
- (2) from Mom said = Healthy food.
- (3) from TV = go on a diet.

健康智多星學習單

by Lois

Class: 三年 6 班 15 號

Name: 吳冠儀 Elaine

What a healthy body means to you? Please circle it or write it down.

對你而言「健康的身體」是什麼？請從下面的單字中圈選出來或寫下來。

strong 強壯的	tall 高的	Exercise more 多運動	Eat slowly 慢慢吃
chubby 有肉的	short 矮的	Go jogging 慢跑	Eat nothing 不吃
slim 苗條的	Healthy food 健康的食物	Junk food 垃圾食物	Go on a diet 減食

How to keep our body healthy and strong? List some tips or information you have in below. 怎麼樣才能使你的身體健康？請將你知道的健康小常識寫出來。

(1) Eat healthy food.

(2) Exercise more.

(3) Drink more water.

Where did you find those tips or information? 你是如何取得這些健康小常識的？請把它寫下來與大家分享。

(1) From mom say: eat healthy food.

(2) From grandmother say: exercise more.

(3) From dad say: drink more water.

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by Lois

Class: 三年六班 16 號

Name: 潘奕帆 Chloe

What a healthy body means to you? Please circle it or write it down.

對你而言「健康的身體」是什麼？請從下面的單字中圈選出來或寫下來。

strong 強壯的	tall 高的	Exercise more 多運動	Eat slowly 慢慢吃
chubby 有肉的	short 矮的	Go jogging 慢跑	Eat nothing 不吃
slim 苗條的	Healthy food 健康的食物	Junk food 不健康的食物	Go on a diet 減肥

How to keep our body healthy and strong? List some tips or information you have in below. 怎麼樣才能使你的身體健康？請將你知道的健康小常識寫出來。

(1) Exercise more

(2) Eat Healthy food

(3) No eat junk food

Where did you find those tips or information? 你是如何取得這些健康小常識的？請把它寫下來與大家分享。

(1) from Dad

(2) from mother

(3) from grandma

健康智多星學習單

by Lois

Class: 三年文班7號

Name: 陸上庭 TIM

What a healthy body means to you? Please circle it or write it down.

對你而言「健康的身體」是什麼？請從下面的單字中圈選出來或寫下來。

strong 強壯	tall 高的	Exercise more 多運動	Eat slowly 慢慢吃
chubby 圓潤的	short 短的	Go jogging 慢跑	Eat nothing 不吃
slim 瘦的	Healthy food 健康食物	Junk food 垃圾食物	Go on a diet 節食

How to keep our body healthy and strong? List some tips or information you have in below. 怎麼樣才能使你的身體健康？請將你知道的健康小常識寫出來。

- (1) Do more exercise.
- (2) Eat healthy food.
- (3) Do not stay up late.

Where did you find those tips or information? 你是如何取得這些健康小常識的？請把它寫下來與大家分享。

- (1) I learned from my teacher.
- (2) _____
- (3) _____

健康智多星學習單

by Lois

Class: 3 年 6 班 11 號

Name: 楊昶 Ray

What a healthy body means to you? Please circle it or write it down.

對你而言「健康的身體」是什麼？請從下面的單字中圈選出來或寫下來。

strong 壯的	tall 高的	Exercise more 多運動	Eat slowly 慢慢吃
chubby 胖胖的	short 矮的	Go jogging 去慢跑	Eat nothing 不吃
slim 瘦的	Healthy food 健康的食物	Junk food 垃圾食物	Go on a diet 節食

How to keep our body healthy and strong? List some tips or information

you have in below. 怎麼樣才能使你的身體健康？請將你知道的健康小常識寫出來。

(1) 跑步跑慢一點。

(2) 我不要吃垃圾食物。

(3) 我不會吃油炸的食物。

Where did you find those tips or information? 你是如何取得這些健康小常識

的？請把它寫下來與大家分享。

(1) 媽媽跟我說油炸的東西吃少一點。

(2) 爸爸也跟我說跑步跑慢一點不會很累。

(3) 哥哥跟我說垃圾食物少吃一點。

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by Lois

Class: 三年六班 27 號

Name: 林素 Linda

What a healthy body means to you? Please circle it or write it down.

對你而言「健康的身體」是什麼？請從下面的單字中圈選出來或寫下來。

<u>strong</u> 強	tall	<u>Exercise more</u> 多運動	Eat slowly 吃的比較慢
chubby 肉肉的	short	<u>Go jogging</u> 散步跑	Eat nothing 不吃
slim 瘦的	<u>Healthy food</u>	Junk food 垃圾食物	<u>Go on a diet</u> 節食

How to keep our body healthy and strong? List some tips or information you have in below. 怎麼樣才能使你的身體健康？請將你知道的健康小常識寫出來。

(1) 要吃健康的食物。

(2) 不要吃炸的食物。

(3) 要吃蔬菜。

Where did you find those tips or information? 你是如何取得這些健康小常識的？請把它寫下來與大家分享。

(1) 奶奶告訴我要多吃蔬菜

(2) 爺爺說不要吃垃圾食物

(3) 媽媽說要吃健康的食物

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by Lois

Class: 3 年 6 班 21 號

Name: 戴云吟 (Shelly)

What a healthy body means to you? Please circle it or write it down.

對你而言「健康的身體」是什麼？請從下面的單字中圈選出來或寫下來。

strong <u>強壯的</u>	tall <u>高的</u>	Exercise more <u>多運動</u>	Eat slowly <u>慢慢吃</u>
chubby <u>有肉的</u>	short <u>矮的</u>	Go jogging <u>慢跑</u>	Eat nothing <u>不吃</u>
slim <u>瘦的</u>	Healthy food <u>健康的食物</u>	Junk food <u>垃圾食物</u>	Go on a diet <u>節食</u>

How to keep our body healthy and strong? List some tips or information you have in below. 怎麼樣才能使你的身體健康？請將你知道的健康小常識寫出來。

(1) 要吃健康的食物, ^{不要吃}垃圾食物

(2) 不要吃炸的食物。

(3) 要吃蔬菜。

Where did you find those tips or information? 你是如何取得這些健康小常識的？請把它寫下來與大家分享。

(1) 奶奶告訴我要多吃蔬菜

(2) 爺爺說不要吃垃圾食物

(3) 媽媽說要吃健康的食物

健康智多星學習單

by Lois

Class: 三年六班26號

Name: 蔡芷珺 Bella

What a healthy body means to you? Please circle it or write it down.

對你而言「健康的身體」是什麼？請從下面的單字中圈選出來或寫下來。

strong <u>強壯的</u>	tall <u>高的</u>	Exercise more <u>多運動</u>	Eat slowly <u>小慢慢吃</u>
chubby <u>肉肉的</u>	short <u>短的</u>	Go jogging <u>慢跑</u>	Eat nothing <u>不吃</u>
slim <u>瘦的</u>	Healthy food <u>健康的食物</u>	Junk food <u>不吃垃圾食物</u>	Go on a diet <u>節食</u>

How to keep our body healthy and strong? List some tips or information you have in below. 怎麼樣才能使你的身體健康？請將你知道的健康小常識寫出來。

- (1) 要吃健康的食物
- (2) 不要吃炸的食物
- (3) 不要吃垃圾食物

Where did you find those tips or information? 你是如何取得這些健康小常識的？請把它寫下來與大家分享。

- (1) 奶奶告訴我多吃蔬菜
- (2) 爺爺說不要吃垃圾食物
- (3) 女馬女馬說要吃健康食物