



- Dance with a tube.
 - Wave the tube.
 - Shake the hands/ body/ legs.
- Performance with a tube.
 - Make a heart / triangle / big W / free style
 - USE THE TUBE / BODY
- Play with a tube.
 - Be a conductor
 - Play the ring toss































Feedback

- Students like to use the tube to assist performance.
- Students like to take turns as conductors, designing the dance and the freeze with the tube.
- Of course, what students like most is the Ring-Toss. Teachers should remind students to play carefully.