


110 學年度第二學期臺北市文山區萬興國民小學

一年級英語融入體育領域教學之教案設計 Caterpillar (hoops)

單元名稱	康軒版第二冊 第六單元 模仿趣味多 第一課 小巨人和紙鏢	教學設計者	陳昕
學習對象	一年級(一年 1 班)	學習節次	1 節課(40 分鐘)
學習表現	<p>健體</p> <p>1c-I-1 認識身體活動的基本動作。</p> <p>2c-I-1 表現尊重的團體互動行為。</p> <p>2d-I-2 接受並體驗多元性身體活動</p> <p>3b-I-2 能於引導下，表現簡易的人際溝通互動技能。</p> <p>3c-I-1 表現基本動作與模仿的能力。</p> <p>3d-I-1 應用基本動作常識，處理練習或遊戲問題。</p> <p>4d-I-2 利用學校或社區資源從事身體活動。</p>		
學習內容	<p>健體</p> <p>Bc-I-1 各項暖身伸展動作</p> <p>Cb-I-2 班級體育活動</p> <p>CeI-1 其他休閒運動入門遊戲。</p> <p>Ic-I-1 民俗運動基本動作與遊戲。</p>		
學習目標	<ol style="list-style-type: none"> 1. 整組完成呼拉圈接龍、前進至目標位置的動作。 2. 聽懂遊戲任務，利用呼拉圈接龍前進、收集各色沙包。 3. 在活動過程中，與同儕團隊合作、嘗試溝通，一起解決問題。 		
教學方法	示範教學法、觀察法、循環練習法		
教學資源	呼拉圈 x30、角錐(椅子)x4、紅/黃/藍/橘/綠沙包 x20 個/色、紅/藍/黃/紫背帶 x10 條/色		
學科英語詞彙	<p>hula hoop, sandbag, tail</p> <p>red, blue, yellow, orange, green, purple</p> <p>verbs: pass, push, stop, move (forwards), collect</p>		
學科英語句型 (視教材內容)	<p>課式用語</p> <p>Good mooring!</p> <p>Bring your water bottle.</p> <p>Let's go.</p> <p>Line up please.</p> <p>Stand up.</p> <p>Sit down.</p>		

	<p>Eyes on me (eyes on you). Don't worry Listen carefully. Excellent! You're doing great! Give it a try! See you next time.</p> <p>活動/遊戲用語</p> <p>Put on the (red/blue/yellow/purple) tail. We have 4 teams with different (red/blue/yellow/purple) tails. Let's take turns. Everyone has the chance to be the leader. Pass the hula hoop all the way to the leader. Put the hula hoop on the ground/floor. Everyone moves forwards. Collect 5 colors (red/blue/yellow/orange/green) sandbags.</p>
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學習活動設計

活動內容與實施方式	教學資源	時間	評量
<p>壹、準備活動</p> <p>一、集合、跑步 Good mooring! Please put down your water bottle and line up. Run on the track for 1 lap.</p> <p>二、動態暖身 Jogging on the spot Star jumps Arm circles Arm scissors Body/Knee/Ankle rolls Toe touches</p>		10 分	確實做暖身動作、一起報數
<p>貳、發展活動</p> <p>一、呼拉圈接龍-示範、練習</p> <p>1. 分組：分成四組，一組 6~7 人。分別背上不同顏色的背帶。 Please put on the (red/blue/yellow/purple) tail like this. (demo) Now we have Team Yellow, Team Red, Team Blue, and Team Purple. Please line up and have the seat.</p> <p>2. Do you know what a caterpillar is? Today we are going to use hula hoops to move like a caterpillar.</p> <p>3. Team Yellow stand up and line up, please. Let's show the class how to</p>	 <p>呼拉圈 角錐 背帶</p>	10 分	整組完成呼拉圈接龍、前進至目標位置的動作。

play the caterpillar game.



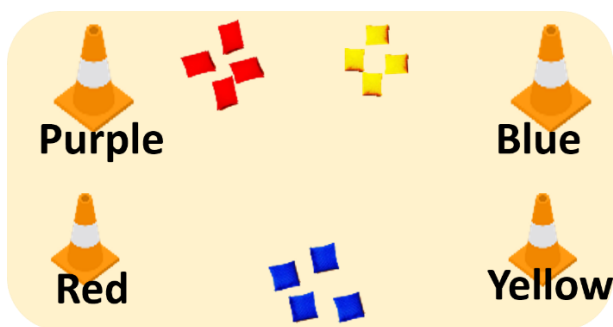
4. Each person stands in one hula hoop, and you will have one extra hoop. The first person is the leader. Leader puts the extra hoop in front of his/her feet, and everybody moves one step forward. The last person picks up the hoop left behind, and passes it all the way to the leader.
5. We will change leaders after few minutes. Don't worry, everyone gets the chance to be the leader!
6. Now you all know how to play. Let's practice!

二、呼拉圈接龍-前進至指定地點

1. Team Yellow, Team Red, Team Blue, and Team Purple please line up behind the line.
2. Can you see the cones over there? When you hear the whistle sound, start moving like a caterpillar. Are you ready?

三、呼拉圈接龍-收集沙包

1. Each team starts from different places. You have to collect one sandbag for each color. We have 5 color: red, blue, yellow, orange, and green. After collecting all the sandbags, use "caterpillar" to go back.



參、綜合活動

一、統整遊戲、觀察與分享

1. Discuss and share:
How can you move faster? What is the biggest challenge for you?

呼拉圈
背帶
角錐
沙包

15 分

利用呼拉圈接龍前進、收集各色沙包。

5 分

分享想法、收拾器材

<p>(move forward, pass the hula hoop, find the best way)</p> <p>二、收拾器材、整隊</p> <p>1. 指定學生協助收拾器材。</p> <p>Collect all the sandbags and put them in the bucket, please.</p> <p>Put all the tails on the chair, please.</p> <p>Put all the hula hoops in the big blue basket, please.</p> <p>2. 整隊。</p> <p>Everyone, line up, please. See you next time!</p>			
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