# 健康領域雙語教學單元設計

#### 一、課程架構

單元名稱	學習目標	學習內容	學科英語單字與句型
流感小尖兵	1. 能知道如何	Da-I-1	tired, headache, sore
	表達身體不	日常生活中的基本衛生習慣。	throat, fever, flu,
	舒服的症狀	Fb-I-1	clinic, go to see a
	2. 能說出處理	個人對健康的自我覺察與行為表	doctor, cough, sneeze
	身體不適的	現。	or talk (By our
	正確方法	Fb-I-2	mouth/nose), touch
	3. 能探討避免	兒童常見疾病的預防與照顧方	(By our hands)
	感染流感、維	法。	
	護健康的行		I can to
	為		(stay at home, take
	4. 學會正確脫		medicine, take a rest,
	口罩和丟口		sleep, wash hands,
	罩的方法		wear a mask)
	5. 能養成良好的		I don't (don't go to
	個人衛生習慣		crowded place, don't
			rub my eyes, nose and
			mouth)
			I can wear/take off my
			mask correctly.

### 二、單元設計

## (一)單元架構

單元名稱	單元主題	單元活動
流感小尖兵	單元一:平平生病了	一、認識基本的健康常識。
		二、知道如何表達身體不適。
	單元二:原來流感是這樣	一、認識流感的傳播方式。
	傳染的	二、能具體說出生活中流感的傳播方式。
	單元三:預防流感好行為	一、日常生活展現呼吸道衛生與咳嗽禮節。
		二、知道預防流感的方法。
		三、養成個人良好衛生習慣。
	單元四:流感居家保健	一、學會正確脫口罩及丟口罩的方法。
		二、生活中落實流感預防與照護的好行為。

## (二) 單元教學設計

學習對象
學習內容 Da-I-1 Fb-I-1 Fb-I-2 學習表現 Ia-I-1 2a-I-1 2b-I-1 3a-I-2 4a-I-2 4b-I-1 學習目標 認知:知道如何表達身體不舒服的症狀 知道處理身體不適的正確方法 情意:探討避免感染流感、維護健康的行為 技能:學會正確脫口罩和丟口罩的方法 行為:養成良好的個人衛生習慣  数學方法 問題教學法 討論法 合作學習法 角色扮演法 發表教學法  世科英語 (Language of Learning) Language for Learning) How do you feel? I feel uncomfortable, tired, bad(I am sick/ I catch a cold) How do flu spread? Droplet infection: cough, sneeze or talk (By our mouth/nose) Contact infection: touch (By our hands) How to prevent flu? I can/have to (stay at home, take medicine, take a rest, sleep, wash hands, wear a mask)
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hands, wear a mask)
I don't (don't go to crowded place, don't rub my eyes, nose and mouth)
r don't (don't go to erowaed place, don't rue my eyes, nose and meanly
How to take off your mask correctly? I can wear/take off my mask correctly.
教學資源 youtube, PPT, 小白板, 單字卡, 口罩, 耳溫槍, 夾鏈袋, 學習單
教學活動流程 教學 評量
資源
單元一:平平生病了 I'm sick
一、引起動機:(5") PPT 口頭
教師播放影片並詢問學生問題: 評量
近期疫情,為什麼大人要打疫苗?
https://www.youtube.com/watch?v=MpcFGIpb59k
Battle between flu virus and vaccine 疫苗跟病毒是如何對抗的?
二、發展活動:(25')
(一)流感是什麼?一般感冒是什麼?流感/一般感冒有哪些徵兆?你會感 挺 評量
到?
What is flu? influenza(flu)

I feel uncomfortable, tired, bad(I am sick/ I catch a cold)		
What do you have?		
I have a headache, sore throat, fever		
What should you do?		
Have a rapid test, go to the clinic, go to see a doctor		
(二)流感和一般感冒及 COVID-19 差別?快篩是什麼?		
(三)快問快答 是非搶答(各組寫在小白板上)		
三、綜合活動:(10')		
複習今日所學		
教師詢問 What do you learn today?		
學生口頭分享今日所學 I learned flu, headache. I have to see a doctor.		
單元二:原來流感是這樣傳染的 How do I get flu?		
一 、引起動機:(5")	PPT	口頭
教師播放影片並詢問學生問題:		評量
https://www.youtube.com/watch?v=RSu1who-Bk8	影片	
影片中的細菌或病毒是如何傳染的?	ホノノロ	
二、發展活動:(25')		
(一)教師詢問學生: How does flu spread? 流感如何傳染?		
飛沫傳染: Droplet infection: cough, sneeze or talk (By our mouth)		實作
接觸傳染:Contact infection: touch (By our hands)		7
(二)接觸傳染與非接觸傳染(飛沫)對對碰		評量
飛沫是什麼?What is droplet?		, _
生活中有哪些接觸/非接觸的例子?Are there any examples in our lives?		
(三)角色扮演 Role Play:		
學生上台飾演不同的傳播方式,其他學生舉手搶答 By our mouths, nose, hands		
三、綜合活動:(10')		
複習今日所學		
教師詢問 What do you learn today?		
學生口頭分享今日所學 We may catch a cold by our mouths, nose, hands		
單元三:預防流感好行為 How to prevent the flu?		
一 、引起動機:(5")	PPT	口頭
教師詢問學生如何預防流感/感冒/COVID-19 呢?		評量
學生口頭回應並示範動作: 戴口罩、保持距離、沒有洗手不要亂碰口鼻	<b>弘</b> 口	, _
教師詢問學生疫情戴口罩後,感冒/生病次數有減少嗎?	影片	<b>应</b> //-
教師播放影片並詢問學生問題:How to wear a mask correctly?		實作
https://www.youtube.com/watch?v=eGhLwmFRyZY		

一) https://www.voutube.com/watch?v=dDHJW4r3elE How to prevent flu/ COVID-19? 平時如何預防流感/新冠病毒? I have to wash hands, wear a mask, vaccinate, open the windows I don't don't rub my eyes, nose and mouth, don't go to crowded place, don't touch 動洗手/活動完洗手/一回到家先洗手/飯前洗手/戴口罩/出入公共場所不亂觸擦/大人打疫苗/室內保持通風 (二) 園園又又來比賽 請各組組內成員輸流回答:看 PPT 敘述正確的請打圖 circlc,錯誤行為打叉 cross 三、綜合活動:(10') 老師發下紀錄表講解作業 Do you do them well in a week? 回家作業: 請學生勾選、記錄並檢核自己一週的預防好行為。  單元四:流感居家保健 Let's do it!  一、引起動機:(5") 教師播放影月並詢問學生問題: https://www.youtube.com/watch?v=hXp8bK3C8qA  影片中告訴我們什麼的重要?戴口罩 二、發展活動:(25') (一) 倾偏分享個人的一週紀錄表 (二)除了戴口罩外,請假在家体養要怎麼做才可以讓流感快快好?What can you do at home? I can Stay at home, take medicine, take a rest, sleep, keep distance with strangers, put your mask into the zipper bag when you throw it. 如何說口罩?How to take off your mask correctly? Here are 4 steps.  表述
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夾鏈
(一) 为红葵丁似珍 建朗亚夕加山安排山工咖啡店
(二) 老師發下紙條,請字生合組比賽排出止確排序 Step1: Use your hands to take off your mask by holding the thread.
Step1: Ose your names to take our your mask by nording the thread.  Step2: Sick person: Fold your outer side of mask inside. / Healthy person: Put your
mask into the zipper bag.
Step3: Throw them into the garbage can.
Step4: Wash your hands.
(四) 各組派代表比賽誰能夠依照正確步驟又快速的示範脫口罩
Step1: Use your hands to take off your mask by holding the thread.

Step2: Sick person: Fold your outer side of mask inside. / Healthy person: Put your		
mask into the zipper bag.		
Step3: Throw them into the garbage can.		
Step4: Wash your hands.		
三、綜合活動 :(10')		
總結本單元所學		
教師詢問 What do you learn this lesson?		
教師抽點學生口頭分享今日所學 We have to wear a mask and wash our hands.		
We have to stay at home when we catch a cold.		
	教學	<b>江</b> 日
	資源	評量