

嘉義縣梅山鄉太興國小雙語課程單元教案

Tai-Sing Elementary School in Chiayi County Bilingual Education Unit Lesson Plan

單元主題 Topic	第三單元：趣味籃球		科目名稱 Subject	球類活動
教材來源 Teaching Materials	南一、翰林、康軒、網站、自編		教案設計者 (學校名稱) Designer (School)	李嘉翎 (太興國小)
適用年級 Grade Level	混齡(三~六年級)		授課時間 Time	本單元共 6 節 第一單元共 240 分鐘
教學設計理念 Design Concepts	<p>在籃球運動中，運球是不可或缺的主要動作，然而傳球的速度總是比運球快，但是打籃球卻不能只靠傳球來推進。根據資深體育記者徐望雲先生的統計，一場籃球賽有百分之八十六的時間是用在運球上，其實運球技術如果熟練、流暢，不僅能使球戲活潑、刺激，且能誘敵、欺敵及穿刺敵陣，進而得分，運球可說是貫串全場的重要角色。</p> <p>本教案中除了要讓學生瞭解運球在籃球比賽中的重要性，並以口訣的方式讓學生牢記運球的訣竅。在教授基本的運球方法後，便以遊戲來提升學生控制球及保護球的能力。本教案之活動量及身體接觸程度並不高，所以可以男女混合之方式來進行，活動前應先教導學生男女間彼此應有的尊重，適時灌輸學生性別平等的觀念。</p>			
學科核心素養對應內容 Core-Competencies	總綱	<p>A1 具備身心健全發展的素質，擁有合宜的人性觀與自我觀，同時透過選擇、分析與運用新知，有效規劃生涯發展，探尋生命意義，並不斯自我精進，追求至善。</p> <p>C2 具備友善的人際情懷及與他人建立良好的互動關係，並發展與人溝通協調、包容異己、社會參與及服務等團隊合作的素養。</p>		
學科學習重點 Subject Performance & Content	學習表現	<p>一、體育</p> <p>1c-III-3-了解身體活動對身體發展的關係。</p> <p>1d-III-1-了解運動技能的要素和要領。</p> <p>2c-III-1-表現基本運動精神和道德規範。</p> <p>2c-III-3-表現積極參與、接受挑戰的學習態度。</p> <p>3c-III-1-表現穩定的身體控制和協調能力。</p> <p>3c-III-2-在身體活動中表現各項運動技能，發展個人運動潛能。</p> <p>3c-III-3-表現動作創作和展演的能力。</p> <p>3d-III-1-應用學習策略，提高運動技能學習效能。</p>		

	3d-III-3-透過體驗或實踐，解決練習或比賽的問題。 二、英語 1-1-7 能聽懂常用的教室用語及日常生活用語。 2-1-3 能說出課堂中所習得的詞彙			
	學習內容 Ga-II-1 跑、跳與行進間的遊戲。 Ga-III-1 跑、跳的基本動作。			
英語相關知識 English related knowledge	* Classroom language		* Key vocabulary	* Sentence
	For teachers	For students	*About Basketball 1. 運球 Dribble the ball. 2. 傳球 Pass the ball. 3. 投籃 Shoot the ball. 4. 兩人一組 Two in a group. 5. 輪流 Take turns. face (forward, your partner) turn (around) walk/run/move (forward, side to side, in a straight line, around, around the cone, follow the cones, to the end of	Students will be able to listen to, comprehend, and respond appropriately to the commands: * _____ the ball - put the ball (away, down), roll the ball (to your partner, from hand to hand) - toss the ball (up, up with one hand, from hand to hand, to your partner, overhand toss) - catch the ball (with the same hand)

	<ul style="list-style-type: none"> ● Eyes on my. ● Eyes center. ● All set ? ● Attention <p style="border: 1px solid black; display: inline-block; padding: 2px;">Academic English</p> <ul style="list-style-type: none"> ◇ Move your neck front and back ◇ Rotate your shoulders ◇ Shake your hips left and right. ◇ jumping Jacks <p>-run, jump, skip, hop,</p> <ul style="list-style-type: none"> ◇ Gallop ◇ Do shuttle runs <ul style="list-style-type: none"> ● Be careful. ● Slow down. ● Try it. ● listen carefully. ● Pay attention. <p>Two in a group.</p>	<ul style="list-style-type: none"> ● Eyes on you. ● center. ● You bet ! ● 1、2 <ul style="list-style-type: none"> ◇ neck front and back ◇ shoulders ◇ hips left and right ◇ jumping Jacks <p>- run, jump, skip, hop,</p> <ul style="list-style-type: none"> ◇ Gallop ◇ shuttle runs 	<p>your line, to the end of the other line) Freeze! Hands up! Tag! You're it! You can do it! Go, go, go!</p>	<ul style="list-style-type: none"> - pass the ball (to your partner, chest pass, bounce pass, overhead throw, overhand toss, stop and pass, block the pass, Ready? Pass!) - raise the ball (over and behind your head) - bounce the ball (to your partner, across, diagonal, to the middle lane, with your finger pads, low bounce, high bounce, quickly, above your waist, below your waist, above your knees) - eyes on the ball - throw the ball (overhead throw) - dribble the ball (don't stop dribbling!) - hold the ball - shoot the ball (up and away, into the basket) <p>* _____ your _____</p> <ul style="list-style-type: none"> - bend your knees - straighten your arms - swing your arms - switch your hands - open your legs
--	---	--	--	---

**本單元
節次分配
Sequence of
Lessons**

1105 第一節：球感練習(地板撥球、單手拋接、單手換手拋接)。
 1105 第二節：傳接我最行(接球、傳球、過頂傳球)。
 1112 第三節：運球(高、低運球、換手運球)、行走運球(走路運球、S型運球)、偷雞蛋遊戲。
 1112 第四節：雙人運球傳球、雙人跑動運球。
 1119 第五節：地板傳球定點投籃、運球定點投籃。
 1119 第六節：趣味鬥牛賽

週次	節次	單元名稱	教學重點
10	1-2 節	<ul style="list-style-type: none"> ◇ 球感練習 ◇ 傳接我最行 	<ol style="list-style-type: none"> 1. 球感練習，學習控制球的動作要領。 2. 能藉由活動練習培養雙手傳接的技巧。 3. 能於不同距離角度、位置的地點完成傳接球。 4. 能藉由活動練習籃球傳接的技巧。
11	3-4 節	<ul style="list-style-type: none"> ◇ 原地運球 ◇ 行走運球 ◇ 雙人運球傳球 ◇ 雙人跑動運球 	<ol style="list-style-type: none"> 1. 能藉由活動練習培養運球的技巧。 2. 能運用不同方式控制籃球完成運球。 3. 能努力的嘗試並和同儕積極的配合練習。

12	5-6 節	<ul style="list-style-type: none"> ◇ 地板傳球定點投籃 ◇ 運球定點投籃 ◇ 趣味鬥牛賽 	<ol style="list-style-type: none"> 1. 知道傳接投籃的動作要領。 2. 能藉由活動練習培養傳接投籃的技巧。 3. 能於距離籃框不同角度、位置的地點完成投籃。 4. 能藉由活動培養空手接球投籃的技巧。 5. 能努力的嘗試並和同儕積極的配合練習。 6. 能藉由活動培養籃球的技巧。 7. 了解籃球運動規則，參與比賽，表現運動技能。 8. 遊戲或比賽中，表現籃球運動的基本動作或技術。 																				
議題融入 (無則免填) Curriculum Integration	<table border="0" style="width: 100%; text-align: center;"> <tr> <td>■性別平等教育</td> <td>□人權教育</td> <td>□環境教育</td> <td>□海洋教育</td> <td>■品德教育</td> </tr> <tr> <td>□生命教育</td> <td>□法治教育</td> <td>□科技教育</td> <td>□資訊教育</td> <td>□能源教育</td> </tr> <tr> <td>□安全教育</td> <td>□防災教育</td> <td>□家庭教育</td> <td>□生涯規劃教育</td> <td>□多元文化教育</td> </tr> <tr> <td>□閱讀素養</td> <td>□戶外教育</td> <td>□國際教育</td> <td>□原住民族教育</td> <td></td> </tr> </table>			■性別平等教育	□人權教育	□環境教育	□海洋教育	■品德教育	□生命教育	□法治教育	□科技教育	□資訊教育	□能源教育	□安全教育	□防災教育	□家庭教育	□生涯規劃教育	□多元文化教育	□閱讀素養	□戶外教育	□國際教育	□原住民族教育	
■性別平等教育	□人權教育	□環境教育	□海洋教育	■品德教育																			
□生命教育	□法治教育	□科技教育	□資訊教育	□能源教育																			
□安全教育	□防災教育	□家庭教育	□生涯規劃教育	□多元文化教育																			
□閱讀素養	□戶外教育	□國際教育	□原住民族教育																				
教學資源 Teaching Resources	籃球、角錐盤																						
學習目標 Learning Objectives	<div style="border: 1px solid black; padding: 2px;">1.學科學習目標：</div> (一)透過活動了解雙手投籃的基本動作。 (二)知道投空心球與擦板球的基本要領。 (三)知道空手接球投籃的基本動作。 (四)和同學一同進行籃球活動並遵守活動規則。 (五)培養籃球雙手投籃的基本能力。 (六)培養在籃框的不同角度進行投籃的基本能力。 (七)培養投空心球與擦板球的基本能力。 (八)能於遊戲活動中展現籃球雙手投籃、接球投籃的能力。 (九)認同團體規範，從中體會並學習快樂的生活態度。 <div style="border: 1px solid black; padding: 2px;">2.英語學習目標：</div> (1)透過教學了解暖身運動有關的英文。 (2)學生能具備入門的聽、說英語文能力。 (3)在引導下，能運用所學、字詞及句型進行簡易日常溝通。																						

Warm up

- **Stretch your neck** (Making with your head, make it as big as possible)

right

1-2-3-4-5-6-7-8-9-10

2-2-3-4-5-6-7-8-9-10

left

3-2-3-4-5-6-7-8-9-10

4-2-3-4-5-6-7-8-9-10



- **Roll my shoulders** (Making circle with your shoulders)

forward

1-2-3-4-5-6-7-8-9-10

2-2-3-4-5-6-7-8-9-10

backward

3-2-3-4-5-6-7-8-9-10

4-2-3-4-5-6-7-8-9-10



- **Arm Circles** (Making circle with your arms)

forward

1-2-3-4-5-6-7-8-9-10

2-2-3-4-5-6-7-8-9-10

backward

3-2-3-4-5-6-7-8-9-10

4-2-3-4-5-6-7-8-9-10



- **Hip Circles** (Making circle with your hip)

right

1-2-3-4-5-6-7-8-9-10

2-2-3-4-5-6-7-8-9-10

left

3-2-3-4-5-6-7-8-9-10

4-2-3-4-5-6-7-8-9-10



- **Stretch up**

1-2-3-4-5-6-7-8-9-10

2-2-3-4-5-6-7-8-9-10



- **Bend down**

3-2-3-4-5-6-7-8-9-10

4-2-3-4-5-6-7-8-9-10



- **Stretch your legs**

right

1-2-3-4-5-6-7-8-9-10

2-2-3-4-5-6-7-8-9-10

left

3-2-3-4-5-6-7-8-9-10

4-2-3-4-5-6-7-8-9-10



- **Jump**

right

Jump Jump Jump a round

left

Jump Jump Jump a round

- **Jumping Jacks**

1-2-3-4-5-6-7-8-9-10

第三單元：趣味籃球

學習活動	教學資源	評量方式	時間	英語學習與融入
<p>一、教學準備(10分鐘)</p> <p>學生：完成慢跑及暖身操</p> <p>Attention! Come over here, everyone. Let' s do warm-up exercises . Repeat each exercises for 10seconds. (count from one, two ……. ten). Have students run 3 laps</p> <p>二、發展活動</p> <p>1. 球感練習 Ball handling</p> <p>(1)地板撥球：在地板上進行左右手互相撥球，適應籃球的大小。</p> <p>Students place the ball on the ground. Students roll the ball from left to right between their hands, and adjust based on the size of the ball.</p> <p><u>Key language:</u></p> <p>- Put the ball on the ground. - Roll the ball from hand to hand.</p> <p>(2)單手拋球： One hand toss</p> <p>用手輕輕向上拋球，並用同一隻手接住，提醒學生手掌心朝上、不能將球拋太高。</p> <p>Students use one hand to toss the ball up into the air. Students use the same hand to catch the ball. If students are comfortable with one hand, teachers can challenge them by having them switch to the other hand. If students are struggling, teachers can suggest they switch to the other hand (adjust based on student ability/comfort).</p> <p><u>Key language:</u></p> <p>- Toss the ball up with one hand. - Catch the ball with one hand/the same hand.</p> <p>(3)單手換手拋接： One hand toss and pass</p> <p>用手輕輕地拋球至另外一隻手。</p> <p>Students use one hand to gently toss the ball up and use their other hand to catch the ball. Students continue passing the ball from hand to hand, like juggling. Teacher warns the students not to toss the ball too high.</p>	<p>籃球</p> <p>籃球</p> <p>籃球</p>	<p>能說出動作名稱並完成動作</p> <p>實作評量</p> <p>聽口令並完成動作</p> <p>聽口令並完成動作</p>	<p>8min</p> <p>4min</p> <p>4min</p> <p>4min</p>	<p>Warm up</p> <p>Are you ready? Go!</p>

<p>Key language:</p> <ul style="list-style-type: none"> - Toss the ball up with one hand. - Catch the ball with the other hand. - Toss the ball from hand to hand. <p>2. 傳接我最行 I can catch and pass!</p> <p>(1)接球 Catch the ball.</p> <p>雙手微開，手指頭打開，眼睛看著球，雙手維持在胸前，接觸到球後順勢後縮至胸前。</p> <p>Students hold hands in front of their chest, open their hands and fingers. Eyes on the ball at all times and face forward. Bend your knees to brace for the force of the catch.</p>	籃球	聽口令並完成動作	4min	
<p>Key language:</p> <ul style="list-style-type: none"> - Hands up! - Eyes on the ball. - Face forward. - Bend your knees. <p>(2)傳球 Pass the ball</p> <p>胸前傳球：球放於胸前，手臂伸直後利用手腕的力量將球向前傳出。</p> <p>Chest pass: Hold the ball in front of your chest. Straighten your arms and use your wrists to pass the ball forward.</p> <p>提醒傳球的學生不能太大力的傳球，避免直接打傷同學；提醒接球的同學眼睛要盯著傳球的人看，避免不注意漏接球或是被球打到。</p> <p>Remind students to pass the ball gently to their classmates, using enough force to pass the ball but not enough to hurt them or knock them over. Remind students to keep their eyes on the ball at all times.</p> <p>Students should follow the ball with their eyes after the pass.</p>	籃球	聽口令並完成活動，並遵守活動規則，避免打傷同學。	6min	
<p>Key language:</p> <ul style="list-style-type: none"> - Eyes on the ball. - Hands up. - Straighten your arms and pass the ball. <p>(3)過頂傳球：球舉在頭部後上方，用手腕和手臂的力量將球往前甩。</p> <p>Overhead throw: Raise the ball over and behind your head. Swing your arms forward and use your wrists and arms to pass the</p>	籃球	聽口令並完成活動，並遵守活動規則，避免打傷同學。	6min	

<p>their fingertips or palms to bounce the ball.</p> <p>Key language:</p> <ul style="list-style-type: none"> - Dribble the ball. - High bounce, above your waist. - Use your finger pads. - Don't use your palms or fingertips. <p>(2)低運球(膝蓋) Low bounce 運球的高度約在膝蓋，提醒學生掌握節奏避免無法運球成功。 Students dribble the ball so that the ball bounces up to above their knees before they bounce the ball back down. Remind students to keep the tempo up, otherwise they will not be successful.</p>	籃球		6min	
<p>Key language:</p> <ul style="list-style-type: none"> - Dribble the ball. - Low bounce, above your knees, below your waist. - Bounce fast. <p>(3)換手運球 Switch your hands and dribble 雙腳微開，將球從左手推至雙腳中心前方右手接觸到球以後再推至雙腳中心前方，進行雙手運球。 Students stand in a wide-legged stance. They hold the ball with one hand and bounce the ball back and forth quickly so that they are switching hands as they dribble.</p>	籃球		6min	
<p>Key language:</p> <ul style="list-style-type: none"> - Open your legs. - Dribble the ball. - Switch your hands <p>(4)偷雞蛋遊戲</p> <ul style="list-style-type: none"> ● 運用籃球高、低運球方式至球場中間撿起一顆羽球後返回，時間內將與球全部撿回自己的位置。 ● 籃球球場中央擺放羽球(1分)及羽球桶(3分)，學生各分配至球場四角，老師吹哨後運用高、低運球置中心撿取羽球或羽球桶返回自己的家，計分高者獲勝。 	籃球、羽球		10min	
<p>三、綜合活動</p> <ol style="list-style-type: none"> 1. 詢問學生三種運球方式何種最為困難。 2. 要學生說說今天自己的表現，並也說出同學表現很好的部分。 			4min	

～第2節結束～

第三單元：趣味籃球

學習活動	教學資源	評量方式	時間	英語學習與融入
<p>一、暖身活動：</p> <ol style="list-style-type: none"> 1. T: Center, hands up. 		能說出動作名稱並完成	8min	

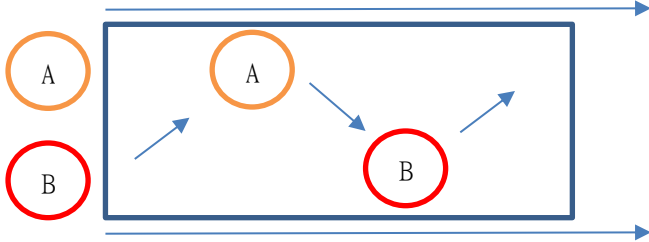
<p>Ss: Hands up. T: Hands out. T: Attention! S:1, 2. 2. Let' s warm up! 3. Run one 3lap. Go!</p>		動作		
<p>二、發展活動 1. 複習-原地運球 Review “Dribble the ball” (1)高運球(腰部) 運球的高度約在腰部，提醒學生不是指拍球，而是利用整個手臂伸直將球推至地板，重複數次完成運球。 <u>Key language:</u> - Dribble the ball. - High bounce, above your waist. - Use your finger pads. - Don' t use your palms or fingertips.</p>	籃球	聽口令 完成動作	5min	
<p>(2)低運球(膝蓋) 運球的高度約在膝蓋，提醒學生掌握節奏避免無法運球成功。 <u>Key language:</u> - Dribble the ball. - Low bounce, above your knees, below your waist. - Bounce fast</p>	籃球		5min	
<p>(3)換手運球 雙腳微開，將球從左手推至雙腳中心前方右手接觸到球以後再推至雙腳中心前方，進行雙手運球。 <u>Key language:</u> - Open your legs. - Dribble the ball. - Switch your hands.</p>	籃球		5min	
<p>2. 行進運球 Walk and dribble (1)走路運球 Walk and dribble 將學生分組，走路運球 5 公尺，球的高度約在腰部，來回之後交接下一棒。 Break students up into a few teams and have them line up at a starting line. Students practice walking and dribbling a high dribble for 5m and then turn around and dribble back. Hand the ball to the next person in line. <u>Key language:</u> - Face forward. - Dribble the ball. - High dribble. - Turn around. - Pass the ball to your teammate.</p>	籃球	聽口令完成 動作，並行 進在自己的 跑道上	5min	
<p>(2)跑步運球 Run and dribble 將學生分組，跑步運球 10 公尺，球的高度約在腰部，來回之後交接下一棒。</p>	籃球		5min	

<p>Break students up into a few teams and have them line up at a starting line. Students practice running and dribbling a high dribble for 10m then turn around and dribble back. Hand the ball to the next person in line.</p>				
<p>Key language:</p> <ul style="list-style-type: none"> - Face forward. - Dribble the ball. - Low dribble. - Turn around. - Pass the ball to your teammate. <p>(3)S 型運球 Snake and dribble</p> <p>在跑道上放置三角錐，讓學生繞過每一個角錐進行 S 型運球，加強運球能力。</p> <p>Teachers place sports cones in an S shape on the ground in front of each team. Students move forward and dribble the ball through the cones. When they get to the end of the snake, they run the ball back to the next person in line.</p>	籃球		5min	
<p>Key language:</p> <ul style="list-style-type: none"> - Face forward. - Dribble the ball. - Follow the cones. - Run back to your team. - Pass the ball to your teammate. <p>三、綜合活動</p> <ol style="list-style-type: none"> 1. 詢問學生原地運球和行進中運球的差異。 2. 請學生說出學習困難點，並給予回饋。 			2min	
~第 3 節結束~				
第三單元：趣味籃球				
學習活動	教學資源	評量方式	時間	英語學習與融入
<p>一、暖身活動：</p> <ol style="list-style-type: none"> 1. T: Center, hands up. Ss: Hands up. T: Hands out. T: Attention! S: 1, 2. <ol style="list-style-type: none"> 2. Let' s warm up! 3. Run one 3lap. Go! 		能說出動作名稱並完成動作	8min	
<p>二、發展活動</p> <ol style="list-style-type: none"> 1. 雙人跑動傳球 Partner run and pass <p>使用胸前傳球或過頂傳球，來完成邊跑邊傳的動作</p> <p>Students use the chest pass or overhand toss to pass the ball to their partner as they run forward.</p> <p>“A” will first run forward and turn around</p>	籃球	聽口令完成動作	8min	

so that “B” can pass them the ball. “B” will then run forward and turn around and “A” will pass them the ball. Continue until both students cross the finish line.

Key language:

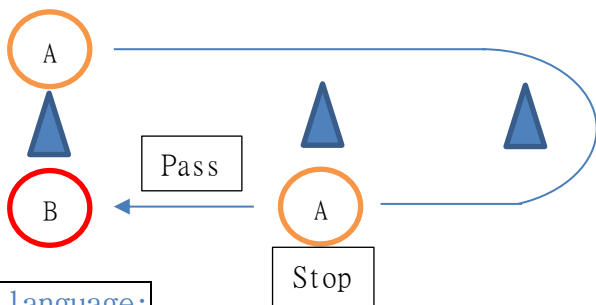
- Run forward in a straight line.
- Chest pass.
- Overhand toss.
- Eyes on the ball!
- Ready? “Pass!”



2. 雙人運球傳球 Partner dribble and pass
一人運球到指定位置在傳球給另一人

Teacher arranges three cones in a line for each team. Students stand at the first cone (starting line).

Student A runs and dribbles the ball to the far cone. When they come back, they stop at the close cone and pass the ball to Student B. Student B then runs and dribbles the ball around the far cone.



Key language:

- first cone, second cone, third cone
- Dribble and run.
- around the cone
- Stop and “pass.”

3. 解說籃下投籃要領及方式(雙手投籃)

Teacher explains how to shoot the ball with two hands.

- 雙手放置胸前
- 雙手成八字並且手指頭是自然貼住球體且手掌心不能碰觸球

Students practice shooting the ball with two hands. Students hold their hands up in front of their chests.

Hands form the symbol for “eight.” Students softly hold the ball with their finger pads, without touching the palms to the

籃球

8min

籃球

5min

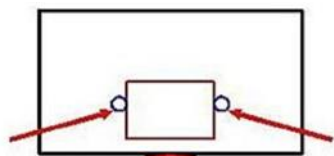
ball. Students push arms up and away to shoot the ball.

Key language:

- Hands up.
- Hold the ball with two hands.
- Shoot the ball up and away.

4. 籃下擦板投籃 Bank shot

- 雙手呈現投籃姿勢 Students hold their hands up and prepare to shoot the ball.
- 眼睛看籃板紅色框框，並適當的出力擊中紅色框框左或右上角附近。 Students look at the red square frame. Shoot the ball to hit the upper part of the red frame.



在20至40度擦板，瞄準點為紅色框框由上1/3位置，亦即紅色箭頭所指藍色圓圈

Key language :

- Hands up.
- Hold the ball with two hands.
- Shoot the ball up and away.

5. 我是定點投籃高手 Set shot

一人投籃其他同學協助撿球。並完成10顆試試投進幾顆球。One person shoots the ball and the other students assist in picking up the ball. And finish 10 try to throw a few balls.



Key language :

- Hold the ball with two hands.
- Shoot the ball into the basket.
- Catch the ball.

三、綜合活動

1. 請學生說說自己的表現，並也說出同學表現很好的部分。
2. 引導學生說出學習的困難點，並給予回饋。

籃球


4min

籃球

4min

3min

第三單元：跑跳遊戲(體適能)

學習活動	教學資源	評量方式	時間	英語學習與融入
<p>一、暖身活動：</p> <p>1. T: Center, hands up. Ss: Hands up. T: Hands out. T: Attention! S: 1, 2.</p> <p>2. Let' s warm up!</p> <p>3. Run one lap. Go!</p> <p>二、發展活動</p> <p>1. 複習籃下投籃</p> <p>2. 綜合練習：</p> <p>(1)地板傳球定點投籃 Bounce pass, and set shot</p> <ul style="list-style-type: none"> ● 分成 A 組(傳球)B 組(投籃) Divide students into two groups: A (pass) and B (shoot) ● A 組站在紅色區域罰球線附近 Group A lines up at the free throw line in the painted area. ● B 組站在左右紅色區域底線附近 Group B lines up inside the 3-point line closer to the basket, outside the free throw area in the painted area. ● A 組傳給 B 組投籃 The first student from Group A passes the ball to the first student from Group B. The student from Group B shoots the ball. ● A 組傳完後跑到 B 組後面排隊準備投籃 After passing the ball, the student from Group A runs to the end of the Group B line. ● B 組投完後跑到 A 組後面排隊準備傳球 After shooting the ball, the student from Group B runs to the end of the Group A line. 	<p>籃球</p>	<p>能說出動作名稱並完成動作</p> <p>聽口令完成動作</p>	<p>8min</p> <p>7min 10min</p>	<p>Dribble the ball. Pass the ball. Catch the ball.</p>
<p>Key language:</p> <ul style="list-style-type: none"> - Line up. - Eyes on the ball. - Pass the ball. - Shoot the ball. - Run to the end of the other line. 				

<p>(2)運球定點投籃 Dribble and set shot</p> <p>Same team: 分成 AB 兩組到中場準備運球到紅色區域做定點籃下投籃(兩組同時出發)</p> <p>Divide students into two groups: A and B. Both groups line up at the mid-court line and face the basket. Each group has one ball. The first student in each group dribbles to the free throw area and does a set shot.</p>  <p>Key language:</p> <ul style="list-style-type: none"> - Dribble, stop, and shoot. - Run to the end of your line. <p>Different team: A 組從籃框左邊投籃， B 組從籃框右邊投籃，投完後 A 組到 B 組後面， B 組到 A 組後面。 Group A shoots the ball from the left side. Group B shoots the ball from the right side. After shooting the ball, the student from Group A runs to the end of the Group B line, and the student from Group B runs to the end of the Group A line.</p> <p>Key language:</p> <ul style="list-style-type: none"> - Dribble, stop, and shoot - Run to the end of the other line <p>三、綜合活動</p> <ol style="list-style-type: none"> 1. 要學生說說今天自己的表現，並也說出同學表現很好的部分。 2. 引導學生說出學習的困難點，並給予回饋。 (愛的鼓勵後下課) 	籃球	聽口令 完成動作	10min	
聆聽分享發表				
			5min	

～第 5 節結束～

第三單元：趣味籃球

學習活動	教學資源	評量方式	時間	英語學習與融入
<p>一、暖身活動：</p> <p>1. T: Center, hands up. Ss: Hands up. T: Hands out. T: Attention! S:1, 2.</p> <p>2. Let' s warm up!</p>		能說出動作名稱並完成動作	5min	

<p>3. Run one 3ap. Go!</p> <p>二、發展活動</p> <p>1. 講解籃球規則重點:教師講解本節課的教學重點及目的。</p> <p>2. 教師說明:籃球比賽有基本規則,如果違反這些規則,稱為「違例」 foul,就會喪失控球權,應盡量避免發生。</p> <p>3. 認識籃球基本規則:教師引導學生了解運球的籃球規則(rule),包括:走步 Traveling (walking)、兩次運球(double dribbling)等</p> <p>4. 進行趣味鬥牛賽活動:教師介紹二對二(two on two)趣味鬥牛賽規則制定的特性與功能。 教師說明活動規則。 教師提醒:趣味鬥牛賽目的在於希望學生將學過的基本動作運用於比賽,提升比賽的精彩程度。</p> <p>5. 請學生分組進行趣味鬥牛賽。 Referee / player / outside / freethrow / Time' s up. / start from the baseline.</p> <p>三、綜合活動</p> <p>1. 教師請學生上台示範所學動作,並指出錯誤及優異之處,提供全班觀摩。</p> <p>2. 教師指導學生進行緩和運動。</p> <p>3. 教師鼓勵有進步及認真的學生。 Clap your hands. / Good / wrong</p>	籃球	實作評量	30min	
~第 6 節結束,本單元結束~				

Assessment:5 分等第評量

1. 傳接球(形成性評量):2 人一組傳接各 5 球

5	4	3	2	1
完全接到球	掉球 1 次	掉球 2 次	掉球 3 次	掉球 4 次以上

2. Dribble 來回跑步運球(總結性評量):運球穩定度

5	4	3	2	1
完全沒掉球	掉球 1-2 次	掉球 3-4 次	掉球 5 次	掉球 5 次以上

3. 語言評量(形成性/觀察評量) 學生與活動時說” Catch the ball.” ” Pass the ball.” ” Shoot the ball.”

5	4	3	2	1
願意開口說 且發音正確	願意開口說 但有些含糊	經老師提醒後 開口說,語音正確	經老師提醒後 開口說,語音含糊	可以跟著覆誦