

主題名稱		主題三 動物模仿秀 Copycat		
教學對象		二年級	教學者	林智情
		第二節 (總共四節)		
核心素養	總綱	A1 身心素養與自我精進 B1 符號運用與溝通表達 C2 人際關係與團隊合作		
	領綱	健體-E-A1 具備良好身體活動習慣，以促進身心健全發展，發展運動與保健的潛能。 英-E-B1 具備入門的聽、說英語文能力。能運用所學字詞及句型進行日常溝通。		
學習重點	學習表現	1c-I-1 認識身體活動的基本動作。 2c-I-2 表現認真參與的學習態度。 3c-I-1 表現基本動作與模仿的能力。 1-II-8 能聽懂簡易的教室用語。 2-II-4 能使用簡易的教室用語。		
	學習內容	Bc-I-1 各項暖身伸展動作。 Cb-I-1 運動安全常識。 Ga-I-1 走、跑、跳與投擲遊戲。 Ac-II-1 簡易的教室用語。 B-II-1 第二學習階段所學字詞及句型的溝通。		
學習目標	領域學習目標	(一) 在遊戲中表達出對肢體各部位的認識，並能靈活操作身體依口令表現動作。 (二) 透過模仿加強肌力與身體協調訓練 (三) 能在家中參與學習活動，養成運動習慣。		
	語言學習目標	一、目標英文 (一)、目標字詞 1. 身體部位: neck, shoulders, waist, knees, wrists, ankles, arms 2. 動作: do rotation, do jumping jacks, run, march, stretch, jump rope, walk, hop, fly 3. 動物: duck, rabbit, frog, bird, crab 3. 其他: warm up, round, demo student (二)、目標句型 1. Jump/Run/Do it ____ times. 2. Let's do ____ rotation. 3. Are you ready? 4. What is it? It is a _____. 二、課室用語 1. Good morning, everyone.		

	<p>2. Let's warm up.</p> <p>3. Are you ready?</p> <p>4. What is next one?</p> <p>5. Drink some water.</p> <p>6. Good job!</p> <p>7. How many times?</p> <p>8. Bend down.</p> <p>9. Give the demo student a big hand.</p> <p>10. It's your turn.</p> <p>三、學生回應</p> <p>1. Good morning, teacher.</p> <p>2. Yes! / No!</p> <p>3. Ready. / OK!</p> <p>4. Very good.</p> <p>5. Thank you.</p> <p>6. One, two...forty.</p> <p>7. Forty times.</p> <p>8. I am done.</p> <p>9. Goodbye, teacher.</p>		
教材來源	翰林書局、自編		
先備能力	因應防疫停課不停學，老師改以每週錄製一段影片，請學生在家觀看影片、跟著運動並完成學習表單，以檢視學生的學習狀況。停課的第一週先錄製暖身操及跳繩的步驟，輔以原在課堂上使用英文融入教學；本週完成暖身及跳繩動作後，以動物模仿秀為主題，讓學生在家就能簡單肢體練習，進而達到身體協調、肌耐力訓練的目的。		
教學活動及步驟	<p>第二節 動物模仿秀 (線上影片 20 分鐘)</p> <p>一、準備活動：暖身與跳繩</p> <p>T: Good morning, everyone.</p> <p>T: Today we have a demo student, Wally. Are you ready?</p> <p>T: Let's warm up. (Ss: 1.2.)</p> <p>(暖身操)</p> <p>T: Let's do neck rotation. Go! 1, 2, 3, 4. (Ss: 5, 6, 7, 8.)</p> <p>T: Next one? (Ss: Shoulder rotation.)</p> <p>T: Next one? (Ss: Waist rotation / Knee rotation / Wrist and ankle rotation.)</p> <p>T: Stretch your legs. Go. Switch sides. (高壓腿、低壓腿、弓箭步)</p> <p>T: What's next one? (Ss: Jumping jacks.)</p> <p>T: How many times? (Ss: 40)</p>	<p>教具</p> <p>單字卡 白板</p>	<p>評量</p> <p>能聽懂指令並在家跟著暖身</p>

<p>T: Are you ready? Go! (Ss: 1, 2...40)</p> <p>T: Next, run on the spot and count to 10. (Ss: 1, 2,3...10.) Round two. / Last round. (Ss: 1, 2,3...10.)</p> <p>T: March on the spot. (Ss: Left, left, left, right, left...) Breathe in. Breathe out.</p> <p>T: Let's give the demo students a big hand. (Ss: Very good.) (S: Thank you.) (Ss: You're welcome.) (暖身操結束)</p> <p>(跳繩動作複習)</p> <p>T: Next, let's jump rope. Please get your jump rope at home. 接下來要進行跳繩，請注意家裡的空間，注意安全。Safety first.</p> <p>T: The first one, jump rope. (Ss: For forty times.)</p> <p>T: Are you ready? (Ss: Ready. 1, 2 ...40. I'm done.)</p> <p>T: Next one, run and jump. How many times? (Ss: Thirty times.)</p> <p>T: Are you ready? Go!</p> <p>T: Next one, jump backwards. How many times? (Ss: Thirty times.)</p> <p>T: Good job! Last one, cross and jump. How many times? (Ss: Five times.)</p> <p>T: Thank you, Wally. Give Wally a big hand.</p> <p>T: Please drink some water. 待會還會今天的課程，休息一下要繼續上課喔。</p>	<p>跳繩</p>	<p>能依指令完成跳繩動作</p>
<p>二、發展活動：動物模仿秀(Copycat)</p> <p>1.接下來要進行線上的遊戲，就是動物模仿秀。請小朋友先看圖片。 T: What is this? (Ss: Duck.) What's this? (Ss: Walk.) What's "duck walk"? (Ss: 鴨子走路)</p> <p>T: 今天要請大家模仿動物的動作，可以訓練大家身體、腹部與腿部的肌肉。在家可以找空間大一點的地方走路。Are you ready? Count to twenty. Ready, go! (Ss do duck walk and count to 20.)</p> <p>2. T: What is it? (Ss: Rabbit.) What's it? (Ss: Hop.) So "rabbit hop"就是要請大家學兔子蹬腳。原地將手撐在地上，後腳往後蹬，練習手臂的力量。 Ready, go. (Ss do rabbit hop and count to 20.)</p> <p>3. T: What is this? (Ss: Frog.) What's this? (Ss: Hop.) Frog hop. 青蛙跳。Are you ready? Go. Keep going. (Ss do "frog hop" and count to 20.)</p> <p>4. T: 接下來難度較高，要挑戰下一個動作。What is it? (Ss: Bird.) What is it? (Ss: Fly.) So what is "bird fly"? (Ss:小鳥飛) Let's do it and count to 10. T: 在家請完成三個回合。</p> <p>5. T: What is it? (Ss: Crab.) What is it? (Ss: Walk sideways.) Crab walk sideways</p>	<p>動物圖卡 單字卡</p>	<p>能專心聽講並依指令完成指定動作</p>

<p>就是螃蟹橫向走。現在我們就來練習。Let's try it.</p> <p>Lie down. Face up. Body up. 要用手腳將身體撐起來，然後試著往旁邊移動。Count to 10. Ready? (Ss walk sideways.)</p> <p>T: Try again. 再加強臂力。Count to 10.</p> <p>T: 今天示範到這邊。Let's give Wally a big hand.</p> <p>三、統整活動：</p> <p>T: 以上是本週線上課程的示範，要請學生在家暖身後跳繩，再加上動物模仿秀，練習一下肌耐力與核心肌群。</p> <p>T: 今天示範了哪些動物呢？</p> <p>(Ss: Duck, Rabbit, frog, bird and crab.)</p> <p>T: 老師希望大家在家也能保持運動習慣，維持好體能，也別忘了讓眼睛多休息、勤洗手，一起對抗疫情。</p> <p>T: Good-bye, everybody.</p>		<p>能在家養成運動習慣，注意健康</p>
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