

教學單元名稱 溝通交流道

領域類別 綜合活動領域融入英語

適用年級: 四年級 班級數: 9 學生人數: 241

主教教師: 謝承翰

共備教師: 陳貞夙、黃素芳、謝承翰、黃郁雯

教學時間: 共160分鐘(4單元) 每週上課: 1 節

教學目標:

1. 適切表達個人的想法和感受。
2. 在團體中與人達成良好的溝通。
3. 在生活中運用良好的溝通方式，達到溝通的目的。

能力指標: 3-2-1 參加團體活動，並能適切表達自我、與人溝通。AS

教材來源: 康軒綜合活動四下 第8冊

相關學科英語字彙與詞句:

talk / say / understand / know / listen to / communicate / ideas / think / like / opinions / respect / obey / interrupt / argue / fight / feel / pay attention / be responsible / concentrate / to the point / criticize / rude / loud / quiet / polite / patient / majority / minority / together / alone / group / team / good / better / bad / worse /

- Talk with confidence. / Say it. / Tell me about it.
- What do you think?
- How do you like (it/ this idea?)
- Respect others. Work with others.
- Don't interrupt. (When someone's talking)
- Pay attention. (Listen carefully)
- Be patient. (Give others more time to say what they want to say.)
- Don't criticize people. Say something bad/good about people.

教學資源: 情境卡、「溝通金頭腦」學習單、PPT 投影片、YouTube、。

<https://www.virtuallabschool.org/school-age/comm-lang-development/lesson-2>

https://www.momjunction.com/articles/communication-games-for-kids_00349640/#gref

<https://creation.com/communication-fundamentals-10-fun-ways-to-teach-children-effective-communication-skills>

評量方式:

老師評量 (小組活動、活動參與、口頭發表級、態度評量、學習單)

學生互評 (討論發表、態度評量)

第一週	教學目標
<p>一、暖身活動：10'</p> <ol style="list-style-type: none">1. 溝通是人與人相處很重要的一環，願意與人分工合作、彼此尊重，是現在社會不可或缺的生活態度，對於未來人際關係的發展奠下基礎。 (播放情境影片)2. 教師邀請學生發表對片中大熊、麋鹿、野狼、兔子的看法?3. 說說看，你看到甚麼? 發生甚麼事? <p>https://www.youtube.com/watch?v=FIIMhPhkoSA</p> <p>(Good team work and bad team work)</p> <ul style="list-style-type: none">✓ What do you see in the video?✓ What happened to the deer/wolf/rabbit? Why?✓ Are you afraid of telling other about how you feel?✓ Tell me what you think.✓ What would be different if you tell the truth? <p>二、發展活動：20'</p> <ul style="list-style-type: none">• 「大溝通家」規則說明：<ol style="list-style-type: none">1. 全班分成若干組，各組輪流推派出一名口條好的學生。2. 輪流上台抽題並口述所看到的圖案。3. 下面組員每一位一張圖畫紙，依據所聽到的描述畫出可能的圖示(嚴禁直接講出圖示的名稱，組員也不能發問)4. 限時兩分鐘一題。5. 完成後比對哪一組最多組員可以畫出與原圖相似的答案獲勝。6. 第二輪，同樣再玩一次活動，但是組員可以發問請台上描述者回答。7. 完成後再次比較，並討論第二輪活動的分數是否比第一輪還要高。各組討論原因及溝通的重要性。• 開始活動• 進行討論與發表：<ul style="list-style-type: none">➤ 你覺得自己是很會溝通的人嗎?➤ 你覺得你是個稱值得聆聽者嗎?➤ 為什麼第一輪的分數會比第二輪低?➤ 什麼是溝通?	<p>1. 覺察合作的重要與必要性。</p> <p>2. 體驗與他人連結與小組合作的感受。</p>

- 為什麼別組或自己的組別分數會比較高?他們做到了什麼?
- 怎麼樣才能有效溝通?

這個活動給你什麼感受?

- ✓ Are you good at communication?
- ✓ Are you a good talker/ listener?
- ✓ Let's play "Tell me what you see".
- ✓ Listen carefully. Ready? Go!
- ✓ Listen to what your team member and draw what you hear.
- ✓ Hurry up! Speed up! Quick!
- ✓ Which one is better? Who is winner?
- ✓ Do you like this activity?
- ✓ If you've finished, please sit down.
- ✓ How do you feel about it?

三、統整活動 10'

老師: 什麼是溝通? 只有一個人說, 大家聽, 算是溝通嗎?

老師: 怎麼樣才算有效溝通? 一群人七嘴八舌、大吵大鬧?

老師: 你覺得最難溝通的對象是誰?

老師: 你覺得最難溝通的事情是什麼?

老師: 你覺得什麼時候你最不想跟別人溝通?

請大家討論後把答案寫在小組白板。

老師邀請學生分組派代表或整組上台發表分享。

老師: 很多時候我們以為我們表達的很清楚, 但其實每個人對語言的理解都不一樣, 所以其實很容易產生誤會。所以當下次你發現別人誤解你或是無法達成你的要求時, 你不需要發怒, 你們只是需要再溝通。

(藉由學生的分享, 中英文皆可, 教師引導學生思考「溝通在任務中的重要性」, 讓學生了解小組的組合猶如划龍舟一般, 大家為了達成共同目標, 需要同心協力, 勉勵學生發揮同舟共濟的精神。)

- ✓ What does "communication" mean?
- ✓ Is it a good communication if I talk and you listen?
- ✓ Who do you think is hard to communicate with?
- ✓ What is difficult to communicate about?
- ✓ When do you feel unease to communicate with others?
- ✓ Discuss with your team and write down your answers.

3. 思考團隊合作的不同面向
 3. 思考團隊合作的重要性。

<p>✓ Please come to the front and share your answers.</p> <p>第一節完</p>	
<p>第二週</p>	<p>教學目標</p>
<p>一、 暖身活動：</p> <p>1. https://www.youtube.com/watch?v=JwjAAGi-90 It's good to travel in groups. 1-1 What happen to the ants? 1-2</p> <p>2. 疊疊樂 ~合作搭建金字塔 10' (老師事先準備 紙杯 40 個，橡皮筋套組 4 組)</p> <p>1. 老師: 上次同學們一起合作完成小組任務，這次我們要來看看大家有沒有辦法一起合作完成更具有挑戰性的任務。</p> <p>2. 老師發下分組活動用品。(每組 10 個紙杯，一組橡皮圈)</p> <p>3. 老師說明規則: 各組同學利用橡皮圈套組，合力將紙杯疊成金字塔，看哪組能最快完成)。</p> <p>✓ Do you like to work together or work alone? ✓ Work with your team (together). ✓ Use rubber bands to lift paper cups to build a pyramid. ✓ Do not use your hands. ✓ Pull / Pull harder / Let go / Put it down / Be careful. ✓ Let's try again.</p> <p>二、發展活動：(老師、學生可以用中英一起夾雜來討論或發表)</p> <p>1. 教師引導學生討論活動心得: 人是群體動物，人與人的互動很重要，剛剛大家合作一起搭金字塔，同學覺得最難或做有趣的是甚麼? 請各組簡短一句話發表。</p> <p>2. 教師在黑板上大富翁闖關格，其中 6 格問題解決、4 格機會命運，教師將下列情境卡隨機放入格子中。 問題解決題目: ◇ 當我遇到困難時，如何告訴組員以解決問題? ◇ 小組中有組員產生衝突時，會對小組產生什麼影響? 該如何處理?</p>	<p>1. 體驗並練習團隊合作完成任務。</p> <p>2. 探索差異的原因。</p> <p>15'</p> <p>2. 在團體中與人達成良好的溝通。</p>

<p> ✧ 小組中有組員不尊重團體意見、堅持自己的想法時，該如何處理？ ✧ 小組中有組員調皮搗蛋、不負責時，該怎麼辦？ ✧ 小組中有自己不喜歡的人，該怎麼辦？ ✧ 小組中人人都想當組長，該怎麼辦？ </p> <p> 3. 機會和命運由各組出題，設計小組共同合作活動題目，如：兩人三腳……，小組加分…等等。 4. 每組派一人丟骰子，碰到問題時由小組一起討論回答，其他組給予回饋；通過則換下一組進行。 5. 全班走玩大富翁遊戲即結束活動。 </p> <ul style="list-style-type: none"> ✓ Let's play a board game. ✓ Work with your team (together). ✓ Roll the dice. ✓ Tell us what you think/ Share your opinions. ✓ What can you do? ✓ Let's try again. <p> 三、統整活動 教師引導學生省思： </p> <p> 1. 教師請學生思考：在班級活動中，你曾看過或經歷過哪些爭吵或不愉快？是如何處理的？ </p> <ul style="list-style-type: none"> ✓ Have you seen people fighting in your class? ✓ Do you like it? How do you feel? ✓ What can you do to help? <p> 2. 藉由與學生的互動，請學生分享其心得並針對困難處提出討論，引導學生反思自己與團體的關係並試著發現造成團體互動衝突的原因及解決方法) </p> <ul style="list-style-type: none"> ✓ Are you happy in your group/ team/ class? Why or why not? ✓ What can you do to solve this problem? <p style="text-align: center;">第二節完</p>	<p>5'</p> <p>3.在生 活中運 用良好 的溝通 方式， 達到溝 通的目 的。</p>
<p>第三週</p>	<p>教學目標</p>
<p> 一、暖身活動 5'： 在團體中，如果遇到其他人有不同意見或想法時，就需要互相溝通。我們可能覺得如果跟別人表達自己不同的想法，別人可能會生氣或跟自己翻臉，但，真的是這樣嗎？我們一起來看看在這段影片中發生了甚麼事？ </p>	<p>1.適切表達個人的想法和感受。</p>

https://www.youtube.com/watch?v=fUXdrl9ch_Q

- ✓ What did you see ?
- ✓ What happen to the big bird? Little birds?
- ✓ How do you like it /this activity /this idea?
- ✓ How do you feel about it?
- ✓ Please tell me/ your neighbor / us.
- ✓ That's right. That's true.
- ✓ Will it be better if.....?
- ✓ It's better to (work in a work).
- ✓ Listen carefully.
- ✓ Pass me the (____), please.
- ✓ Hurry up! / Speed up! / Slowdown/ Quick! /Easy!

二、發展活動 20'：

1. 教師請學生思考學生手冊第 56 頁的情境，分組討論如何溝通表達，並用中英文實際演練。
2. 老師邀請各組代表上台演練分享，中英文皆可。



- ✓ What will you say or do if?
- (1) your classmates don't share the cleaning work?
- (2) Someone dropped your new color pencils on the floor!
- (3) your team lost a game because you missed a ball.
- ✓ There's something you can say.
- ✓ You can tell your classmate how you feel in a polite way.
 - (1-1) Could you tell me why you don't want to?
 - (1-2) Is there anything I can help?
 - (1-3) Maybe we can do it together.
 - (1-4) Let me help you.
 - (2-1) I am so sorry that I dropped your pencils.
 - (2-2) I didn't mean to (do that).
 - (3-1) Are you Okay? Did you hurt?
 - (3-2) Don't worry about the game.

2. 實際練習如何在團體中與人達成良好的溝通並適切表達個人的想法和感受。

3. 在生活中運用良好的溝通方式，達

<p style="text-align: center;">(3-3) It's not your fault.</p> <p>三、統整活動 15'：</p> <p>老師:良好的溝通方式，增進人際關係，運用在生活中；溝通能力愈強，做事愈容易成功，更能得到別人的尊重！</p> <ol style="list-style-type: none"> 1. 請學生檢視自己在演練過程中的溝通表現，並記錄在「溝通金頭 My Communication Check List 」學習單中。 2. 請學生與同組組員討論彼此的溝通盲點及強項，找出大家最難做到的點。並討論可以如何改變。 3. 邀請各組發表分享。 <ul style="list-style-type: none"> ✓ Communication Check list. ✓ Which part is the most difficult to do? ✓ Which is the easiest to do? ✓ How can you make a difference? <p style="margin-left: 2em;">Chick List Items:</p> <ul style="list-style-type: none"> ◇ Consider voice volume, tone and body language. ◇ Be respectful. ◇ Majority Rule. ◇ Be patient. ◇ No preconception. ◇ No interruption. ◇ Talk clearly and sincerely. ◇ Think before you talk. Be thoughtful. ◇ No criticizing. <p style="text-align: center;">第三節完</p>	<p>到溝通的目的</p>
<p>第四週</p>	<p>教學目標</p>
<p>一、暖身活動：5</p> <p>與人相處，良好的溝通是很重要的，互動的結果在於溝通的技巧，正所謂：「說者無心，聽者有意。」換位思考，站在別人的角度來看事物，或許就不會有衝突的發生。但說容易，坐時難，我們來看看發生甚麼事。</p> <p>https://www.youtube.com/watch?v=QttnhRBzl4M&index=9&list=PLnELI22kY1mroC03Ov_nDsUUW_U9_5yqY</p> <p>老師以 see / think / wonder 三面向思考策略帶孩子以中英文討論” I-Statement” 。</p> <ol style="list-style-type: none"> 1. 我看到… I see... 	<ol style="list-style-type: none"> 1. 省思自己對性別觀點，不能因性別以偏概全。

- 2. 我想到... I think ...
- 3. 我疑問... I wonder...

二、發展活動：20

- 「心情」、「想法」、「行為」彼此之間有很大的影響力

教師舉例：到走廊上排隊準備去上電腦課時，被同學踩到了腳。
(請學生)

1. 我的「想法」： I think...

- (1) 他一定是看我不順眼，才故意踩我
- (2) 他一定討厭我，才踩我
- (3) 他應該是不小心的

2. 我的「心情」： I feel...

(請學生依我的「想法」聯想我的「心情」)

- (1)
- (2)
- (3)

3. 我的「行為」： So I (do...)

(請學生依我的「想法」、「心情」聯想「行為」)

- (1)
- (2)
- (3)

- ✓ Showing students how can your thinking affect your mood to have different behaviors in three different situations.

- ✓ What if someone step on your foot? (on the way to the computer laboratory)

(Bad brings in bad)

◇ I think (he hates me).

◇ I feel (angry).

◇ So I kick him.

(Good brings in good)

◇ I think (he didn't mean it.)

◇ I feel (not so bad)

◇ So I say "it's alright".

- ✓ What if someone knock your things off the table?

- ✓ What if someone take your things without asking?

- ✓ What would you think?

- ✓ How do you feel?

- ✓ How will you react?

2.察覺性別差異與個別差異的不同。

3.以具體行動展現尊寵與欣賞他人的態度。

4.發表影響自己個別、喜好及能力發展的因素。

5.針對欣賞不同性別者的表現進行統整與反思。

- 這三種不同的想法各會發生不同的心情及行為，相信每個人一定都曾遭遇過：

1. 教師請學生寫下一件自己不愉快的經驗
 2. 當時你是如何回應？
 3. 要如何回應會更好？
 4. 再聽聽看，這些經過「化妝」的句子，聽起來的感受如何？
 5. 往後若遇到不愉快的事，你會如何轉換想法？
- ✓ Write down a bad (sad/angry/ disappointed) journal.
 - ✓ What happened? Where and who?
 - ✓ How did you feel at that moment?
 - ✓ What did you react to it?
 - ✓ Can we make it better if...?
 - ✓ Let's rewrite the story.
 - ✓ How can we change our thinking?

三、統整活動：10' Snap Cup 有你真好

(每人一張空白小卡)

1. 在溝通的過程中，無論事表達自己的聲音或是聽別人說話時，要注意同理心、禮貌、輕聲細語、友善的態度，充分運用溝通能力，即使面對困境，亦能迎刃而解。
2. 請大家用剛發下的小卡寫下一句對小組成員感謝、讚美或肯定的話。比如：“ ”之晴，謝謝你昨天借我鉛筆，讓我可以寫完數學習作” ”品謙，你很會灌籃，我覺得你很厲害。
3. 寫完請投進各組桌上的” Snap Cup”
4. 請各組同學分別抽出一張卡唸出上面所寫的字句。並互相鼓勵 Snap! Snap! Snap!
5. 老師最後拿出老師自己寫三張卡並大聲唸出讚美及肯定的話。
 - ✓ Thank you 40X. Thank you for always being very nice to me.
 - ✓ 40x is one of my favorite classes at school.
 - ✓ Boys and girls, you've proved yourselves good students.

第四節完

整每個單元的英語教室用語與學科專業英語

- 1
- (Good team work and bad team work)
- What do you see in the video?

- What happened to the deer/wolf/rabbit? Why?
- Are you afraid of telling other about how you feel?
- Tell me what you think.
- What would be different if you tell the truth?
- Are you good at communication?
- Are you a good talker/ listener?
- Let's play "Tell me what you see".
- Listen carefully. Ready? Go!
- Listen to what your team member and draw what you hear.
- Hurry up! Speed up! Quick!
- Which one is better? Who is winner?
- Do you like this activity?
- If you've finished, please sit down.
- How do you feel about it?
- What does "communication" mean?
- Is it a good communication if I talk and you listen?
- Who do you think is hard to communicate with?
- What is difficult to communicate about?
- When do you feel unease to communicate with others?
- Discuss with your team and write down your answers.
- Please come to the front and share your answers.

- 2
- Do you like to work together or work alone?
- Work with your team (together).
- Use robber bands to lift paper cups to build a pyramid.
- Do not use your hands.
- Pull / Pull harder / Let go / Put it down /Be careful.
- Let's try again.
- Let's play a board game.
- Work with your team (together).
- Roll the dice.
- Tell us what you think/ Share your opinions.
- What can you do?
- Let's try again.
- Have you seen people fighting in your class?
- Do you like it? How do you feel?
- What can you do to help?
- Are you happy in your group/ team/ class? Why or why not?

- What can you do to solve this problem?

- 3

- What did you see ?

- What happen to the big bird? Little birds?

- How do you like it /this activity /this idea?

- How do you feel about it?

- Please tell me/ your neighbor / us.

- That's right. That's true.

- Will it be better if.....?

- It's better to (work in a work).

- Listen carefully.

- Pass me the (____), please.

- Hurry up! / Speed up! / Slowdown/ Quick! /Easy!

- What will you say or do if?

 - ◆ your classmates don't share the cleaning work?

 - ◆ Someone dropped your new color pencils on the floor!

 - ◆ your team lost a game because you missed a ball.

- There's something you can say.

- You can tell your classmate how you feel in a polite way.

 - Could you tell me why you don't want to?

 - Is there anything I can help?

 - Maybe we can do it together.

 - Let me help you.

 - I am so sorry that I dropped your pencils.

 - I didn't mean to (do that).

 - (3-1) Are you Okay? Did you hurt?

 - (3-2) Don't worry about the game.

 - (3-3) It's not your fault.

- Communication Check list.

- Which part is the most difficult to do?

- Which is the easiest to do?

- How can you make a difference?

 - Chick List Items:

- Consider voice volume, tone and body language.

- Be respectful.

- Majority Rule.

- Be patient.

- No preconception.

- No interruption.
- Talk clearly and sincerely.
- Think before you talk. Be thoughtful.
- No criticizing.

- 4
- Showing students how can your thinking affect your mood to have different behaviors in three different situations.
- What if someone step on your foot? (on the way to the computer laboratory)
 - ◆ (Bad brings in bad)
- I think (he hates me).
- I feel (angry).
- So I kick him.
 - (Good brings in good)
- I think (he didn't mean it.)
- I feel (not so bad)
- So I say "it's alright".
- What if someone knock your things off the table?
- What if someone take your things without asking?
- What would you think?
- How do you feel?
- How will you react?
- Write down a bad (sad/angry/ disappointed) journal.
- What happened? Where and who?
- How did you feel at that moment?
- What did you react to it?
- Can we make it better if...?
- Let's rewrite the story.
- How can we change our thinking?
- Thank you 40X. Thank you for always being very nice to me.
- 40x is one of my favorite classes at school.
- Boys and girls, you've proved yourselves good students.

相關學科英語字彙與詞句：

talk / say / understand / know / listen to / communicate / ideas / think / like / opinions/ respect /obey/ interrupt/argue/fight / feel / pay attention / be responsible/ concentrate / to the point / criticize / rude / loud / quiet / polite / patient / majority / minority/ together/alone/ group / team/good /better/bad /worse/

- Talk with confidence. /Say it. / Tell me about it.
- What do you think?
- How do you like (it/ this idea?)
- Respect others. Work with others.
- Don't interrupt. (When someone's talking)
- Pay attention. (Listen carefully)
- Be patient. (Give others more time to say what they want to say.)
- Don't criticize people. Say something bad/good about people.