

教學單元名稱 家族休閒總動員

領域類別 綜合活動領域融入英語

適用年級: 四年級 班級數: 9 學生人數: 241

主教教師: 謝承翰

共備教師: 陳貞夙、黃素芳、謝承翰、黃郁雯

教學時間: 共160分鐘(4單元) 每週上課: 1 節

教學目標:

1. 說明和家人共同參與的聚會活動，並分享感受。
2. 了解舉辦家族聚會對家族凝聚力的影響力。
3. 分享和家人一起參與過的休閒活動，體會參加休閒活動後的感受。
4. 蒐集各式休閒活動，並找出適合和家人一起進行的活動。
5. 和家人共同規畫並進行家庭休閒活動。
6. 省思參與休閒活動的心得並發表感想。

能力指標: 2-2-3參與家庭事務，分享與家人休閒互動的經驗與感受。

教材來源: 康軒綜合活動四下 第8冊

相關學科英語字彙與詞句:

Family activity/ leisure time/ exercise/ indoor (outdoor) activity/

Play basketball (tennis, baseball) / Go cycling (rollerblading, swimming, jogging, for a walk) / Download movies to watch at home/ Play online games/ Play

Mahjong/ Go to a park (sightseeing, museum, night market, karaoke, hot spring)/

Listening/ understanding/ talk to/ share life experience

[Family Activities](#)

- Talk with confidence. /Say it. / Tell me about it.
- What do you think?
- How do you like (it/ this idea?)
- Respect others. Work with others.
- Don't interrupt. (When someone's talking)
- Pay attention. (Listen carefully)
- Be patient. (Give others more time to say what they want to say.)
- Don't criticize people. Say something bad/good about people.

教學資源: 教育部拍攝的「家庭教育年」宣傳影片, PPT, 學習單, 活動圖卡。

評量方式:

老師評量 (小組活動、活動參與、口頭發表級、態度評量、學習單)

學生互評 (討論發表、態度評量)

第一週	教學目標
<p>一、暖身活動：10</p> <p>教師播放教育部拍攝的「家庭教育年」宣傳影片，引發尋找家園、家人、家譜、家風、家訓等議題，引導學生看見家庭的價值，進而引發珍愛家庭的討論。</p> <ul style="list-style-type: none"> ✓ Let's watch this video first. ✓ Be quiet and focus! ✓ How do you feel about it? ✓ What is (your) family tree? ✓ Do you know any of your family instructions? <p>二、發展活動：25</p> <p>▲教師請學生分享在課前蒐集自己參加家族聚會的照片或影片，說說看，自己曾參加過哪些家族聚會？</p> <p>▲參加家族聚會活動，讓學生留下哪些回憶與感受？鼓勵學生分享家中曾發生的喜、怒、哀、樂故事，並思考這些故事帶給自己的想法。</p> <ul style="list-style-type: none"> ✓ What do you do when you have time out? ✓ Did you join any family activities before? ✓ How do you feel about it? ✓ Do you like it? <p>三、統整活動：5</p> <p>教師引導學生省思，對於家中所發生的喜、怒、哀、樂故事，不管事美好的、哀傷的，都應該以正向的態度去面對，因為這是家人共同的回憶，值得珍藏。</p> <ul style="list-style-type: none"> ✓ What did you see? ✓ Do you like this family activity? ✓ How do you like it /this activity /this idea? ✓ How do you feel about it? ✓ Please tell me/ your neighbor / us. ✓ That's right. That's true. <p style="text-align: center;">第一節完</p>	
第二週	教學目標
<p>一、暖身活動：10</p> <p>教師請學生完成學習問卷：自己的家中是否曾舉辦過家族聚會活動？請學生分享經驗。</p>	<p>1.分享和家人一起參與</p>

- ✓ Complete the worksheet including answer and draw each part.
- ✓ What family activity would you like to share?
- ✓ Where is that place?
- ✓ When did you and your family go there?
- ✓ What's happy moment with your family?
- ✓ What's sad moment with your family?
- ✓ What's angry moment with your family?
- ✓ What's funny moment with your family?

過的休閒活動，體會參加休閒活動後的感受。

二、發展活動：25

▲教師請學生比較自己的家族聚會活動和學生參與過的有哪些不一樣的地方。

▲想一想：

- (1) 為什麼要舉辦家族聚會？
- (2) 這些活動帶給家族什麼影響？
- (3) 如果可以的話，你希望大家在聚會時一起做什麼事？

- ✓ Compare with your group members.
- ✓ What're the differences?
- ✓ Which one do you like more?
- ✓ Would you like to try someone's family activity?
- ✓ Why do we need family activity?
- ✓ How can family activity help us?
- ✓ Listening/ understanding/ talk to/ share life

2. 蒐集各式休閒活動，並找出適合和家人一起進行的活動。

三、統整活動：5

教師引導學生省思：

▲教師說明：

- (1) 鼓勵學生和家人共同規劃與進行家族聚會活動
- (2) 家族活動對於家庭經營非常重要，透過節慶與特殊日子的「儀式」，會讓人深深感動，因為其中蘊含了關愛與祝福。

▲教師總結：多參加家族聚會活動，可以累積許多和家人相處的美好回憶。

- ✓ Homework: Go home and arrange a family activity with your family.
- ✓ Take pictures or write a journal of it.

3. 在生活中運用良好的溝通方式，達到溝通的目的。

第三週	教學目標
<p>一、暖身活動：8 教師介紹〈天下雜誌〉發起的「友善家庭運動」，讓學生了解，員工是公司重要的資產，因此，為員工創造幸福生活是公司努力的方向之一，對員工家庭友善是企業責任的展現。</p> <ul style="list-style-type: none"> ✓ Let's watch this video first. ✓ Be quiet and focus! ✓ How do you feel about it? ✓ Do you know any activities can help connect the family? <p>二、發展活動：25 ▲教師請學生分享曾經和家人一起做過的休閒活動。 1. 分享時不但要說出休閒活動的名稱、還要描述進行的地點、方式等內容。 2. 和家人一起進行這些活動時，帶給學生什麼感受？ ▲教師請學生思考：安排良好的休閒活動，對健康的生活有什麼意義？對生活會產生什麼改變？</p> <ul style="list-style-type: none"> ✓ Randomly choose students to the front. ✓ Draw a family activity card. ✓ Act it without saying the word. ✓ Other students need to take a guess. ✓ They also need to ask question before answering. <p>三、統整活動：7 和家人一起參與各種休閒活動可以培養多元興趣與健康的身心，並鼓勵學生多與家人持續共同規劃休閒活動。</p> <ul style="list-style-type: none"> ✓ Why do we need family activity? ✓ How can family activity help us? ✓ Listening/ understanding/ talk to/ share life <p style="text-align: center;">第三節完</p>	<p>1. 審思參與休閒活動的心得並發表感想。</p> <p>2. 覺察舉辦家族聚會對每個人的影響。</p> <p>3. 針對參與聚會活動的心得進行回饋與統整。</p>
第四週	教學目標
<p>一、暖身活動：15 ▲合作遊戲體驗： 規則說明： (1) 教師發給每組一個水桶、1 籃乒乓球，每人一段剖開的水管 (2) 傳接乒乓球，過程中只有第一個人可以用手將乒乓球放入水</p>	<p>1. 覺察合作的重要與必要性。</p>

<p>管，其他同學將水管相接，將乒乓球一顆接著一顆傳至水桶中。</p> <p>(3)當球掉下來時，必須從第一個人重新開始，最後統計各組在限定時間內運送的球數。</p> <ul style="list-style-type: none"> ✓ A bucket, 30 ping pong balls, 30 cured tube ✓ Each group need to lineup ✓ Only the first student can use hand to put the ping pong on the tube. ✓ The teams need to pass the ping pong from the first to the last bucket. ✓ If they drop the ball during the process, they need to start again. ✓ The first team finishes 5 balls win. <p>二、發展活動：20</p> <p>▲教師引導學生分享曾與家人一起體驗過的合作活動，如：大掃除、拼圖……等。參與合作活動時，有哪些事情是自己可以做的？哪些是需要家人從旁協助的？</p> <p>▲學生分享自己和家人一起合作的經驗和心情</p> <ul style="list-style-type: none"> ✓ How do you like the game? ✓ Why __ team can win so fast? ✓ When is the hardest part in this game? ✓ How to solve it? ✓ Did you communicate with your family before? <p>三、統整活動：5</p> <p>教師鼓勵學生與家人一起參與合作的活動，增加與家人共處的時間，感受與家人互動的情形。</p> <ul style="list-style-type: none"> ✓ How can you communicate with the others? ✓ Is communicate important? ✓ Share your story with the class. <p style="text-align: center;">第四節完</p>	<p>2. 體驗與他人連結與小組合作的感受。</p> <p>3. 思考團隊合作的不同面向覺察團隊合作的重要性。</p>
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<p>整每個單元的英語教室用語與學科專業英語</p> <ul style="list-style-type: none"> ● 1 ● Let's watch this video first. ● Be quiet and focus!
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- How do you feel about it?
- What is (your) family tree?
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- Did you join any family activities before?
- How do you feel about it?
- Do you like it?
- What did you see?
- Do you like this family activity?
- How do you like it /this activity /this idea?
- How do you feel about it?
- Please tell me/ your neighbor / us.
- That's right. That's true.

- 2
- Complete the worksheet including answer and draw each part.
- What family activity would you like to share?
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- What's sad moment with your family?
- What's angry moment with your family?
- What's funny moment with your family?
- Compare with your group members.
- What're the differences?
- Which one do you like more?
- Would you like to try someone's family activity?
- Why do we need family activity?
- How can family activity help us?
- Listening/ understanding/ talk to/ share life
- Homework: Go home and arrange a family activity with your family.
- Take pictures or write a journal of it.

- 3
- Let's watch this video first.
- Be quiet and focus!
- How do you feel about it?
- Do you know any activities can help connect the family?

- Randomly choose students to the front.
- Draw a family activity card.
- Act it without saying the word.
- Other students need to take a guess.
- They also need to ask question before answering.
- Why do we need family activity?
- How can family activity help us?
- Listening/ understanding/ talk to/ share life

- 4
- A bucket, 30 ping pong balls, 30 cured tube
- Each group need to lineup
- Only the first student can use hand to put the ping pong on the tube.
- The teams need to pass the ping pong from the first to the last bucket.
- If they drop the ball during the process, they need to start again.
- The first team finishes 5 balls win.
- How do you like the game?
- Why __ team can win so fast?
- When is the hardest part in this game?
- How to solve it?
- Did you communicate with your family before?
- How can you communicate with the others?
- Is communicate important?
- Share your story with the class.

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[Family Activities](#)

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