

教學單元名稱 嶄新的我

領域類別 綜合活動領域融入英語

適用年級: 五年級 班級數: 9 學生人數: ?

主教教師: 梁玉鈴

共備教師: 蘇文昭、王卉妤、梁玉鈴、黃郁雯

教學時間: 共200分鐘 (5節課) 每週上課: 1 節

教學目標:

1. 分享生活中對新環境的觀察經驗。
2. 表達過去適應新環境的經驗與感受。
3. 覺察升上五年級後, 在學校或家庭中, 和過去相同或不同的適應新環境經驗。
4. 就目前遭遇的問題, 討論適當的新環境適應策略。
5. 能訂立適應策略, 並與同學分享且互相給予回饋及修正。
6. 透過分享與討論, 學習多元適應環境的方法。

能力指標: 2-3-2 分享自己適應新環境的策略。

教材來源: 翰林綜合活動五上 第九冊

相關學科英語字彙:

動詞: expect / worry / face / notice / solve / become

名詞: difference / difficulty / situation / problem / sticky note / solution / change

形容詞: worried / similar

相關學科英語詞句:

Content Language	Procedure Language
What do you think?	Respect others.
Share your ideals with each other.	Work with others.
Do you worry about anything?	Pay attention. (Listen carefully)
Don't worry!	Please be quiet.
Are you nervous ? Sad ? Worried?	Be polite.
	Thank you for sharing.

教學資源: 學習單、紙卡、全開壁報紙、ppt、便利貼、小白板、YouTube 影片:

<https://www.youtube.com/watch?v=ev-oFnOuaiY>

<https://www.youtube.com/watch?v=l7g8Atv27Q8>

評量方式:

老師評量 (小組活動、實作活動、口頭發表、態度評量、學習單)

學生互評 (討論發表、態度評量)

第一週	教學目標
<p>一、暖身活動：5’</p> <p>觀看影片，讓學生觀看影片至 4’ 28 。</p> <p>https://www.youtube.com/watch?v=ev-oFnOuaiY</p> <ul style="list-style-type: none"> ● 說說影片中的主角 Wemberly 擔心甚麼？ ● 奶奶說：「她擔心太多了。」你同意嗎？ ✓ What does Wemberly worry about? ✓ Do you think Wemberly worries too much? ✓ Do you worry about anything? <p>二、發展活動：25’</p> <p>1. 學生回答學習單上的問題：</p> <ul style="list-style-type: none"> ● 到新環境時，你的感受是什麼？ ● 到新環境時，第一個會留意的東西是什麼？ ● 到新環境時，第一個會留意的人是誰？ ● 到新環境時，你會擔心遇到什麼狀況？ ● 到新環境時，如果遇到和你原本期待不同的狀況，你會如何應變？ ● 分享過去轉變新環境時，你的成功或失敗經驗。 ✓ How do you feel when you are at a new place? ✓ What is the first thing that you notice? ✓ Who is the first person that you notice? ✓ What do you worry the most? ✓ What would you do when things are not what you are expecting? <p>2. 離開座位分享自己的學習單，每一個問題找一個同學分享，並請同學簽名，完成學習單。</p> <ul style="list-style-type: none"> ✓ Ask other classmates to sign after they answer the questions. <p>三、統整活動：10’</p> <p>教師總結：</p> <p>在生活中我們經常會有遭遇新環境的時候，除了外在環境外，有時心理也會產生改變，我們可以透過接下來的活動，來了解如何適應新活動。</p> <ul style="list-style-type: none"> ● 發表聽到同學的經驗中，令自己印象深刻的事。 ● 同學是怎麼說的？ ✓ Share what you heard. ✓ Do you know what to do when you are in a new place? ✓ Are you nervous? Sad? Worried? 	<p>1. 透過影片覺察自己是否也有同樣的疑慮。</p> <p>2. 說出對新環境的經驗感受。</p> <p>3. 思考遭遇新環境改變，心理產生的變化。</p>

<p>✓ What would you do when you are nervous/ sad/ worried.</p> <p style="text-align: center;">第一節完</p>	
<p>第二週</p>	<p>教學目標</p>
<p>一、暖身活動：5’</p> <p>觀看影片，讓學生觀看影片從 4’ 28 到結束。 https://www.youtube.com/watch?v=ev-oFnQuaiY</p> <p>前情提要~影片中的主角，面臨入學第一天她的擔心，從影片當中。她發現原來有人和她一樣擔心進入到新的環境。</p> <ul style="list-style-type: none"> ✓ Who is she? ✓ What is she worried about? ✓ Do you worry about meeting new classmates/ teachers? ✓ What happened at the end? <p>二、發展活動：25’</p> <p>1. 經驗分享：</p> <ul style="list-style-type: none"> ● 先說說看，在過去的成長經驗中，大家遇過哪些新環境的變換？ ● 當面臨這些新環境的變換時，你心裡的感觉是什麼呢？ <ul style="list-style-type: none"> ✓ Have you ever had any changes before? ✓ How did you feel when it happened? ✓ Thank you for sharing. ✓ Great! Brilliant! <p>2. 學生書寫” My worries!” 學習單。</p> <ul style="list-style-type: none"> ● 學生寫下自己的擔心。 ● 再比較和他人所擔心的事相同與否。 ● 藉此了解每個人在面臨不同的新環境轉變時，都會有類似的情緒和不同的應變方式，雖然這些方式有的成功，有的失敗，但都可以當作我們的借鏡，讓我們可以在面對類似的情況時，有不同的思考方式。 <ul style="list-style-type: none"> ✓ Please write down things that you worry about? ✓ Ask the person sits next to you what she/ he worries? ✓ Do you worry about the same thing? Or different things? ✓ What do you do when you worry about something? 	<p>1. 適切表達個人的想法和感受。</p> <p>2. 探索自己的感受和比較與他人的差異。</p>

<p>三、統整活動：10'</p> <p>教師總結：</p> <p>從同學的分享當中，我們可以知道，當面臨新環境時，不論是對周遭環境產生的陌生、恐懼感，還是心理產生的不安情緒等，都是正常的，勇敢面對心裡的恐懼，並尋求協助，找出方法克服與適應，必定能讓自己一次又一次面對新環境時，更有勇氣與自信。</p> <ul style="list-style-type: none"> ✓ It's okay to feel unhappy when facing problems. ✓ What to do when you are worried about something?. ✓ Would you try different ways to solve the problems? ✓ Would you ask for help if you really can't think of any solutions? <p style="text-align: center;">第二節完</p>	<p>3.透過他人的分享，省思尋求協助和適應新環境的方法。</p>
<p>第三週</p>	
<p>一、暖身活動：5'</p> <p>透過 ppt 裡的人、事、物圖片，探究其所擔心的事物。</p> <ul style="list-style-type: none"> ● 在圖片 1 中可以看到，你覺得她擔心甚麼？ ● 在圖片 2 中可以看到，你覺得他擔心甚麼？ ● 在圖片 3 中可以看到，你覺得他擔心甚麼？ ● 在圖片 4 中可以看到，你覺得大家擔心甚麼？ ✓ What do you see in the picture? ✓ What does he / she worry about? ✓ What do they worry about? <p>二、發展活動：30'</p> <ol style="list-style-type: none"> 1. 請學生覺察升上五年級後，生活上有哪些轉變？ <ul style="list-style-type: none"> ● 請先說說看，升上五年級後，在學校或家庭中，有哪些和過去相同或不同的適應新環境經驗？ ✓ Any changes after becoming the fifth graders? ✓ Did you have any similar experience before? 2. 請學生將完成的紙卡投入箱子內，抽籤找人上台抽出卡片並讀出卡片上的情況。並請其他同學分享是否有相同的感受與經驗。之後在將紙卡貼在全開壁報紙上(教師先將問題型態分類，學生依據紙卡上的情況貼在所對應的類型上)。 <ul style="list-style-type: none"> ● 在紙卡上寫下升上五年級後，在學校或家庭中，生活上或課業上、人際關係上有遭遇哪些不適應的情形？ ● 將完成的紙卡投入箱子內，抽籤請同學上來取出小卡後讀 	<p>1.適切表達個人的想法。</p> <p>2. 表達自己遭遇適應或不適應的情形。</p>

<p>出。</p> <ul style="list-style-type: none"> ● 請其他同學分享自己是否也有相似感受與情況。 ● 將紙卡貼在全開壁報紙上。 <ul style="list-style-type: none"> ✓ Write down the problems you have at school and at home ? ✓ You don't need to write your name. ✓ Put your card in the box when you are finished. ✓ Now let's take turns to read the cards. ✓ Please read it loudly so everyone can hear you. ✓ Does anyone have the same problem? ✓ Let's put them one the poster. <p>三、總結活動：3'</p> <p>教師總結：</p> <p>依據全開壁報紙上的紙卡分類，可以得知升上五年級的同學們普遍遇到的問題有哪些，除了鼓勵學生勇敢說出心裡的不安，也讓他們知道並不是只有自己有這方面的問題，增進彼此的了解，產生互相支持的認同感，以帶出下節課進行解決策略的討論氛圍。</p> <ul style="list-style-type: none"> ✓ A lot of people have the same experience, right? ✓ We all face the same problem. ✓ Whenever you feel worried, you can always talk to friends or family. <p style="text-align: center;">第三節完</p>	<p>3. 表達自己內心的感受。</p>
<p>第四週</p>	
<p>一、暖身活動：5'</p> <p>教師播放 https://www.youtube.com/watch?v=l7g8Atv27Q8，並提問：</p> <ul style="list-style-type: none"> ● 影片中的主角 Joey 擔心甚麼？ ● 老師給的建議是甚麼？ ● 他最後如何解決？ <ul style="list-style-type: none"> ✓ In the video what does Joey worry about? ✓ What does the teacher say? ✓ Did he feel better at the end? <p>二、發展活動：30'</p>	<p>教學目標</p> <p>1. 知道如何面對擔心與解決之道。</p>

<p>1. 分組討論：</p> <ul style="list-style-type: none"> ● 每一組(分五組)提出一個曾經遇過的適應問題在小白板上，先貼在黑板上，然後寫下當時的解決方法在便利貼上。 ● 輪流針對其他組別提出的問題進行討論，分別在便利貼上寫下解決的方法，將便利貼貼在問題小白板上。 ● 小組拿回各自提出的問題，觀察其他組的解決方法和自己的是否相同。 ● 上台發表，說明問題、自己的解決方法，及觀察發現。 <ul style="list-style-type: none"> ✓ Let's work in group. ✓ Please write down one problem that happened on you before on the mini whiteboard. ✓ And write down how you solved the problem on the sticky note. ✓ Put the sticky notes on the mini whiteboard. ✓ Please sit down when you are finished. ✓ Do you need more time? ✓ Take back the mini whiteboard and check how other teams solve your problem. ✓ Do you have the same or different solutions? ✓ Let's share your answers. <p>三、統整活動：5'</p> <ul style="list-style-type: none"> ● 教師引導學生省思：每個人在面對環境變化時的反應皆不相同，因此策略也會不同，專注聆聽並尊重每個人的差異，也能試著將不錯的策略記下來，做為日後適應的參考。 ● 教師請每一個學生，回家先思考一個尚未解決的新環境適應問題，訂定一個策略，寫在筆記本上，下節課與同學分享。 <ul style="list-style-type: none"> ✓ What do you learn from others? ✓ Write down the good solutions on your notebook. ✓ Think of one unsolved problem and write down your solution on your notebook. ✓ Let's share with your classmates next class. <p style="text-align: center;">第四節完</p>	<p>2. 察覺自己和他人個別差異的不同。</p> <p>3. 能與他人合作並提出解決辦法。</p> <p>4. 發表自己的發現。</p> <p>5. 針對他人所提的策略進行統整與反思。</p>
<p>第五週</p>	<p>教學目標</p>
<p>一、暖身活動：10'</p> <p>請學生在組內分享自己尚待克服的問題及解決策略，並互相討論</p>	<p>1. 能相</p>

<p>回饋，寫下修正的策略，完成每一個人的適應策略記錄。</p> <ul style="list-style-type: none"> ✓ Please share your solutions with your teammates. ✓ Discuss your answer with your classmate. ✓ Do you make any changes for the solutions? ✓ Write down your solutions and solutions from others. <p>二、發展活動:25'</p> <ul style="list-style-type: none"> ● 分組角色扮演：各組以組內提出的適應問題為素材，討論一個情境劇本，內容必須完整呈現背景、問題、策略解決、結果。 ● 輪流上台演出，台下的同學在演出後給予鼓勵與回饋。 <ul style="list-style-type: none"> ✓ Let's work in group. ✓ Let's think of a situation. ✓ Who are they in the situation? ✓ What happened? ✓ What would you do? ✓ Let's give them a big hand. ✓ Well done! ✓ What do you think about their solution? <p>三、統整活動:5'</p> <p>教師總結說明，班上同學提出的適應問題與策略，不論是家庭中或是學校裡的，都應該以積極、樂觀的態度去面對。不管是家人、朋友、同學及老師，都是可以提供協助的對象。多練習分享、聆聽和請教，最重要的是行動，只要願意改變都有成長的可能喔!</p> <ul style="list-style-type: none"> ✓ What would you do when you face the problems? ✓ Would you ask for help? ✓ Would you solve it yourself? ✓ Would you talk to others about it? <p style="text-align: center;">第五節完</p>	<p>互討論並修正策略。</p> <p>2. 能勇於表現自己並鼓勵他人的表現。</p> <p>3. 能樂觀積極面對問題。</p>
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整每個單元的英語教室用語與學科專業英語

- 1
- What does Wemberly worry about?
- Do you think Wemberly worries too much?
- Do you worry about anything?
- How do you feel when you are at a new place?
- What is the first thing that you notice?

- Who is the first person that you notice?
- What do you worry the most?
- What would you do when things are not what you are expecting?
- Ask other classmates to sign after they answer the questions.
- Share what you heard.
- Do you know what to do when you are in a new place?
- Are you nervous? Sad? Worried?
- What would you do when you are nervous/ sad/ worried.

- 2
- Who is she?
- What is she worried about?
- Do you worry about meeting new classmates/ teachers ?
- What happened at the end?
- Have you ever had any changes before?
- How did you feel when it happened?
- Thank you for sharing.
- Great! Brilliant!
- Please write down things that you worry about?
- Ask the person sits next to you what she/ he worries?
- Do you worry about the same thing? Or different things?
- What do you do when you worry about something?
- It's okay to feel unhappy when facing problems.
- What to do when you are worried about something?.
- Would you try different ways to solve the problems?
- Would you ask for help if you really can't think of any solutions?

- 3
- What do you see in the picture?
- What does he / she worry about?
- What do they worry about?
- Any changes after becoming the fifth graders?
- Did you have any similar experience before?
- Write down the problems you have at school and at home ?
- You don't need to write your name.
- Put your card in the box when you are finished.
- Now let's take turns to read the cards.
- Please read it loudly so everyone can hear you.

- Does anyone have the same problem?
- Let's put them on the poster.
- A lot of people have the same experience, right?
- We all face the same problem.
- Whenever you feel worried, you can always talk to friends or family.

- 4
- In the video what does Joey worry about?
- What does the teacher say?
- Did he feel better at the end?
- Let's work in group.
- Please write down one problem that happened on you before on the mini whiteboard.
- And write down how you solved the problem on the sticky note.
- Put the sticky notes on the mini whiteboard.
- Please sit down when you are finished.
- Do you need more time?
- Take back the mini whiteboard and check how other teams solve your problem.
- Do you have the same or different solutions?
- Let's share your answers.
- What do you learn from others?
- Write down the good solutions on your notebook.
- Think of one unsolved problem and write down your solution on your notebook.
- Let's share with your classmates next class.

- 5
- Please share your solutions with your teammates.
- Discuss your answer with your classmate.
- Do you make any changes for the solutions?
- Write down your solutions and solutions from others.
- Let's work in group.
- Let's think of a situation.
- Who are they in the situation?
- What happened?
- What would you do?
- Let's give them a big hand.

- Well done!
- What do you think about their solution?
- What would you do when you face the problems?
- Would you ask for help?
- Would you solve it yourself?
- Would you talk to others about it?

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名詞: difference / difficulty/ situation / problem / sticky note / solution/ change

形容詞: worried / similar

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Are you nervous ? Sad ? Worried?	Be polite.
	Thank you for sharing.