

宜蘭縣宜蘭市黎明國小 109 下學期沉浸式英語教案

二年級英語融入健體領域體育課教學之教學設計與評量-主題一拍球

主題名稱	拍球	教學設計者	簡雯敏老師
教學對象	二年級	教學節次	2 週 4 節/每週 2 節
學習表現	<p>1c- I -1 認識身體活動的基本動作。 1c- I -2 認識基本的運動常識。</p> <p>2c- I -1 表現尊重的團體互動行為。 2c- I -2 表現認真參與的學習態度</p> <p>2d- I -1 專注觀賞他人的動作表現。 3c- I -2 表現安全的身體活動行為。</p> <p>3d- I -1 應用基本動作常識，處理練習或遊戲問題。</p>		
學習內容	<p>Ab- I -1 體適能遊戲。 Bc- I -1 各項暖身伸展動作。</p> <p>Cb- I -1 運動安全常識、運動對身體健康的益處。</p> <p>Cb- I -2 班級體育活動。</p> <p>Fa- I -2 與家人及朋友和諧相處的方式。</p> <p>Ga- I -1 走、跑、跳與投擲遊戲。</p>		
教學方法	實作教學、遊戲教學		
英語學習 Content vocabulary/ sentences patterns	<p>英語單字：</p> <p>動作：walk, run, shuffle run, forward, backward, S-shapes, 身體：head, nose, arms, shoulders, knees, legs, toes, foot, hand, fingers, palm, 拍球：Bounce the ball. Walk forward while bouncing the ball. Walk backward while bouncing the ball. Side walk while bouncing the ball. 熱身操 Warm up. Tilt my head. Rotate my head. Rotate my wrists and ankles. Rotate my knees. Squat down and stand up. Arms push forward and up. Small arm circles. Big arm circles. Give you a big hand. Waist my waist. Bend my back forward and backward. Lunge. Head touch toes and close your body. Bend my knees and straighten my leg. Run in place. Jumping Jacks. March in place. Hold up my knees. Breathe in and breathe out. 數字：number, 1~50 指令：Attention. Eyes front. Left turn. Right turn. Around turn. Look at the center. Spread out. Assemble. Ready! Set! Go! 教室用語：Good morning/afternoon. Is everybody here? Check your sportswear and sneakers. Eyes on me. Look at me. Good job! Great! Excellent! Good for you. Wait. Stop. Go. Show me. Take a bow. 英語片語/句子：Walk forward while bouncing the ball. Walk backward while bouncing the ball. Side walk while bouncing the ball.</p>		
教學活動		教具	評量

<p>Theme one : Bouncing the Ball</p> <p><b>*Session One*</b></p> <p>Learning Performance : 1c- I -1, 1c- I -2, 3c- I -2;</p> <p>Learning Content : Bc- I -1, Cb- I -1</p> <p><b>Greeting</b></p> <p>Tr : Good morning/afternoon.</p> <p>Tr : Is everybody here?-&gt; Ss: Yes, everybody is here. /No.</p> <p>Tr : Who is not here?/ Ss: Number XX is not here.</p> <p>Tr: Check your sportswear and sneakers.</p> <p><b>Warm up activities</b></p> <p>Tr: Everybody, spread out!</p> <p>Tr: Center! Ss: Hands up!</p> <p>Tr: Look at the center. Ss: Hands forward.</p> <p>Tr: Look forward. Ss: Hands down.</p> <p>Tr: Who are the warm-up teachers today? Raise your hand.</p> <p>Tr: Today who says 1,2,3,4? The boys or the girls?</p> <p>Ss: The boys.</p> <p>Tr: What is number 1? Ss: Tilt my head.</p> <p>Tr: What is number 2? Ss: Rotate my head.</p> <p>Tr: What is number 3? Ss: Rotate my wrists and ankles.</p> <p>Tr: Number 4? Ss: Rotate my knees.</p> <p>Tr: Number 5? Ss: Squat down and stand up.</p> <p>Tr: Number 6? Ss: Arms push forward and up.</p> <p>Tr: Number 7? Ss: Small arm circles.</p> <p>Tr: Number 8? Ss: Big arm circles.</p> <p>Tr: Number 9? Ss: Give you a big hand.</p> <p>Tr: Number 10? Ss: Twist my waist.</p> <p>Tr: Number 11? Ss: Bend my back forward and backward.</p> <p>Tr: Number 12? Ss: Lunge.</p> <p>Tr: Number 13? Ss: Your head touches your toes and close your body.</p> <p>Tr: Number 14? Ss: Bend my knees and straighten my leg.</p> <p>Tr: Wait. Change side.</p> <p>Tr: Number 15? Ss: Run in place.</p> <p>Tr: How many steps? Ss: 60.</p> <p>Tr: Number 16? Ss: Jumping Jacks.</p>	<p>Ball*30 Traffic cone*8</p>	<p>實作評量 學生操演熱 身操動作(學 生能聽懂老 師的英語指 令，並能回 應)</p>
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<p>Tr: How many times? Ss: 35.</p> <p>Tr: Number 17? Ss: March in place.</p> <p>Tr: Number 18? Ss: Hold up my knees.</p> <p>Tr: Number 19? Ss: Breathe in and breathe out.</p> <p>Tr: Everybody, assemble! Today's warm-up teachers are Teacher XX and Teacher XX.</p> <p>Tr: Take a bow.</p> <p>Warm-up teachers: Thank you, everybody. Ss: You're welcome.</p> <p><b>Practice</b></p> <p>Tr: Today we will learn how to bounce the ball.</p> <p>Walk forward while bouncing the ball.</p> <p>Walk backward while bouncing the ball.</p> <p>Walk side to side while bouncing the ball.</p> <p>Walk in an s-shape while bouncing the ball</p> <p>Dribble the ball and walk in circle.</p> <p>Tips: (1) Use your finger not your palm to bounce the ball.</p> <p>(2) Keep the height about your waist. It's easier to control the ball.</p> <p>(3) Keep the ball in diagonally forward. Eyes on the ball.</p> <p><b>*Session Two*</b></p> <p>Learning Performance : 1c- I -1, 1c- I -2, 3c- I -2;</p> <p>Learning Content : Bc- I -1, Cb- I -1</p> <p><b>Greeting &amp; Warm-up Activities</b></p> <p>The same as Session One.</p> <p><b>Practice</b></p> <ol style="list-style-type: none"> <li>Shuffle Run <ul style="list-style-type: none"> <li>Run forward.</li> <li>Side Running</li> <li>Run backward</li> </ul> </li> <li>Bouncing the Ball <ol style="list-style-type: none"> <li>Walk forward while bouncing the ball</li> <li>Side walk while bouncing he ball</li> </ol> </li> </ol>	<p>Ball*30</p> <p>Traffic cone*8</p>	<p>實作評量： 學生能依老師的示範及說明進行拍球動作。</p> <p>實作評量： 學生能依老師的示範及說明進行拍球的變化動作。</p>
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<p>(3) Walk backward while bouncing the ball</p> <p>(4) Walk as S-shape while bouncing the ball</p> <p>Tips:</p> <ul style="list-style-type: none"><li>A. Keep the ball at diagonally forward. Eyes on the ball.</li><li>B. Slow down, lower your body and pay attention.</li></ul> <p>3. Comprehensive Bouncing Ball Activity</p> <p>Tr: Do the following movement while bouncing the ball.</p> <p>Tr: Walk forward first, then walk s-shape around the traffic cones, and then walk backward to the start line.</p>		
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