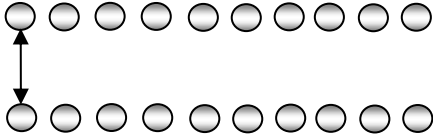


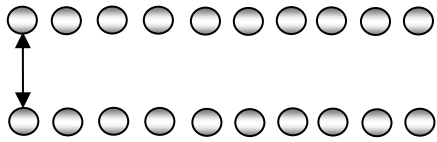
臺中市 109 學年度國民中小學推動雙語教學教案設計

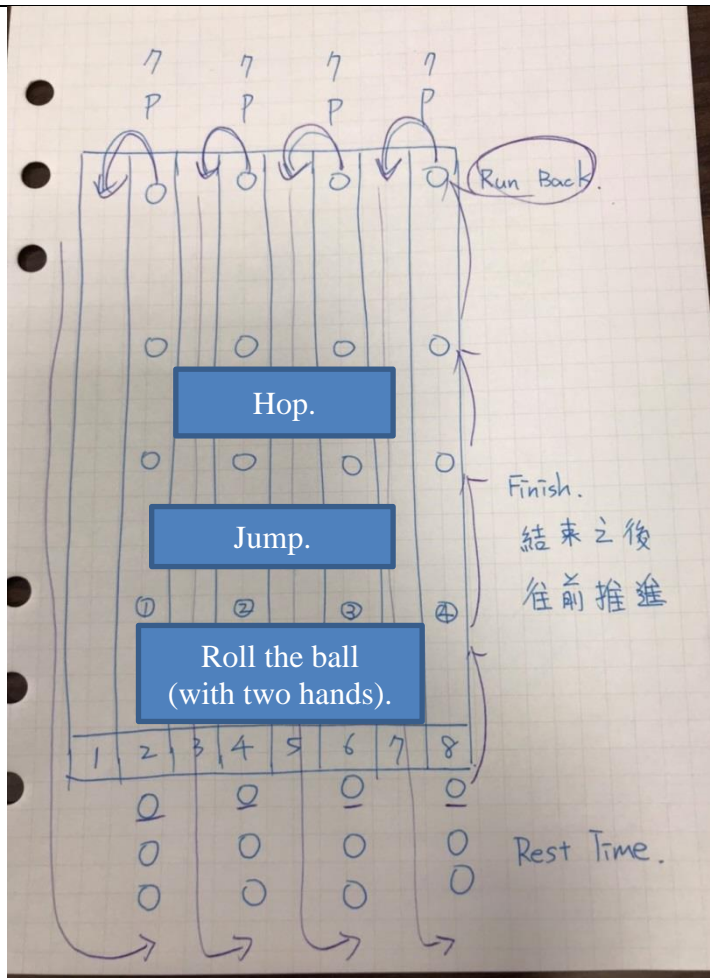
臺中市（豐原區）瑞穗國小

課程名稱 Course Title	和球做朋友	教案設計者 Designer	瑞穗國小雙語團隊
融入學科領域 Integrated Domain Subjects	<input type="checkbox"/> 藝術 <input checked="" type="checkbox"/> 健康與體育 <input type="checkbox"/> 綜合活動 <input type="checkbox"/> 生活課程 <input type="checkbox"/> 數學 <input type="checkbox"/> 自然科學 <input type="checkbox"/> 科技 <input type="checkbox"/> 彈性課程 備註：不包含語文及社會領域		
議題融入 Integrated Issues (無則免填)	<input type="checkbox"/> 性別平等教育 <input type="checkbox"/> 人權教育 <input type="checkbox"/> 環境教育 <input type="checkbox"/> 海洋教育 <input type="checkbox"/> 品德教育 <input type="checkbox"/> 生命教育 <input type="checkbox"/> 法治教育 <input type="checkbox"/> 科技教育 <input type="checkbox"/> 資訊教育 <input type="checkbox"/> 能源教育 <input type="checkbox"/> 安全教育 <input type="checkbox"/> 防災教育 <input type="checkbox"/> 家庭教育 <input type="checkbox"/> 生涯規劃教育 <input type="checkbox"/> 多元文化教育 <input type="checkbox"/> 閱讀素養 <input type="checkbox"/> 戶外教育 <input type="checkbox"/> 國際教育 <input type="checkbox"/> 原住民族教育		
實施年級 Grade level	一、二年級	授課時間 Duration	共 8 節，320 分鐘
學科核心素養 對應內容 MOE Core Competencies	總綱 General Guideline	A1 身心素養與自我精進 B1 符號運用與溝通表達 C2 人際關係與團隊合作	
	領綱 Subject-specific Guideline	健體-E-A1 具備良好身體活動與健康生活習慣，以促進身心健全發展，並認識個人特質，發展運動與保健的潛能。 健體-E-C2 具備同理他人感受，在體育活動和健康生活中樂於與人互動、公平競爭，並與團隊成員，促進身心健康。 英-E-B1 具備入門的聽、說、讀、寫英語文能力。能運用所學字詞及句型進行日常溝通。	
學科學習重點 Essential Learning Focuses	學習表現 Student performance	1c-I-1 認識身體活動的基本動作 2d-I-1 專注觀賞他人的動作表現 3c-I-1 表現基本動作與模仿的能力 1-II-7 能聽懂課堂中所學的字詞。 1-II-8 能聽懂簡易的教室用語。 1-II-9 能聽懂簡易的日常生活用語。 1-II-10 能聽懂簡易句型的句子。 2-II-3 能說出課堂中所學的字詞。 2-II-4 能使用簡易的教室用語。	
	學習內容 Learning content	Bc-I-1 各項暖身伸展動作。 Ib-I-1 唱、跳與模仿性律動遊戲。 Ac-II-1 簡易的教室用語。 Ac-II-2 簡易的生活用語。	
學科單元 學習目標 Subjects Unit Learning Goals	1. 在活動中表達出對肢體各部位的認識及完整概念，並能靈活操作「球」。 2. 能主動參與各種球類活動。 3. 能專注欣賞他人優良動作表現。		

語言學習內容 Language of learning			
語言學習目標 Language Learning Goals	1. 目標字詞 Target vocabulary: (1)ball, head, hips, legs, feet, hands, (2)介係詞: around, over, under, between (3)動作: turn, bend, clap, roll, throw, catch, pass, bounce, walk, play, jump, hop 2. 目標句型 Target sentence-patterns: Roll/Pass/Bounce/Throw/ Catch the ball.		
節次配置 Title of Each Period	第一節 Move the Ball 第二節 Roll the Ball- Both Hands 第三節 Roll the Ball- One Hand 第四節 Pass the Ball 第五節 Throw, Bounce and Catch 第六節 Throw, Clap and catch 第七節 Play with the Ball 第八節 Bounce the Ball		
教學材料資源及器材 Teaching materials and equipment	*學生名冊 *軟球，硬球 *呼拉圈，角錐 *碼錶，哨子 *課堂以英語解說輔以示範，如學生無法理解，或活動出現問題，再輔以中文說明。		
第一節 (40分鐘) Move the Ball			
Content goals	1. 在活動中表達出對肢體各部位的認識。 2. 能在活動中，聽老師指令靈活操作球。		
Language goals	1. Listening Ss are able to understand: Move the ball around your head/ hips/ legs/ feet. 2. Speaking Ss are able to say “(It’ s) A ball.”		
教學流程 Procedures	一、暖身活動： 1. Greetings and call the roll. 2. T: Center, hands up.	時間配置 Time Allocation	評量方式 Assessment

	<p>Ss: Hands up. T: Hands out. S: Out! T: Attention! S: 1, 2.</p> <p>2. Let' s warm up! (如附件 1) 3. Run one lap. Go!</p> <p>二、發展活動</p> <p>1. Time to group up (boys face girls in two lines) (as figure)</p>  <p>T: What' s it? Ss:(It' s) A ball.</p> <p>2. T: Now, move the ball around your head. Boys first while girls sing the alphabet. Then girls while boys sing the alphabet.</p> <p>3. ... around your hips. 4. ... around your legs. 5. ... around your feet. 6. Sit down. Cross your legs. Move the ball around your body.</p> <p>三、綜合活動</p> <p>1. 問學生” What' s it?” 學生回答(It' s) A ball. 2. 詢問上課內容是否瞭解。教師做動作並引導學生說 Move the ball around the head/ hips/ legs/ feet. 3. 詢問可否完成動作及困難點。</p> <p style="text-align: center;">第一節 結束</p>	<p>13'</p> <p>2'</p> <p>20'</p> <p>5'</p>	<p>口語評量</p> <p>實作評量</p>
第二節 (40 分鐘) Roll the ball- Both Hands			
Content goals	<p>1. 能夠在傳(滾)球的過程中，雙手控制球滾動的方向及傳球力度。 2. 能夠認真參與活動。</p>		
Language goals	<p>1. Listening Ss are able to understand: Roll/ Catch the ball with two hands. 2. Speaking Ss are able to say:</p>		

		Roll the ball. Catch the ball.		
教學流程 Procedures	<p>一、暖身活動：</p> <p>1. Greetings and call the roll.</p> <p>2. T: Center, hands up. Ss: Hands up. T: Hands out. S: Out! T: Attention! S: 1, 2.</p> <p>3. Let' s warm up! (如附件1)</p> <p>4. Run one lap. Go!</p>	時間配置 Time Allocation	評量方式 Assessment	
		10'		
	<p>二、發展活動</p> <p>1. T: Time to group up (two students, one group) Sit face to face.</p>  <p>T: S1, roll the ball with two hands. T: S2, catch the ball with two hands. T: Then S2, roll the ball with two hands. T: S1, catch the ball with two hands. (Have the students say, "Roll the ball." "Catch the ball.")</p>	5'	實作評量 口說評量	
	<p>2. Two students, one group T: Stand up. T: S1, turn around and open your feet. T: S2, roll the ball through the two feet. T: S1, bend and catch the ball. Then switch.</p>	5'	實作評量	
<p>3. Fire course! *Teacher sets up fire course as photo below. Time to group up (four groups, 6-7 students per group)</p>	15'	觀察評量		



三、綜合活動

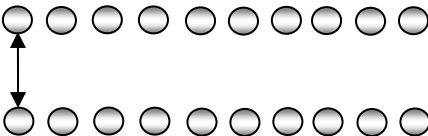
1. 詢問上課內容是否瞭解，並引導學生說“Roll the ball.” “Catch the ball.”
2. 詢問可否完成動作及困難點。

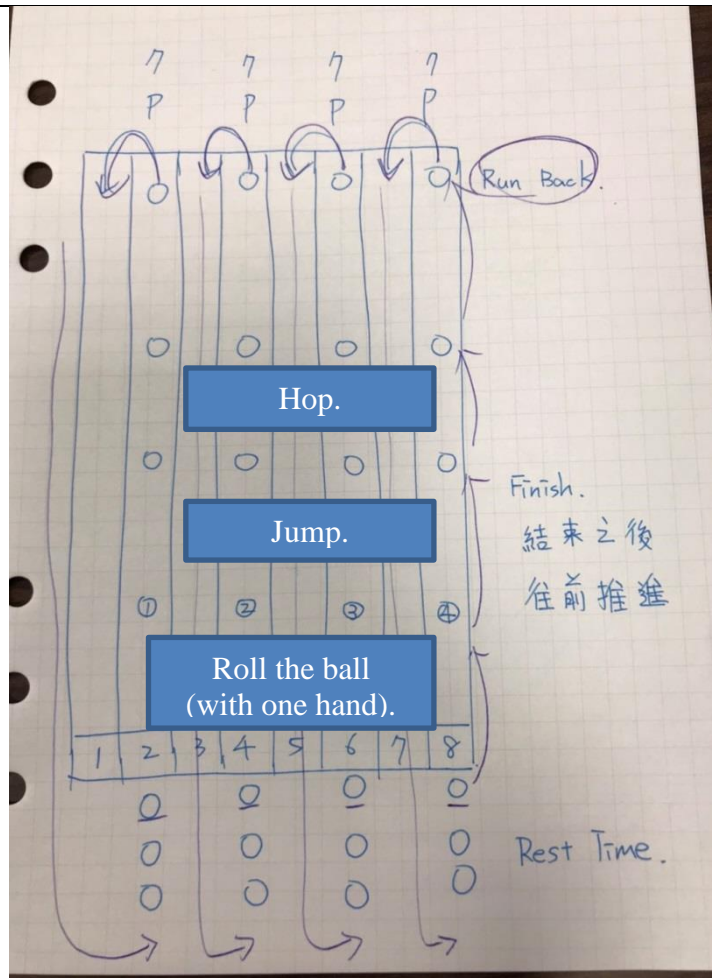
第二節 結束

5'

第三節 (40分鐘) Roll the Ball- One Hand

Content goals	<ol style="list-style-type: none"> 1. 能夠在傳(滾)球的過程中，單手控制球的位置及傳球力度。 2. 能夠認真參與活動 		
Language goals	<ol style="list-style-type: none"> 1. Listening Ss are able to understand: Roll/ Catch the ball with two/one hand(s). 2. Speaking Ss are able to say: Roll the ball. Catch the ball. 		
教學流程 Procedures	<p style="text-align: center;">第三節</p> <p>一、暖身活動：</p> <ol style="list-style-type: none"> 1. Greetings and call the roll 	時間配置 Time Allocation	評量方式 Assessment

	<p>2. T: Center, hands up. Ss: Hands up. T: Hands out. T: Attention! S:1, 2.</p> <p>3. Let' s warm up! (如附件 1)</p> <p>4. Run one lap. Go!</p> <p>二、發展活動</p> <p>1. Time to group up (two students, one group) Sit face to face.</p>  <p>S1, roll the ball with two hands. S2, catch the ball with two hands. (Have the students say, "Roll the ball." and "Catch the ball." while practicing.)</p> <p>2. S1, roll the ball with one hand. S2, catch the ball with one hand. Then switch. (Have the students say, "Roll the ball." "Catch the ball.")</p> <p>3. Stand and roll the ball. S2, turn around, open the feet and bend down. S1, roll the ball through the space between the two feet with one hand. S2, catch the ball with one hand. Then switch.</p> <p>4. Fire course! *Teacher sets up fire course as photo below. Time to group up (four groups, 6-7 students per group)</p>	<p>10'</p> <p>3'</p> <p>5'</p> <p>5'</p> <p>12'</p>	<p>實作評量 口說評量</p> <p>實作評量</p> <p>口說評量</p> <p>實作評量</p> <p>觀察評量</p>
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三、綜合活動

1. 教師引導學生說 "Roll the ball."
"Catch the ball."
2. 詢問可否完成動作及困難點。


第三節 結束

5'

第四節 (40分鐘) Pass the Ball

Content goals	<ol style="list-style-type: none"> 1. 能夠進行不同方式的傳球。 2. 能夠認真參與活動，集中注意力。
Language goals	<ol style="list-style-type: none"> 1. Listening Ss are able to understand: Pass the ball over your head/between your legs. Turn around. Eyes on the ball. 2. Speaking Ss are able to say: Pass the ball. Catch the ball.

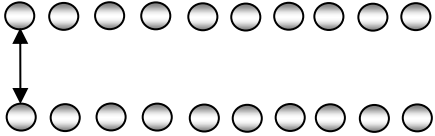
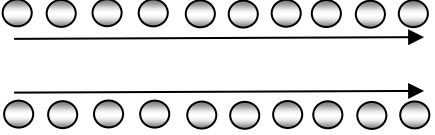
<p>教學流程 Procedures</p>	<p>一、暖身活動：</p> <ol style="list-style-type: none"> 1. Greetings and call the roll. 2. T: Center, hands up. Ss: Hands up. T: Hands out. S: Out! T: Attention! S: 1, 2. 3. Let's warm up! (如附件 1) 4. Run one lap. Go! 	<p>時間配置 Time Allocation</p>	<p>評量方式 Assessment</p>
	<p>二、發展活動</p> <ol style="list-style-type: none"> 1. Five students as a group. Sit down and make a circle. Pass the ball around the circle. Eyes on the ball. (Have the students say, "Pass the ball." "Catch the ball.") 	<p>10'</p> <p>7'</p>	<p>觀察評量 口說評量</p>
	<ol style="list-style-type: none"> 2. Sit in a line. (Three lines) Pass the ball over your head. (Have the students say, "Catch the ball.") 	<p>7'</p>	<p>口說評量</p>

	<p>3. Stand in a line. (Three lines) Pass the ball between your legs. Turn around, and pass the ball back. (Have the students say, " Pass the ball." " Catch the ball.")</p>  <p>三、綜合活動</p> <ol style="list-style-type: none"> 1. 教師做動作並引導學生說 “Pass the ball.” “Catch the ball.” 2. 詢問可否完成動作及困難點。 <p style="text-align: center;">第四節 結束</p>	<p>11’</p> <p>5’</p>	<p>實作評量</p> <p>口說評量</p>
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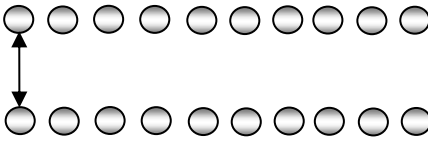
第五節 (40 分鐘) Throw, Bounce and Catch

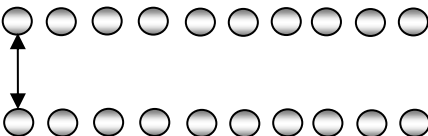
<p>Content goals</p>	<ol style="list-style-type: none"> 1. 能夠用雙手拋球並接球。 2. 能夠控制丟球的方向及力度。 3. 能夠認真參與活動。 		
<p>Language goals</p>	<ol style="list-style-type: none"> 1. Listening Ss are able to understand: Drop/ throw the ball. Bounce and catch. Make a circle. 2. Speaking Ss are able to say: Bounce and catch. 		
<p>教學流程 Procedures</p>	<p>一、暖身活動</p> <ol style="list-style-type: none"> 1. Greetings and call the roll. 2. T: Center, hands up. Ss: Hands up. T: Hands out. S: Out! T: Attention! S: 1, 2. 3. Let’ s warm up! (如附件 1) 4. Run one lap. Go! <p>二、發展活動</p> <ol style="list-style-type: none"> 1. Time to group up (two students, one group). Bounce and catch (one student at one time, and then switch). First, 	<p>時間配置 Time Allocation</p> <p>10’</p> <p>10’</p>	<p>評量方式 Assessment</p> <p>實作評量</p>

	<p>drop the ball, bounce and catch. (Have the students say, "Bounce and catch." while practicing.) Second, throw the ball up, bounce and catch. (Have the students say, "Bounce and catch." while practicing.)</p> <p>2. Two students, one group Throw the ball into the hula hoop. Bounce and catch. (Have the students say, "Bounce." and "Catch." while practicing.)</p> <p>3. Six students as one group. Every group makes a circle. One student throws the ball into the hula hoop, bounce and the next student catches it.</p> <p>三、綜合活動</p> <ol style="list-style-type: none"> 1. 教師做動作，並引導學生說 " Bounce and catch." 2. 詢問可否完成動作及困難點。 <p style="text-align: center;">第五節 結束</p>	<p style="text-align: center;">5'</p> <p style="text-align: center;">10'</p> <p style="text-align: center;">5'</p>	<p>口說評量</p> <p>口說評量</p> <p>實作評量</p> <p>口說評量</p> <p>觀察評量</p>
第六節 (40分鐘) Throw, Clap and Catch			
Content goals	<ol style="list-style-type: none"> 1. 能夠用雙手拋、接球。 2. 能專注欣賞他人拋接球動作。 3. 能夠認真參與活動。 		
Language goals	<ol style="list-style-type: none"> 1. Listening Ss are able to understand: Throw the ball. Bounce and catch. Make a circle. Clap. Turn. 2. Speaking Ss are able to say: Throw, turn/ clap, bounce and catch. 		
教學流程	一、暖身活動	時間配置	評量方式

Procedures		Time Allocation	Assessment
	1. Greetings and call the roll. 2. T: Center, hands up. Ss: Hands up. T: Hands out. S: Out! T: Attention! S: 1, 2. 3. Let' s warm up! (如附件 1) 4. Run one lap. Go!	10'	
	二、發展活動 1. Time to group up (two students, one group). Throw the ball up, clap, bounce and catch (one student at one time, and then switch). Then, clap 2, 3, 4, and 5 times. 	10'	實作評量
	(Have the students say, “Throw, clap and catch.” while practicing. Ask the students to watch and learn from each other.)		口說評量 觀察評量
	2. Throw, turn, and catch. (Have the students say, “Throw, turn and catch.” while practicing.)	5'	實作評量 口說評量
	3. Relay game: Group up into 2 teams. First, throw, clap and catch. One finishes, and passes to next person. The fastest team wins. Then, throw, turn and catch. One after another. The fastest team wins. 	10'	觀察評量
	三、綜合活動 1. 教師做動作並引導學生說 “Throw, clap and catch.” 和 “Throw, turn and catch.” 2. 詢問可否完成動作及困難點。 第六節 結束	5'	

第七節 (40 分鐘) Play with the Ball

Content goals	1. 能夠自己左右手互拋及接球。 2. 能專注欣賞他人拋接球動作。 3. 能夠認真參與活動。		
Language goals	Listening Ss are able to understand: Throw the ball. From one hand to the other. Walk.		
教學流程 Procedures	一、暖身活動 1. Greetings and call the roll. 2. T: Center, hands up. Ss: Hands up. T: Hands out. S: Out! T: Attention! S: 1, 2.	時間配置 Time Allocation	評量方式 Assessment
	3. Let' s warm up! (如附件 1) 4. Run one lap. Go! 跑操場一圈		
	二、發展活動 1. Time to group up (two students, one group). Throw the ball from one hand to the other. (One student at one time, and switch after the ball falls down).		實作評量
		7'	
	2. Walk and throw the ball from one hand to the other continuously. Switch after the ball falls down. (Students learn from each other.)	8'	實作評量
3. Relay game: Group up into 3 teams. One walks to the cone and back to the team, throwing the ball from one hand to the other continuously. Pass the ball to the next person. One after another. The fastest team wins.	10'	觀察評量	
三、綜合活動 1. 詢問上課內容是否瞭解。 2. 詢問可否完成動作及困難點。	5'		

	第七節結束		
第八節 (40分鐘) Bounce the Ball			
Content goals	1. 能夠原地雙、單手拍球。 2. 能和同學一起進行各種變化拍球遊戲。 3. 能夠認真參與活動。		
Language goals	1. Listening Ss are able to understand: Bounce the ball with two hands/ one hand. Squat. Stand. 2. Speaking Ss are able to say: one, two, three, four, five, six, seven, eight, nine, ten		
教學流程 Procedures	一、暖身活動： 1. Greetings and call the roll. 2. T: Center, hands up. Ss: Hands up. T: Hands out. S: Out! T: Attention! S: 1, 2. 3. Let' s warm up! (如附件1) 4. Run one lap. Go!跑操場一圈	時間配置 Time Allocation	評量方式 Assessment
	二、發展活動 1. Time to group up (two students, one group). Bounce the ball five/ten times. (One student at one time, and then switch.) 	10' 8'	實作評量
	Have the students count in English. 2. Squat and bounce the ball five/ ten times. (Students watch and do, learning from each other.) Have the students count in English.	8'	實作評量 觀察評量
	3. Relay game: Group up into 3 teams. Bounce five/ ten times. One after another. The fastest team wins.	10'	口語評量 觀察評量
	三、綜合活動 1. 教師拍球，引導學生用英文數數。 2. 詢問可否完成動作及困難點。	4'	
第八節 結束			

形成性評量說明

實作(技能)評量: O 5分、△4分、X 3分

口語(語言)評量: O 5分、△4分、X 3分

1. O 能說出正確地句子且與動作吻合
2. △能說出句子，發音不完全正確，與動作吻合。
3. × 句子發音不清楚。
4. 數數：能完整從 1 數到 10-O；2-3 個數不熟: △；4 個以上不熟: X。

觀察評量(學習態度):

1. O 能專心參與活動，並欣賞他人動作。
2. △偶不專心，沒注意看球。
3. × 常常不專心，需要同學提醒才知道要動作。

Warm up

- Turn Your Head

1-2-3-4-5-6-7-8-9-10

2-2-3-4-5-6-7-8-9-10

- Shoulders Circles

forward

1-2-3-4-5-6-7-8-9-10

backward

2-2-3-4-5-6-7-8-9-10

- Arms Circles

forward

1-2-3-4-5-6-7-8-9-10

backward

2-2-3-4-5-6-7-8-9-10

- Hips Circles

Make circles

1-2-3-4-5-6-7-8-9-10

Change direction

2-2-3-4-5-6-7-8-9-10

- Knees Circles (Hands on your knees, and make circles)

Make circles

1-2-3-4-5-6-7-8-9-10

Change direction

2-2-3-4-5-6-7-8-9-10

- Jump

1-2-3-4-5-6-7-8-9-10

- Jumping Jacks

1-2-3-4-5-6-7-8-9-10