

Bilingual P.E. Education Teaching Observation

桌球-球感練習

教學流程 Teaching process			
教學步驟 Teaching procedure	教學內容及課間英語 Teaching content & Classroom English	關鍵字 Keyword	時間 Time
準備活動 1. 點名 2. 詢問身體狀況 3. 暖身 4. 引起動機 (動態暖身)	準備活動 1. Checking attention : Is everyone here? / Who's absent today? 2. Does anyone feel not well ? 3. Ready to warm up. / Let's warm up. 4. First of all, let's do the run up. Keep your knees high, swing your arms, run on your toes.	Get together Line up warm up run up knees high	10 min
發展活動 1. 傳球接龍 2. 對空擊球 (單人) 3. 對空擊球 互傳(雙 人) 4. 對牆擊球	發展活動 1. Action 1 : Pass one after another Listen to the whistle 2. Action 2 : Anti-air shot (individual) 3. Action 3 : Anti-air shot swing(Pairs) 4. Action 4 : Hit to the wall	Activity swing Swing your arms at the same time Side- to - side	30 min

<p>整理活動</p>	<p>整理活動</p> <p>***,would you demo the Action 6 for us ?</p> <p>Thank you, good job.</p> <p>Let's give her/him a big hand.</p> <p>T.A. ,check the equipment we borrowed,</p> <p>And send them back .</p> <p>That's all for today,see you next time.</p>	<p>demo</p> <p>show me</p> <p>equipment</p> <p>class</p> <p>dismiss</p>	<p>5 min</p>
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