

主題名稱		主題三 球兒真好玩		
教學對象		二年級	教學者	林智情
		第七節 (總共十節)		
核心素養	總綱	A1 身心素養與自我精進 B1 符號運用與溝通表達 C2 人際關係與團隊合作		
	領綱	健體-E-A1 具備良好身體活動習慣，以促進身心健全發展，發展運動與保健的潛能。 健體-E-C2 具備同理他人感受，在體育活動和健康生活中樂於與人互動、公平競爭，並與團隊成員合作，促進身心健康。 英-E-B1 具備入門的聽、說英語文能力。能運用所學字詞及句型進行日常溝通。		
學習重點	學習表現	1c-I-1 認識身體活動的基本動作。 2c-I-2 表現認真參與的學習態度。 3c-I-1 表現基本動作與模仿的能力。 1-II-8 能聽懂簡易的教室用語。 2-II-4 能使用簡易的教室用語。		
	學習內容	Bc-I-1 各項暖身伸展動作。 Cb-I-1 運動安全常識。 Ga-I-1 走、跑、跳與投擲遊戲。 Ac-II-1 簡易的教室用語。 B-II-1 第二學習階段所學字詞及句型的溝通。		
學習目標	領域學習目標	(一)在遊戲中表達出對肢體各部位的認識，並能靈活操作身體依口令表現動作。 (二) 透過遊戲學會投擲要領基本動作。 (三) 能主動參與活動、分組討論。 (四) 能表現認真參與活動的積極態度。		
	語言學習目標	一、目標英文 (一)、目標字詞 1. 身體部位: neck, shoulders, waist, knees, wrists, ankles, arms 2. 動作: rotate, run, jump, march, assemble, spread, stretch, breathe, throw, twist 3. 其他: warm up, jumping jacks, water bottle, ball, teammates, team leader (二)、目標句型 1. Jump ____ times. 2. Let's do ____ rotation. 3. Ready, arm, twist, back. 4. Throw a ball. 5. Get the ball. 二、課室用語 1. Good morning, everyone. 2. Look at me. Listen to me. 3. Is everyone here? Who's not here? 4. Check your clothes and shoes. 5. Sit down. / Stand up. 6. Hands up. / Hands down.		

	<p>7. Are you ready? 8. Listen to the whistle. 9. Put your water bottles on these/those tables. 10. Try again. / Do it again. 11. What is next? 12. Good job! 13. Go back. 14. Do your best! 15. Spread out. 三、學生回應 1. Good morning, teacher. 2. Yes! / No! 3. Ready. 4. Listen to you. 5. Look at you. 6. I sit down. / I stand up. 7. Thank you. / You're welcome. 7. Very good. 8. Thank you. 9. One, two...twenty-five. 10. Goodbye, teacher.</p>		
教材來源	翰林書局、自編		
先備能力	<p>學生已在第一～六節練習過: 1.擲球要領基本練習～投擲操 2.手腕施力動作練習～甩炮遊戲 3.拋、滾、擲動作練習～九宮格遊戲 4.對牆擲準練習</p>		
教學活動及步驟	教具	評量	
<p>第七節 擲球樂趣多 (七) (40 分鐘) 一、準備活動：暖身操 T: Good morning, everyone. (Ss: Good morning, teacher.) T: Please take off your masks and jackets. T: Put your water bottles and jackets on the table and assemble there. T: Is everybody here? (Ss: Yes. / No.) Who's not here? (Ss: names) T: Check your clothes and shoes. Time's up. T: The center students, hands up. (Ss: Here.) T:成體操隊形, Spread out! (Ss: Go!) T: The demo students come here, please. T: Let's warm up. (Ss: 1.2.) T: Are you ready? (Ss: Ready.)</p> <p>(暖身操) T: Let's do neck rotation. Go! 1, 2, 3, 4. (Ss: 5, 6, 7, 8.) T: What is next one? (Ss: Shoulder rotation.) T: Next one. (Ss: Waist rotation / Knee rotation / Wrist and ankle rotation.) T: Stretch your arms. Go. Switch sides.</p>		<p>能聽懂指令並適時做出回應</p> <p>能認真完成暖身操</p>	

<p>T: Next one. (Ss: Arm rotation.) T: Next one. (Ss: Wrist rotation.) T: What's next? (Ss: Jumping jacks.) T: Good. How many times? (Ss: 25) T: Let's do jumping jacks for 25 times. Listen to the whistle. (Ss: 1, 2...25) T: Next, run on the spot and count to 10. (Ss: 1, 2,3...10.) T: March on the spot. Breathe in. Breathe out. T: Let's give the demo students a big hand. (Ss: Very good.) (S: Thank you.) (Ss: You're welcome.) (暖身操結束)</p> <p>二、發展活動：對牆擲準 (Throw a ball to the wall)</p> <p>1.就位並練習分解動作 T: Good job, everyone. Now assemble here. (Ss: Go!) Follow me. T: Sit down. (Ss: I sit down.) T: Listen to me. (Ss: Listen to you.) T: What is it? (Ss: It is a ball.) Later you throw a ball to the target. T: Do you remember "Ready, arms, twist, back"? Now, let's practice. 老師示範投擲的分解動作(ready→arms→twist→back)。學生練習動作。</p> <p>2.老師解釋規則：分 4 組，每生執 1 球，輪流對牆投擲。牆上布置各種形狀的標的物。 T: You stand on the line. Do you see the target? You throw the ball to the target. Then get the ball and go back to your team. Do you understand? (Ss: Yes.) T: First one, get ready. (Can not cross the line.) T: Are you ready? (Ss: Ready.) Go.</p> <p>3.學生分組討論(視時間而定) T: Attention. (Ss: One, two.) Sit down, please. (Ss: I sit down.) 有的人投的準，有的人投歪了。為什麼會這樣呢? 請你們想一想，然後相互討論，如何投才會命中標靶? T: Time's up. T: Let's try again and do your best.</p> <p>4. 對牆擲準(Round 2) T: First one, get ready. Go! 學生再次投擲，修正動作。 T: Team leaders, please put the balls back. 組長提水桶去收。其餘學生原地等待 T: Good job, everyone. Assemble here! (Ss: Go!) T: Sit down. (Ss: I sit down.) T: Listen to me. (Ss: Listen to you.)</p> <p>三、綜合活動：九宮格挑戰賽 (magic square game)</p> <p>1.說明遊戲規則: 分成 4 組，每組發 9 顆球，每生執 1 球，並討論由誰多</p>	<p>各形狀標 靶 Balls 水桶</p> <p>水桶</p> <p>九宮格 Balls</p>	<p>能專心聽講並依指令完成指定動作</p> <p>能專心聽講並依指令完成指定動作</p> <p>能依指令做出正確動作及回應，並於體育活動中與團隊成員合作。</p>
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拿一球。學生輪流對九宮格投擲。球全部投出後，計算九宮格內被擊中的個數，擊倒最多格者，即為獲勝組。

T: Now let's have a game. Do you see the numbers? You hit the number down, you get one point.

T: Each team has 7 students. Each team has 9 balls. How many balls left? (Ss: 2 balls left.)

T: Your team has to decide who can throw these 2 balls.

T: You have 1 minute.

T: Time's up.

2.九宮格挑戰

T: Four teams, line up here.

T: Let's throw the ball. Are you ready? Go!

T: Cheer for your teammates. Say "Team 1, Team 1, go, go, go!"
(Ss: Team 1, Team 1, go, go, go!)

3.計分並給予回饋

T: Attention! (Ss: One, two.) Assemble! (Ss: Go.)

Please sit down. (Ss: I sit down.) Look at me. (Ss: Look at you.)

T: Let's check the points. Team 1 gets __ points. Team 2 gets __points.

T: So the winner is Team __! (Team __: Yeah! Hurray!)

T: The winners, please get the balls and put them back.

T: Please get your water bottles and jackets, and line up here.

T: Drink some water now.

T: Are you happy today? (Ss: Yes, I am.)

Me too. We have a nice day. Good job, everyone.

T: Good-bye, everybody. See you next time! (Ss: Good bye, teacher!)