

# Lesson Plan

Grade: 6

Teacher:

Date:

<b>Topic</b>	Foods We Eat	
<b>能力指標</b>	1. 綜-E-C3 體驗與欣賞在地文化，尊重關懷不同族群，理解並包容文化的多元性。 2. 綜-E-C2 理解他人感受，樂於與人互動，學習尊重他人，增進人際關係，與團隊成員合作達成團體目標。 3. 英-E-C2 積極參與課內英語文小組學習活動，培養團隊合作精神。	
<b>Lesson Objectives</b>	1. 認識台灣與其他國家的飲食文化意涵。 2. 尊重與欣賞台灣與其他國家的飲食文化差異。 3. 認識食物營養概念，並應用於日常生活飲食。	
<b>Key Sentence(s)</b>	What do you usually eat for your breakfast/ lunch/ dinner? I usually eat _____ for breakfast/ lunch/ dinner.	
<b>Vocabulary Focus</b>	Countries, Holidays, Foods	
<b>Teaching Materials</b>	PPT, cards, worksheet	
<b>Evaluation</b>	worksheet	
<b>Teaching Steps</b>		<b>Time</b>
<b>#1</b>	<b>1. Starter &amp; 5 Minute Reading:</b> Each class this semester will start with 5 minutes of free reading.	5
	<b>2. Would You Rather (Weird &amp; Unique Food Edition):</b> (1) Play Would you Rather with strange and unique foods from around the world. (2) Look at some recipes of these foods and, if possible, talk about any cultural or historical reason why people in this country eat this food.	15
	<b>3. Real / Not Real (Food Stereotypes Edition):</b> There are many stereotypes about international foods. Play Real / Not Real to find out which ones are true and which ones are not true. (1)(Optional – if time) – What are some stereotypes that westerners have about Asian foods?	10
	<b>4. My unique foods (Activity):</b> Have groups of students make a list of foods they eat that people from another culture might think are strange or unique.	10
	<b>5. Close:</b> (Normal closing procedure)	
<b>#2</b>	<b>1. Starter &amp; 5 Minute Reading:</b> Each class this semester will start with 5 minutes of free reading.	5

	<b>2. Introduce Holidays &amp; Countries:</b> Start the lesson with a quick introduction of the holidays and countries that we will cover in this lesson.	5
	<b>3. Match the food with the Holiday (Activity):</b> Students will be shown a food, its ingredients, and how it is made. They will then need to try to match this food to the corresponding holiday: ⇒ (Have at least one holiday from each country)	20
	<b>4. Add a food to your festival:</b> Have each student design a unique food to go along with their festival that they designed in our Festivals We Have lesson.	10
	<b>5. Close:</b> (Normal closing procedure)	
#3	<b>1. Starter &amp; 5 Minute Reading:</b> Each class this semester will start with 5 minutes of free reading.	5
	<b>2. Review:</b> vocabularies of food (Brainstorm).	5
	<b>3. Daily meals students have:</b> (1) What do you usually eat for your breakfast/ lunch/ dinner? Students will write down their answers on a card. (2) Show and Tell (Game): students will share and exchange their cards with their classmates. The one who gets back his/ her own card first is the winner.	15
	<b>4. Introduction:</b> the Food Guide Pyramid (1) Grains (2) meat and beans (3) fruits (4) vegetables (5) milk (6) oils	15
	<b>5. Close:</b> (Normal closing procedure)	
#4	<b>1. Starter &amp; 5 Minute Reading:</b> Each class this semester will start with 5 minutes of free reading.	5
	<b>2. Review:</b> the Food Guide Pyramid	5
	<b>3. Have a healthy life:</b> (1) The concept of good diet habit (2) The concept of food energy	15
	<b>4. Design your own healthy diet plan:</b> (1) Students will calculate food energy they have for one day. (2) Design/ adjust a healthier diet plan.	15
	<b>5. Close:</b> (Normal closing procedure)	